Codfish Bowl
Cross Country Races

Saturday, September 23, 2006

Franklin Park, Boston

Presented by USATF - New England

Women's 5K - 11:00 a.m. Men's 8K - 11:30 noon

The season's first open meet for all level of teams at Franklin Park.
The standard 5K and 8K courses will be utilized

Fee: Teams: $75 per team for up to 8 runners;
$5/runner over 8 runners (separate men & women fees)
Individuals/unattached: $10
USATF membership required of all non-collegiate runners
Cash, or check to "USATF-NE". All fees due on race day

Entries: Colleges: Submit rosters via email in a plain text file to
Office@usatfne.org
Deadline: Wednesday, September 20, 5 p.m.
Van parking passes: please request by Sep. 18, to be mailed
(Pass needed to park inside gates along finish.)
Clubs: Submit rosters or individual entry forms
All entrants must complete and sign a waiver
Individuals: Submit form and fee in advance (preferred)
Limited day of event entry

Awards: Plaques to top teams, awards to top 7 individual finishers

Run with the cooperation of the Boston Parks Dept
Questions ? office@usatfne.org - 617-566-7600