



# USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 13, 2011

Freestyle Farm, Amherst NH (188 Mack Hill Rd)

## Age Divisions

Sub Bantam Boys and Girls	born 2003 & 2004
Bantam Boys and Girls	born 2001 & 2002
Midget Boys and Girls	born 1999 & 2000
Youth Boys and Girls	born 1997 & 1998
Intermediate Boys & Girls	born 1995 & 1996
Young Men & Women	born 1993 & 1994

## Eligibility

US Citizens, resident aliens, prep and foreign exchange students living in MA, NH, RI, and VT only.

## Entry Procedures and Entry Fees

Entry - **online only at CoachO.com after October 1.**

Date of Birth must be Verified before entry this year!

If needed, submit proof of date of birth as soon as possible by email, fax, or postal mail.

Complete all information on the online form, print the Waiver, and bring signed Waiver to the meet. Athletes under age 18 must have form signed by a parent or legal guardian. Runners with unsigned/incomplete forms cannot run!

**ONLINE ENTRY CLOSES WED. NOV 9 at midnight**

**Any allowable late/day of event entry ends at 11 a.m.**

## Entry Fees:

\$6 per athlete by Nov 9. Fee may be paid online with Visa, mailed in, or brought to meet, but is due even if entrant does not compete. Clubs can pay in one check. Email for details \$10 for entry on race day, or any late entry

## USATF Membership - Important

Runners must have a 2011 or 2012 USATF membership to enter the meet and use the online registration. Memberships may be obtained online at [www.usatf.org](http://www.usatf.org) (preferred) or mailed. 2012 Membership begins on November 1 and is good for all of 2011 and 2012 - so wait until Nov 1 and save!  
USATF membership for ages 18-and-under - \$20.00

Checks payable to **USATF-New England, mail to  
USATF – New England  
P.O. Box 1905  
Brookline, MA 02446**  
**We strongly encourage pre-meet payment**

**Awards** - Medals to the top 15 finishers in each race

For additional information and maps and directions to Amherst, see  
[www.usatfne.org/cross](http://www.usatfne.org/cross)  
**Questions? office@usatfne.org**

## Schedule of Events

9:00 a.m.	REGISTRATION BEGINS
10:10 a.m.	2000 meter Sub-Bantam B&G
10:30 a.m.	3000 meter Bantam Girls
11:00 a.m.	3000 meter Bantam Boys
11:30 a.m.	3000 meter Midget Girls
12:00 noon	3000 meter Midget Boys
1:00 p.m.	4000 meter Youth Girls
1:30 p.m.	4000 meter Youth Boys
2:00 p.m.	5000 meter Intermediate Girls and Young Women
	Combined ages
2:30 p.m.	5000 meter Intermediate Boys and Young Men
	Combined ages

**Team Scoring:** Limited to USATF clubs - Top 5 by Place. If a team has more than 8 runners in one division, they must declare their top 8 scorers before the race at registration. Forms will be available. A, B, C teams may also be declared.

## REGION I JUNIOR OLYMPIC CHAMPIONSHIPS

**Sunday, November 20, 2011. Queensbury NY.**

Region I consists of the Adirondack, Connecticut, Long Island, Maine, NYC, and New England associations.

**The top 3 teams and other individuals in the top 25** at the New England meet **qualify** for the Region I meet. If those teams or individuals choose not to go, others do not move up!

## WAIVERS INTO REGION I MEET

With approval of the association, athletes who compete in a high school championship meet on November 13 may be allowed to advance directly to the Region I meet. They may only score for a club if the club has already advanced as a team. Entire scoring teams may NOT be waived to Region I. Contact **office@usatfne.org** by November 9 to request a waiver,

## REGION I ENTRY

Registration for the Region I meet is online only at CoachO.com. A club must enter all runners together. Athletes entering the Region I meet **must enter and pay online at CoachO.com on November 15 and 16 by midnight. Payment with registration, Visa only**  
**REGION I FEE IS \$8 PER RUNNER.**

## USATF National Junior Olympic XC Championships Myrtle Beach SC, Saturday, December 10, 2011

The top 3 and other individuals in the top 20 in the Region I meet qualify for the National JO Championships. Entry using CoachO.com after the Region I meet, info at Region I.

