

USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 14, 2004

Freestyle Farm, Amherst, New Hampshire

Eligibility

Participation is limited to US Citizens, resident aliens, and foreign exchange students.

Age Divisions

Bantam Boys and Girls	born 1994 & later
Midget Boys and Girls	born 1992 & 1993
Youth Boys and Girls	born 1990 & 1991
Intermediate Boys & Girls	born 1988 & 1989
Young Men & Women	born 1986 & 1987

Entry Procedures and Entry Fees

Complete all information on the entry form and sign the Waiver and Assumption of Risk on the form. For athletes under age 18 the form *must* be signed by a parent, guardian, or coach. Unsigned and incomplete forms will be rejected!

Entry Fees:

\$5.00 if received by November 8th. \$6.00 if postmarked after November 8 and on race day. Faxed entries will NOT be accepted.

Make checks payable to: **USATF-New England**Send the completed form with fee to:

USATF – New England

P.O. Box 1905

Brookline, MA 02446

We strongly encourage pre-registration!

USATF Membership

All participants are required to have a 2004 or 2005 USATF membership. Memberships may be obtained online at www.USATF.org, or may be purchased at the meet. The fee for athletes 18-and-under is \$15.00, and 2005 memberships are valid until 12/31/2005.

Awards

Medals to the top ten finishers in each race.

For additional information check:

www.usatfne.org/jo

office@usatfne.org or call 617-566-7600

For maps and directions to Freestyle Farm check: www.eteamz.com/amhersttrack

Schedule of Events

10:30 a.m.	3000 meter	Bantam Girls
11:00 a.m.	3000 meter	Bantam Boys
11:30 a.m.	3000 meter	Midget Girls
noon	3000 meter	Midget Boys
12:30 p.m.	4000 meter	Youth Girls
1:00 p.m.	4000 meter	Youth Boys
1:30 p.m.	5000 meter	Intermediate Boys
2:00 p.m.	5000 meter	Young Men
2:30 p.m.	5000 meter	Intermediate Girls
		and Young Women

REGION I JUNIOR OLYMPIC CHAMPIONSHIPS

November 21, 2004. Site to be Augusta, Maine. Region I consists of the following associations: Adirondack, Connecticut, Long Island, Maine, Metropolitan, and New England

Qualification

The top 3 teams and other individuals in the top 25 at the New England meet qualify to advance to the Region I meet. If a team in the top three or an individual in the top 25 chooses not to advance, others do not move up!

Waivers

With approval of the youth chairman, individual athletes who compete in a high school championship meet on November 13th may be allowed to advance to the Region I meet. Contact **youthchair@usatfne.org** before November 11.

Region I Entry Information

Registration for the Region I meet must be completed on-site at the New England Championship meet.

Athletes qualifying for and entering the Region I meet must submit the following on November 14th:

- A completed Region I entry form with entry of \$7.00 per athlete.
- Proof of age, if not already verified. Bring a nonreturnable copy of birth certificate, baptismal record, driver's license or passport

USATF National Junior Olympic Cross Country Championships

Shaumburg, IL December 11, 2004

The top three (3) and other individuals in the top 20 in the Region I meet qualify to advance to the National JO Championships

Special thanks to Freestyle Farm and the Amherst Track Club