

USA FALL

CROSS COUNTRY 2000



CHAMPIONSHIPS



THE BOSTON ATHLETIC ASSOCIATION AND ADIDAS PRESENT THE
2000 USA FALL CROSS COUNTRY CHAMPIONSHIPS
AND
NATIONAL MASTERS 10KM CHAMPIONSHIPS

Saturday, November 25, 2000
Franklin Park, Boston, Massachusetts



*Hosted and organized by USA Track & Field–New England
in cooperation with Boston Parks & Recreation Department*



Thomas M. Menino, Mayor

INDIVIDUAL ENTRY

ELIGIBILITY

- ▶ Pre-event entry deadline is November 18, 2000.
- ▶ The entry fee is \$20 per person for entries received by November 18, 2000. Payment must accompany the entry.
- ▶ The late entry fee is \$30 per person for entries received after November 18, 2000. Faxed entries will not be accepted!
- ▶ Please do not mail entries after November 18th.
- ▶ Entries will be accepted at the meet headquarters until 7:00 p.m., Friday, November 24. Absolutely no entries will be accepted on the day of event.
- ▶ Team entries must be submitted on a separate team entry form. In addition an individual entry form for each team member must be submitted with the team entry form (see eligibility below). Team entries must be submitted by Wednesday, November 22! Team entry forms may be requested from USATF-NE or may be obtained from www.usatfne.org.

DECLARATION & SCORING

All Championships

- ▶ A team may enter an unlimited number of runners. A maximum of eight team members must be declared as scorers by 7:00 p.m., Friday, November 24, 2000 (see Team Scoring and Declarations below). A club may declare one team only in each division.
- ▶ All members of an "Association club" must reside within the boundaries of the same USATF Association or its neighboring Association (Regulation 7-B).

Senior Championships

- ▶ Team competition in the Fall National Cross Country Championships is limited to USATF Association club teams (Rule 14.3).

Masters Championships

- ▶ Team competition in the Masters National Cross Country Championships is limited to USATF Association club teams (Rule 271.7).

INDIVIDUAL ENTRY FORM

For Official Use Only

2000 USA FALL CROSS COUNTRY CHAMPIONSHIPS and NATIONAL MASTERS 10 Km CROSS COUNTRY CHAMPIONSHIPS

First Name _____ Male Female Age (as of 11/25/00) _____
Last Name _____ Date of Birth _____
Address _____ USATF Club _____
City _____ 2000 USATF Number _____
State _____ Zip _____ Citizenship (if not USA - masters resident aliens only) _____
Country (if not USA) _____ e-mail address _____
Telephone _____
Event: Open Men's 10 Km Open Women's 6 Km Masters 10 Km

Entry fee must accompany the entry form. Faxed entries will not be accepted.

WAIVER AND RELEASE: I know that participating in a cross country race is a potentially hazardous activity. In consideration of your accepting this entry into the USA Fall National and Masters National 10Km Cross Country Championships, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, Boston Parks & Recreation, the City of Boston, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well being. I agree not to cover or alter my competitor number in any way on pain of disqualification, and I acknowledge that my entry fee is non-refundable, including if the event is canceled.

SIGNATURE _____ DATE _____

(parent or guardian if under 18)

TEAM ENTRY

ELIGIBILITY

All Championships

- ▶ Team entries must be submitted on a separate team entry form. In addition an individual entry form for each team member must be submitted with the team entry form (see eligibility below). Team entries must be submitted by Wednesday, November 22! Team entry forms may be requested from USATF-NE or may be obtained from www.usatfne.org.
- ▶ A team may enter an unlimited number of runners. A maximum of eight team members must be declared as scorers by 7:00 p.m., Friday, November 24, 2000 (see Team Scoring and Declarations below). A club may declare one team only in each division.
- ▶ All members of an "Association club" must reside within the boundaries of the same USATF Association or its neighboring Association (Regulation 7-B).

Senior Championships

- ▶ Team competition in the Fall National Cross Country Championships is limited to USATF Association club teams (Rule 14.3).

Masters Championships

- ▶ Team competition in the Masters National Cross Country Championships is limited to USATF Association club teams (Rule 271.7).

DECLARATION & SCORING

All Championships

- ▶ Teams are required to declare their scoring runners **IF** they have entered more than eight (8) individuals. Declarations are due by 7:00 p.m., Friday, November 24, 2000. If a team with more than eight entries fails to declare, the first eight runners listed on their team entry form - whether they run or not - will be considered their declared team.
- ▶ National clubs (teams with members who reside in more than one USATF Association) are not scored in these championships.
- ▶ All unattached runners, members of incomplete or ineligible teams, and runners not declared as scoring members of their teams will be removed from the order of finish for the purposes of team scoring.

