



Coach and Athlete Information
2015 USATF Junior Olympic
Region 1 Cross-country Championships
Deerfield Park, Smithfield HS, Smithfield RI
November 22, 2015

INFORMATION AS OF NOVEMBER 19

The New England Association of USA Track & Field is pleased to host the 2015 Region 1 Junior Olympic Cross-country Championships. We hope that everyone coming will have a great weekend.

- ⤴ The top 30 individuals and top five teams from each association meet advance to the Region 1 Championships.
- ⤴ Entries are due by November 19, 2015 at 5:00 p.m.
- ⤴ Championships will be held at Deerfield Park, adjacent to Smithfield High School in Smithfield RI.
- ⤴ Hotel/motel rooms in Smithfield are limited due to other activities in the area
- ⤴ National qualifiers are the top 30 individuals and top five teams in this meet.

Meet Director:

USATF New England - Steve Vaitones
617-566-7600 Days, office@usatfne.org

Entry Information:

- ⤴ The Regional entry fee is \$12 per athlete.
- ⤴ Entries must be submitted online at www.coacho.com No other entry method
- ⤴ Entries close at 5:00 P.M. on November 19
- ⤴ Late entries will not be accepted
- ⤴ Age verification must be submitted and processed by your association prior to the entry deadline,
- ⤴ Starting box positions are by association and vary with each race. Positions are posted on www.usatfne.org/jo as of November 19
- ⤴ Course maps are posted on www.usatfne.org/jo
- ⤴ Uniforms must be in accordance with the USA Track & Field 2015 Competition Rules.

Teams and Team Scoring: Teams are required to declare their scoring runners if they have more than eight runners. These must be declared at least one hour before the start of each race.
(Declarations can also be done at time of entry)

If a team with more than eight entries fails to declare, the first eight runners listed alphabetically on their team roster, whether they run or not, will be considered their declared team.

Rules: 2015 USATF Championship rules apply unless superseded by the 2015 USATF Youth Handbook

Race Schedule:

NOTE: This may be different than association meet schedules

8 & U* Girls	(2007+)	2K	9:30 am
8 & U* Boys	(2007+)	2K	10:00 am
9-10 Girls	(2005-2006)	3K	10:30 am
9-10 Boys	(2005-2006)	3K	11:00 am
11-12 Girls	(2003-2004)	3K	11:30 am
11-12 Boys	(2003-2004)	3K	12:00 Noon
13-14 Girls	(2001-2002)	4K	12:30 pm
13-14 Boys	(2001-2002)	4K	1:00 pm
15-16 Girls	(1999-2000)	5K	1:30 pm
15-16 Boys	(1999-2000)	5K	2:00 pm
17-18 Girls	(1997-1998)	5K	2:30 pm
17-18 Boys	(1997-1998)	5K	3:00 pm

Results: Official results will be available 30 minutes after each race and will be posted on the shed behind the finish line. The results will also be posted online at: www.uastfne.org, www.coolrunning.com, www.usatf.org and association web sites.

Awards: Medals are awarded at the finish line to the top 30 in each race.

Games Committee: Alex Ivanov, Laurie Boemker, Jeff Kurbec

Jury of Appeals: Region I Chair Bill Mongovan and Youth Chairs or representative from each Association.

Meet Referee: Ron Boemker

Protests: Protests must be made to the Meet Referee in writing within 30 minutes of results posting. Appeals to the decision of the Meet Referee shall be made in writing within 30 minutes to the Jury of Appeals and shall be accompanied by a \$50 fee. The fee is returned if the decision is reversed.

Medical: Services will be provided by Smithfield EMT and certified athletic trainers during the meet.

Course: The course is located in Deerfield Park adjacent to Smithfield High School. The course consists of fields and wooded trails. Spikes are allowed. Maps are at www.usatfne.org/jo
Course walks will be held Saturday from 1:00-4:00 p.m. On Sunday, course walks begin at 8:00 am.

Parking: Follow directions and signs.
“Premium” parking directly at the course is \$5.
Free parking at Smithfield High School and the McCabe Elementary school on Rt 116, both adjacent to the course. Please respect all directional signs and the parking monitors instructions.

Concessions: A food concession will be located in the building near the tent area. Meet souvenirs including T-shirts will be on sale Saturday and on Sunday at the concessions area.

Number/Package Pick-up:

Package pick-up will be at Deerfield Park in the concessions area during course walks on Saturday from **1:00-4:30 p.m**

On Sunday, registration is on the far side of the field beyond the finish line starting at 7:30 a.m.
Pickup at the Courtyard by Marriott in Lincoln **8:00 p.m. to 10:00 p.m** in the

Team Tents:

A clearly marked for team tents will be marked adjacent to the concessions building and the starting area. Set up is allowed only in this area. Maps will indicate the location.

No Dog Policy:

There is a “no dogs allowed” policy anywhere in Deerfield Park. Do not bring dogs to the meet. The only exception is for service animals.

SMITHFIELD RI

Smithfield is located near the intersection of I-295 and Rt 44, 12 miles from I-95 at the Massachusetts border 7 miles from Providence via Rt 44, and 11 miles from I-95 in Warwick .

To the Course

Address: 19 Deerfield Drive, Smithfield RI.

From North and South (NY and LI associations):
I-95 to 295 to Exit 7B (Rt .44 West). Follow for 2.2 miles, then turn right on Rt.116 North (Pleasant View Avenue). Follow .4 miles to Deerfield Drive on the left. Continue to end.

From West (Vermont, Western Mass, Adirondack)
Mass Turnpike to Rt. 146 South in Millbury to I-295 South, continue with above directions

NOTE: Cars may be redirected to park at Smithfield HS, .3 miles from the course.

HOTELS:

A tournament has reserved all hotel rooms in Smithfield for the weekend.

Economical hotels can be found in Providence and Warwick, under 15 miles 20 minutes away.

We can help with some options

LAST UPDATE WAS NOVEMBER 19

**USATF National Junior Olympic Cross Country Championships
Albuquerque NM
Saturday, 12 December 2015**

Top 5 teams and individuals finishing in the top 30 are eligible to compete in the National Meet
All Entry will be done through www.coacho.com
after Region I JO results are posted.