

# 6th ANNUAL MASSACHUSETTS STATE MIDDLE SCHOOL

### CROSS COUNTRY INVITATIONAL

# Saturday, November 8, 2014 Willard Field, Devens MA

Hosted by USA Track & Field New England **Sponsored by the Boston Athletic Association** 



The website www.usatfne.org/cross is the primary mode of communications and updates regarding starting times, order of races, division assignments, etc This document is as of Septemer 19

**DATE**: **SATURDAY, NOVEMBER 8, 2014** 

11:00 a.m. start. Be aware of race order in case athletes do not hear public address system TIME:

LOCATION: Willard Park Field, Devens, Massachusetts 01434

Rt 2 to Exit 37B, Jackson Rd / Devens. Follow to designated parking areas

Approximately 1.8 miles, multiple loop course. Spectator friendly **COURSE:** 

The course map will be posted at www.usatfne.org/cross website.

Primarily grass. Course allows for races to be run efficiently and handle large fields.

Short 1/4" spikes may be used, but non-spiked shoes are adequate

## SCHEDULE, START TIME, EVENT NUMBER - as of September 5

No race will start before the listed time

Six races by grade with no team scoring followed by girls and boys team scoring race

Event 1 - Girls 8<sup>th</sup> graders (No team scoring - unlimited runners) 11:00 a.m.

2 - Boys 8<sup>th</sup> graders (No team scoring - unlimited runners)
3 - Girls 7<sup>th</sup> graders (No team scoring - unlimited runners)
4 - Boys 7<sup>th</sup> graders (No team scoring - unlimited runners) 11:20

11:40

12:00 p.m.

Girls combined 5<sup>th</sup> and 6<sup>th</sup> graders (No team scoring - unlimited runners) Boys combined 5<sup>th</sup> and 6<sup>th</sup> graders (No team scoring - unlimited runners) 12:20

12:40

Girls Team Championship (Maximum of 7 runners to line - 5 needed to score) 1:00

Boys Team Championship (Maximum of 7 runners to line - 5 needed to score) 1:20 p.m.

If additional Grade OR Team races are needed, the races will be run as sections, and the races will be combined for overall awards. Additional sections immediately follow the first section listed

#### INDIVIDUAL AND TEAM ELIGBILITY:

Each and every runner will need a signed waiver, submitted by the team at packet pickup Individuals / non-school team runners MUST submit the waiver AND FEE prior to race day.

All teams will be listed representing the Massachusetts middle school they attend.

The school does not need to have a formal cross country program or team

All Massachusetts public, parochial, charter, and private middle schools are eligible.

No combined schools, No town "all-star teams". Runners must be students of that middle school.

Home school students may run grade races only

Regarding Grades 5 through 8. – Fifth/sixth graders must attend that specific middle school.

Middle schools that start earlier than 5<sup>th</sup> grade may only run grade 5-8 students

Students in a grade 7-12 school may participate in grade or team races, grade 7-8 runners only

NO ELEMENTARY SCHOOL STUDENTS!! NO NINTH GRADERS!!

#### **GRADE RACES:**

Schools running the team races which have more than seven runners may enter an unlimited number of additional runners in the various grade races. Incomplete teams (fewer than five runners) must compete in the grade races.

#### **TEAM CHAMPIONSHIP RACE:**

Eligibility for this race requires a team to start five, six or seven runners; no individuals Unlimited additional runners beyond the team top 7 may run in the grade races Schools with 5 or more runners may elect to participate in only the grade races if they wish

**AWARDS: INDIVIDUAL -** First 15 finishers in grade races

First 25 finishers in the Team Championship

**TEAM** - The top 3 teams in the Championship Races will receive trophies

**TIME** - The individuals with the day's top 3 times OVERALL will receive trophies

#### **ACCOMMODATIONS:**

**TOILETS** on site; do not "use" the woods. No dressing area / lockers - come ready to run.

TRASH – IF YOU CARRY IT IN, PLEASE CARRY IT OUT!

#### DOGS ARE ABSOLUTELY NOT ALLOWED AT THE RACE SITE

Pass this information along to athletes' family members / spectators

Individuals with dogs will not be allowed beyond the parking lot. Individuals with dogs will be asked to immediately leave the facility, and subject their child's team to possible immediate removal from the site. That applies to spectators associated with any teams.

#### **SOUVENIR T-SHIRT**

A limited number of T-shirts with race design and listing participating schools will be available for sale at a cost of \$15

#### **DIRECTIONS**

Route 2 to Exit 37B (Jackson Rd / Devens. Follow to designated parking areas (short walk) Alternatively, Verbeck Gate from West Main St, Shirley

PARKING ONLY IN DESIGNATED AREAS. FOLLOW MONITORS' INSTRUCTIONS NO PARKING IN DROP-OFF AREAS, ON STREETS, OR ON GRASS. TICKETING AND TOWING WILL BE ENFORCED

GPS address is 1 Sherman Ave, Devens MA 01434

Parking lots are in close proximity to course. Please car pool and share rides; parking may be limited.

**WEATHER ISSUES:** There is no plan to postpone the meet to another date. Conditions (lightning, torrential rains, snow) may cause a delay to schedule. Check usatfne.org relative to conditions.

**ENTRY:** Entry will be set up online only at www.headcountreg.com

The entry fee is \$5.00 per runner entered **Entries are due by Monday, October 27, 2014**No refunds – this is an entry fee, not a participation fee. Fees should be paid in advance.
Full school teams may submit waivers and fees on race day prior to picking up packets
All individuals and non-school teams MUST submit signed waiver AND entry fee prior to meet day.

There may be set up or schedule modifications as race day approaches. Check the website for updates If you have questions, or if you would like information on becoming a USA Track & Field member club, please contact office@usatfne.org 

Check www.usatfne.org/cross for more cross country events