Senior Championships

- ▶ Up to eight runners may figure in each team's scoring, with the aggregate places of its top five finishers determining its team score and its number 6-7-8 finishers displacing.
- ▶ Ties in scoring are resolved by determining which team's last scoring member finished nearest to first place.

Masters Championships

- ▶ Teams are scored in 10-year increments: age 40+, 50+, 60+, and 70+.
- ▶ A masters runner may compete in a younger age-division for his/her team, and in his/her respective age-division for individual awards.
- ▶ Men's 40+ and 50+ team places are determined by adding the finish times of their top five finishers. Men's 60+ and 70+ and all women's team places are determined by adding the finish times of their top three finishers.

USA TRACK & FIELD—NEW ENGLAND

MAILING ADDRESS

USATF—New England
P.O. Box 1905
Brookline, MA 02446

STREET ADDRESS

2001 Beacon Street
Suite 207
Brighton, MA 02135

MAKE ALL CHECKS PAYABLE TO: USATF-NEW ENGLAND

TELEPHONE: (617) 566-7600 • FAX: (617) 734-6322 • E-MAIL: office@usatfne.org • INTERNET: www.usatfne.org

TEAM ENTRY AND DECLARATION FORM

Team Name: _____

- Senior Men's 10 Km
 Senior Women's 6 Km
 Masters Men's 10 Km, age-division: _____
 Masters Women's 10 Km, age-division: _____

Coach/Manager Name: _____ Telephone: _____

Address: _____ Fax: _____

City: _____ State _____ Zip: _____ E-mail: _____

- ▶ In submitting the team entry form, the Coach/Manager certifies to have read and understood eligibility for individuals and teams, and declarations and scoring, as outlined on the individual race application.
- ▶ An Individual Entry Form and entry fee for each team member must be submitted with this form. No additional fee is required for submission of the team roster!
- ▶ A separate entry form must be submitted for each team (by gender and/or age-division). Clubs may submit only one team per division.
- ▶ Deadline for submitting the Team Entry Form is Wednesday, November 22nd. No additions and/or changes to team rosters will be accepted after that date.
- ▶ Coach or designee must pick up numbers and packets for all runners listed on the team roster.

IF more than eight (8) members are listed on the roster, the Coach/Manager must declare the Team's scoring runners by 7:00 p.m., Friday November 24th. If no declaration is made, the first eight members listed will be considered the scoring runners.

Official Use Only	Scoring Member	First and Last Name <i>(PLEASE PRINT)</i>	Age on Race Day	2000 or 2001 USATF Number
		①		
		②		
		③		
		④		
		⑤		
		⑥		
		⑦		
		⑧		
		⑨		
		⑩		
		⑪		
		⑫		

Submit to USATF – New England P.O. Box 1905, Brookline, MA 02446 MAKE ALL CHECKS PAYABLE TO: USATF-NEW ENGLAND	Changes to rosters or declarations only may be faxed until Wednesday, November 22, 5:00 p.m.
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MEET HEADQUARTERS

Doubletree Club Hotel – Boston Bayside • 240 Mount Vernon Street, • Boston, MA 02125

To be eligible for the special rate, reservations must be made with the hotel directly by November 1, 2000, 1-800-444-CLUB or 617-822-3600. Ask for the special USA Track & Field rate of \$89.00 single/double or \$99.00 triple/quad occupancy.

TRANSPORTATION

Airport Travel

- ▶ Boston's Logan Airport is approximate 6.5 miles from the hotel and is served by all major airlines. Complimentary airport shuttle service is provided by the hotel upon request.
- ▶ Access by subway, the "T", from airport: shuttle to the Blue Line to Government Center, transfer to Green Line; one stop to Park Street, transfer to Red Line, to UMass Boston/JFK Library. The hotel is located one block from the T-stop.
- ▶ T.F. Green Airport in Providence, RI (60-miles south of Boston) and Manchester Airport in Manchester, NH (40 miles north of Boston) are both served by several major airlines. Car rental is recommended for transportation to Boston.

DIRECTIONS

Driving

- ▶ From I-93 South: Take Exit 15, towards the JFK Library. Bear right around rotary. Take second right off the rotary and then your first right. Proceed straight then turn left onto Mt. Vernon Street. Doubletree Club Hotel is on the left.
- ▶ From I-93 North: Take Exit 14. Proceed straight off ramp onto Morrissey Boulevard. Stay to the right after passing University of Massachusetts and John F. Kennedy Library – follow signs to South Boston. Turn right at first intersection onto Mt. Vernon Street. Doubletree Club Hotel is on the left.
- ▶ From Mass Turnpike (I-90): Take I-90 West to I-93 South – follow directions above.

