



USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 13, 2016

Freestyle Farm, 188 Mack Hill Rd, Amherst NH

Age Divisions – Age as of December 31, 2016

8 & under Boys and Girls	born 2008 & later
9-10 Boys and Girls	born 2006 & 2007
11-12 Boys and Girls	born 2004 & 2005
13-14 Boys and Girls	born 2002 & 2003
15-16 Boys & Girls	born 2000 & 2001
17-18 Boys & Girls	born 1998 & 1999

USATF Rules (found at usatf.org) govern the competition Eligibility US Citizens, resident aliens, prep and foreign exchange students living in MA, NH, RI, and VT only.

USATF MEMBERSHIP

Runners must have a 2016 or 2017 USATF membership to enter the meet. Obtain membership online at www.usatf.org/member (preferred) or by mail. The 2017 Membership year begins November 1 and is good for all of 2016 and 2017- so wait until November 1 and save! USATF membership for ages 18 & under - \$20.00

ENTRY PROCEDURES

Entry is **online only at athletic.net after October 1**. The Entry Fee is **\$6 per athlete** and only payable online (Visa, MasterCard, Discover are accepted)

Please take the time to watch the tutorial video [Date of Birth must be Verified before entry!](#) If needed, **submit proof of date of birth** as soon as possible office@usatfne.org Fax 617-939-0992

Entry closes at 9:00 p.m. Tuesday, November 8
Date of birth verification ends at 5 p.m. November 8
Complete all information on the online form including the online Waiver signature.

Complete the entire process AND bring a copy of your receipt to the meet in case there are any questions

CLUBS MUST HANDLE ALL OF THEIR MEMBER ENTRIES
NO RACE DAY ENTRY

WAIVERS to Region I due to school races on Nov 12
With approval of the association, athletes competing in a HS XC championship on November 12 **may** be approved to advance directly to Region I meet. They may only score for a club if the club advanced. Full scoring teams are NOT waived. **WAIVERS must enter the New England meet & pay the fee** Email office@usatfne.org by November 8 to request a waiver **BE SURE TO ENTER BY NOVEMBER 8!**

AWARDS: TOP 15 FINISHERS IN EACH RACE

For additional information and maps and directions to Smithfield RI, see www.usatfne.org/cross
Questions? office@usatfne.org

NOTE THE SCHEDULE FOR 2016

Schedule - NOTE THE TIMES!

8:30 a.m.	Check-in / Number pick-up begins (Number pickup continues until 2 pm)
10:00 a.m.	11-12 Girls 3000 meter
10:30 a.m.	11-12 Boys 3000 meter
11:00 a.m.	9-10 Girls 3000 meter
11:30 a.m.	9-10 Boys 3000 meter
12:30 p.m.	8/under Girls 2000 meter
1:00 p.m.	8/under Boys 2000 meter
1:30 p.m.	13-14 Girls 4000 meter
2:00 p.m.	13-14 Boys 4000 meter
2:30 p.m.	15-16 Girls 5000 meter AND 17-18 Girls Combined ages
3:00 p.m.	15-16 Boys 5000 meter AND 17-18 Boys Combined ages

LOCATION: Freestyle Farm, Amherst NH
GPS Address: 188 Mack Hill Rd, Amherst NH 03301
Follow directions of parking monitors. There is a charge only for "premium spots" closest to the start / finish
ABSOLUTELY NO DOGS ALLOWED ON THE FARM.
Freestyle Farm is a working farm, and dogs are not allowed. CARS WITH DOGS WILL BE TURNED AWAY

COURSE TOURS Saturday, Nov. 12 2-4 p.m.
TEAM SCORING: Only USATF member clubs score.
Top 5 finishers by Place, non-club runners removed.
Teams with more than 8 runners in one division **MUST** declare their 8 scorers before the race online or at registration. Forms will be available. A, B, C teams may be declared.
Teams must wear same color/design top and shorts
NEW IN 2016 – Ages 15-18 are now one division for team scoring. Individuals still score / advance in 2 year age groups.

REGION I JUNIOR OLYMPIC CHAMPIONSHIPS
Sunday, November 20, 2016 Saratoga Springs NY
The top 5 teams and other individuals in the top 30 at the New England meet **qualify** for the Region I meet.

REGION I ENTRY

Region I Registration is **online only at athletic.net**
DATES FOR REGION I ENTRY will be online
Clubs must enter all team runners together.
Athletes entering the Region I meet **must enter and pay online at athletic.net at time of registration**

USATF National Junior Olympic XC Championships
Birmingham AL, Saturday, December 10, 2016

The top 5 and other individuals in the top 30 in the Region I meet qualify for the National Championships. - www.usatf.org