



**Coach and Athlete Information**  
**2017 USATF Junior Olympic**  
**Region 1 Cross-country Championships**  
**Bruce Ewart Course, Deerfield Park**  
**Smithfield HS, Smithfield RI**  
**November 19, 2017**

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**INFORMATION AS OF NOVEMBER 7**

The New England Association of USA Track & Field is pleased to host the 2017 Region 1 Junior Olympic Cross-country Championships. We hope that everyone coming will have a great weekend.

- ⤴ The top 30 individuals and top five teams from each association meet advance to the Region 1 Championships.
- ⤴ Entries are due by November 16, 2017
- ⤴ at 12:00 NOON
- ⤴ The meet will be held at the Bruce Ewart XC Course in Deerfield Park, adjacent to Smithfield High School in Smithfield RI.
- ⤴ Hotel/motel rooms in Smithfield are limited due to other activities in the area
- ⤴ National qualifiers are the top 30 individuals and top five teams in this meet.

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**Meet Director:**

USATF New England - Steve Vaitones  
617-566-7600 Days, office@usatfne.org

**Entry Information:**

- ⤴ The Regional entry fee is \$15 per athlete.
- ⤴ Entries must be submitted online only at [www.athletic.net](http://www.athletic.net)
- ⤴ **Entries close at 12:00 P.M. on November 16**
- ⤴ Late entries will not be accepted
- ⤴ Age verification must be submitted and processed by your home association
- ⤴ Starting box positions are by association and change for each race. Boxes will be posted on [www.newengland.usatf.org](http://www.newengland.usatf.org) on Nov 17.
- ⤴ Course Maps along with Facility Rules and Restrictions are found at [www.sentinelstriders.com](http://www.sentinelstriders.com)
- ⤴ Uniforms must be in accordance with the USA Track & Field 2017 Competition Rules.

**Teams and Team Scoring:** Teams are required to declare their scoring runners if they have more than eight runners. These must be declared Online by the entry deadline, or on site at least one hour before the start of each race.

If a team with more than eight entries fails to declare, the first eight runners listed alphabetically on the team roster, whether they run or not, will be considered their declared team.

15-16 and 17-18 are combined for team scoring. Individuals advancement and awards in 2 year groups

**Rules:** 2017 USATF Rules apply unless superseded by the 2017 USATF Youth Handbook

**Race Schedule:**

**NOTE: This may be different than association meet schedules**

8 & U* Girls	(2009+)	2K	10:00 am
8 & U* Boys	(2009+)	2K	10:30 am
9-10 Girls	(2007-2008)	3K	11:00 am
9-10 Boys	(2007-2008)	3K	11:30 am
11-12 Girls	(2005-2006)	3K	12:00 Noon
11-12 Boys	(2005-2006)	3K	12:30 pm
13-14 Girls	(2003-2004)	4K	1:00 pm
13-14 Boys	(2003-2004)	4K	1:30 pm
15-16 Girls	(2001-2002)	5K	2:00 pm
AND 17-18 Girls	(1999-2000)	5K	2:00 pm
15-16 Boys	(2001-2002)	5K	2:30 pm
AND 17-18 Boys	(1999-2000)	5K	2:30 pm

\* MUST be born 2008 or 2009 to advance to NATIONALS. No exceptions

**Results:** Results will be posted 30 minutes after each race and will be posted on the shed behind the finish line. Protest period is 30 minutes.

The results will also be posted online at:

[www.newengland.usatf.org](http://www.newengland.usatf.org),

[www.coolrunning.com](http://www.coolrunning.com), [www.usatf.org](http://www.usatf.org) and association web sites.

**Awards:** Medals are awarded at the finish line to the top 30 in each race.

**Meet Committee:** Alex Ivanov, Joe Bennett, Jeff Kurbec, Steve Vaitones

**Jury of Appeals:** Region I Chair Bill Mongovan and Youth Chairs or representative from each Association.

**Meet Referee:** Ron Boemker

**Protests:** Protests must be made to the Meet Referee in writing within 30 minutes of results posting. Protest forms available in the timing shed. Appeals to the decision of the Meet Referee shall be made in writing within 30 minutes to the Jury of Appeals. Each protest/appeal shall be accompanied by a \$50 fee. Fees are returned if a decision is reversed.

**Medical:** Services will be provided by Smithfield EMT and certified athletic trainers during the meet.

**Course:** The course is located in Deerfield Park adjacent to Smithfield High School. The course consists of fields and wooded trails. Spikes are allowed. Maps are at [www.sentinelstriders.com](http://www.sentinelstriders.com) Course walks will be held Saturday from 1:00-4:00 p.m. On Sunday, course walks begin at 8:30 am. Walk schedule by distance will be posted on site

**Parking:** Follow directions and signs. **“Premium” parking directly at the course is \$5.** Free parking at Smithfield High School and the McCabe Elementary school on Rt 116, both adjacent to the course. Please respect all directional signs and the parking monitors instructions.

**Concessions:** A food concession will be located in the building near the tent area. Meet souvenirs including T-shirts will be on sale Saturday and Sunday at the concessions area.

**Number/Package Pick-up:**

Package pick-up will be at Deerfield Park in the concessions area during course walks on Saturday from **2:00-4:00 p.m.** On Sunday, registration is at the timing shed beyond the finish line starting at 8:00 a.m.

**Team Tents:**

A clearly marked area for team tents will be available adjacent to the concessions building and the starting area. Set up is allowed only in this area. Maps will indicate the location, and the tent area will be marked with red flags.  
**NO SPIKES IN GROUND LONGER THAN 12”**

**Deerfield Park “No Dog Policy”**

There is a “no dogs allowed” policy throughout Deerfield Park. Do not bring dogs to the meet. Vehicles with dogs will be turned away at the premium parking area. The only exception is for service animals with proper documentation.

**SMITHFIELD RI**

Smithfield is located near the intersection of I-295 and Rt 44, 12 miles from I-95 at the Massachusetts border 7 miles from Providence via Rt 44, and 11 miles from I-95 in Warwick .

**To the Course**

**Address: 19 Deerfield Drive, Smithfield RI.**

**From North and South (NY and LI associations):** I-95 to 295 to Exit 7B (Rt .44 West). Follow for 2.2 miles, then turn right on Rt.116 North (Pleasant View Avenue). Follow .4 miles to Deerfield Drive on the left. Continue to end.

**From West** (Vermont, Western Mass, Adirondack) Mass Turnpike to Rt. 146 South in Millbury to I-295 South, continue with above directions

**NOTE: Cars may be redirected to park at Smithfield HS, .3 miles from the course if premium parking fills**

**HOTELS:**

**There is no specific meet hotel this year. Economical hotels can be found in Providence and Warwick, under 15 miles / 20 minutes away.**

**LAST UPDATE OF THIS DOCUMENT was on November 7**

**USATF National Junior Olympic Cross Country Championships Tallahassee Florida Saturday, 9 December 2017**

Top 5 teams and individuals finishing in the top 30 are eligible to compete in the National Meet All Entry will be done at [www.athletic.net](http://www.athletic.net) after Region I JO results are approved and posted. NOTE: In the 8/Under division, only athletes who are 7 years old on December 31 are allowed to compete. NO 6 yr olds allowed either as individuals or as part of teams. USATF Rule 300.1.(c)