AWARDS

Senior Championships (equal awards to men and women)

- ▶ USATF Championship Medals will be presented to:
 - a. the first ten finishers.
 - b. all scoring members of the first, second and third place team.
- ▶ Fred Wilt Memorial Traveling Trophy to Team Champions.
- ▶ Prize Money

Place	Individual	Team
1st	\$200	\$1,000
2nd	\$150	\$500
3rd	\$100	\$350
4th		\$200

Masters Championships (equal awards to men and women)

- ▶ USATF championship medals will be presented to:
 - a. the top three finishers in all age-divisions from 40-44 to 90+
 - b. the scoring members of the first, second and third place team in each division
- ▶ Championship patches will be awarded to the winners of each age division and to the scoring members of the winning team in each division.

COURSE

DESCRIPTION

The course is 99% grass/dirt with excellent footing (both spikes and racing flats are acceptable), a mix of field and road with flat, rolling and hilly sections. The multiple loop courses (three loops for the 6 Km, five loops for the 10 Km races) are very spectator friendly. The Masters' Men and Women run together on the same course as the Senior Men.

INSPECTION

The course will be available for inspection from 10:00 a.m. to 3:00 p.m. on Friday, November 24. Volunteers will be on-site to provide course tours and directions from 10:00 a.m. until 2:00 p.m. The course closes at 3:00 p.m., and access to certain parts of the course may be limited due to course conditions.

NOTE: No tents and/or banners will be allowed along any part of the course. Clubs will be directed to a designated team meeting area.

MISCELLANEOUS

DOPING CONTROL

Athletes who participate in these championships may be subject to formal drug testing in accordance with USA Track & Field and IAAF rules, and in accordance with IAAF and/or U.S. Olympic Committee protocol. Athletes found, after a disciplinary hearing, to be positive for prohibited substances, as defined by the IOC and IAAF, or who refuse to be drug tested, will be disqualified from this event and may lose eligibility for future competitions. Any prize money payable to an athlete who has tested positive shall be held until the final determination of the disciplinary process.

BEWARE: Some prescription and over-the-counter medications and nutritional supplements may contain prohibited substances. Information regarding drugs and drug testing may be obtained by calling the USOC Drug Reference Line at 1-800-233-0393.

TIMELINE & EVENT SCHEDULE

Saturday, November 18, 2000

Team and individual entries must be received by mail to be eligible for pre-event entry fee.

Wednesday, November 22, 2000

Final day for submission of team entries.

Friday, November 24, 2000

10:00 a.m. – 3:00 p.m.	Course open for inspection at Franklin Park (tours 10:00 a.m. – 2:00 p.m.)
1:00 – 7:00 p.m.	Number and packet pick-up, final team declaration, and late entry at the Meet Hotel.
7:00 p.m.	Technical meeting for coaches and team managers at the Doubletree Club Hotel.

Saturday, November 25, 2000

8:00 a.m. – 12 noon	Number and packet pick-up at Franklin Park – White Stadium.
10:30 a.m.	Senior Women 6 Km Championship
11:15 a.m.	Senior Men 10 Km Championship
12:30 p.m.	Masters 10 Km Championship
Award Ceremony	Immediately following the events at Franklin Park.



JAMAICA PLAIN

WASHINGTON STREET

MORTON STREET

6K Course Map

SCHOOL STREET

- > First mile
- ▶ Second mile
- ▶ Third mile
- ▶ Finish

THE WILDERNESS

HAIRPIN TURN

OVERLOOK

WHITE STADIUM

BEAR CAGE HILL
Elevation: 194 ft.
(59 meters)

CIRCUIT DRIVE

PARKING

GLENN LANE

WALL OF STONE

2M

1M

RACE HEADQUARTERS

BACKSTOP

FINISH

PLANSTEAD

START

REST ROOMS

BACKSTOP

PARKING

BACKSTOP

BLUE HILL AVENUE ZOO

SEAVER STREET



JAMAICA PLAIN

WASHINGTON STREET

MORTON STREET

HAIRPIN TURN

SCHOOL STREET

SEAVER STREET

10K Course Map

- > First mile
- ▶ Second mile
- Third mile
- ◀ Fourth mile
- ◁ Fifth mile
- - - Sixth mile

THE WILDERNESS

OVERLOOK

WHITE STADIUM

BEAR CAGE HILL
Elevation: 194 ft.
(59 meters)

CIRCUIT DRIVE

PARKING

GLENN LANE

2M

RICE HEADQUARTERS

BACKSTOP

FINISH

PLANSTEAD

4M

START

3M

6M

BACKSTOP

REST ROOMS

GOLF COURSE



BLUE HILL AVENUE ZOO

PARKING

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