

# USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 13, 2016

Freestyle Farm, 188 Mack Hill Rd, Amherst NH

Schedule - NOTE THE TIMES!

Age Divisions – Age as o	f December 31, 2016
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8 & under Boys and Girls	born 2008 & later
9-10 Boys and Girls	born 2006 & 2007
11-12 Boys and Girls	born 2004 & 2005
13-14 Boys and Girls	born 2002 & 2003
15-16 Boys & Girls	born 2000 & 2001
17-18 Boys & Girls	born 1998 & 1999

**USATF Rules (found at usatf.org) govern the competition Eligibility** US Citizens, resident aliens, prep and foreign exchange students living in MA, NH, RI, and VT only.

## **USATF MEMBERSHIP**

Runners must have a 2016 or 2017 USATF membership to <a href="mailto:enter">enter</a> the meet. Obtain membership online at <a href="https://www.usatf.org/member">www.usatf.org/member</a> (preferred) or by mail

The 2017 Membership year begins November 1 and is good for all of 2016 and 2017- so wait until November 1 and save! USATF membership for ages 18 & under - \$20.00

#### **ENTRY PROCEDURES**

Entry is <u>online only at athletic.net after October 1</u> **The Entry Fee** is **\$6 per athlete** and only payable online (Visa, MasterCard, Discover are accepted)

Please take the time to watch the tutorial video <u>Date of Birth must be Verified before entry!</u>

If needed, **submit proof of date of birth** as soon as possible office@usatfne.org Fax 617-939-0992

Entry closes at 9:00 p.m. Tuesday, November 8
Date of birth verification ends at 5 p.m. November 8

Complete all information on the online form including the online Waiver signature.

Complete the entire process AND bring a copy of your receipt to the meet in case there are any questions

CLUBS MUST HANDLE ALL OF THEIR MEMBER ENTRIES NO RACE DAY ENTRY

# WAIVERS to Region I due to school races on Nov 12

With approval of the association, athletes competing in a <u>HS XC championship on November 12 may</u> be approved to advance directly to Region I meet. They may only score for a club if the club advanced. Full scoring teams are NOT waived. **WAIVERS must enter the New England meet & pay the fee Email office@usatfne.org** by <u>November 8</u> to request a waiver **BE SURE TO ENTER BY NOVEMBER 8!** 

#### **AWARDS: TOP 15 FINISHERS IN EACH RACE**

For additional information and maps and directions to Smithfield RI, see www.usatfne.org/cross
Questions? office@usatfne.org

**NOTE THE SCHEDULE FOR 2016** 

8:30 a.m. Check-in / Number pick-up begins (Number pickup continues until 2 pm)
10:00 a.m. 11-12 Girls 3000 meter
10:30 a.m. 11-12 Boys 3000 meter
11:00 a.m. 9-10 Girls 3000 meter
11:30 a.m. 9-10 Boys 3000 meter
12:30 p.m. 8/under Girls 2000 meter

1:00 p.m 8/under Boys 2000 meter 1:30 p.m. **13-14** Girls 4000 meter 2:00 p.m. 13-14 Boys 4000 meter 2:30 p.m. **15-16** Girls 5000 meter

**AND 17-18** Girls Combined ages 3:00 p.m 15-16 Boys 5000 meter

AND 17-18 Boys Combined ages

LOCATION: Freestyle Farm, Amherst NH GPS Address: 188 Mack Hill Rd, Amherst NH 03301

Follow directions of parking monitors. There is a charge only for "premium spots" closest to the start / finish ABSOLOUTELY NO DOGS ALLOWED ON THE FARM.

Freestyle Farm is a working farm, and dogs are not allowed. CARS WITH DOGS WILL BE TURNED AWAY

# COURSE TOURS Saturday, Nov. 12 2-4 p.m.

**TEAM SCORING**: Only USATF member clubs score.

Top 5 finishers by Place, non-club runners removed.

Teams with more than 8 runners in one division MUST declare their 8 scorers before the race online or at registration. Forms will be available. A, B, C teams may be declared.

Teams must wear same color/design top and shorts **NEW IN 2016 – Ages 15-18** are now one division for team scoring. Individuals still score / advance in 2 year age groups.

# REGION I JUNIOR OLYMPIC CHAMPIONSHIPS Sunday, November 20, 2016 Saratoga Springs NY The top 5 teams and other individuals in the top 30 at the New England meet qualify for the Region I meet.

## **REGION I ENTRY**

Region I Registration is online only at athletic.net DATES FOR REGION I ENTRY will be online

Clubs <u>must</u> enter all team runners together. Athletes entering the Region I meet **must enter and pay online at athletic.net at time of registration** 

# USATF National Junior Olympic XC Championships Birmingham AL, Saturday, December 10, 2016

The top 5 and other individuals in the top 30 in the Region I meet qualify for the National Championships. - www.usatf.org