

**Codfish Bowl -- Franklin Park, Boston
Saturday, September 26th, 2009**

ENTRY FORM

Last Name: _____ First Name: _____

Address: _____ City/State/ZIP: _____

Age on September 26 _____ Gender: M / F

Email: _____

Club Name: _____

USATF Membership #: _____ (required for club/unattached runners)

Assumption of Risk: I recognize that cross country running is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, my executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, the City of Boston, and any and all sponsors and individuals involved with the presentation and conduct of the Codfish Bowl. I hereby attest that I have full knowledge of the risk involved in running in this race, and I am physically fit and sufficiently trained to participate in this race. No one may run with a dog, nor may any runner wear headphones. USATF rules apply.

As a coach of a college team, I verify that my runners are aware of risks of cross country and are sufficiently trained to compete in this race

Signature: _____ Date: _____

**Codfish Bowl -- Franklin Park, Boston
Saturday, September 25th, 2009**

ENTRY FORM / WAIVER

Last Name: _____ First Name: _____

Address: _____ City/State/ZIP: _____

Age on September 26 _____ Gender: M / F

Email: _____

Club Name: _____

USATF Membership #: _____ (required for club/unattached runners)

Assumption of Risk: I recognize that cross country running is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, my executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, the City of Boston, and any and all sponsors and individuals involved with the presentation and conduct of the Codfish Bowl. I hereby attest that I have full knowledge of the risk involved in running in this race, and I am physically fit and sufficiently trained to participate in this race. No one may run with a dog, nor may any runner wear headphones. USATF rules apply.

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