



**4th ANNUAL MASSACHUSETTS STATE
MIDDLE SCHOOL
CROSS COUNTRY INVITATIONAL
Saturday, November 3, 2012
Tewksbury MA Town Recreation Fields
Hosted by USA Track & Field New England
Sponsored by the Boston Athletic Association**



The website -www.usatfne.org/cross - is the primary mode of communications and updates regarding starting times, order of races, division assignments, etc

DATE: SATURDAY, NOVEMBER 3, 2012

TIME: 11:00 a.m. start. Be aware of race order in case athletes do not hear public address system

LOCATION: Tewksbury, Massachusetts – Town recreation fields, 286 Livingston Street

COURSE: Approximately **1.7 miles**, out/back/finish loop course. Spectator friendly
The course design is slightly different than 2011; a map is posted at the website.
Mostly grass. Course design allows for races to be run efficiently and handle large fields.
Short 1/4" spikes may be used, but non-spiked shoes are adequate

TENTATIVE SCHEDULE, START TIME, EVENT NUMBER - as of September 15

Six races by grade with no team scoring followed by girls and boys team scoring race

- 11:00 a.m. Event 1 - Girls 8th graders (No team scoring - unlimited runners)
- 2 - Boys 8th graders (No team scoring - unlimited runners)
 - 3 - Girls 7th graders (No team scoring - unlimited runners)
 - 4 - Boys 7th graders (No team scoring - unlimited runners)
 - 5 - Girls combined 5th and 6th graders (No team scoring - unlimited runners)
 - 6 - Boys combined 5th and 6th graders (No team scoring - unlimited runners)
 - 7 - Girls Team Championship (Maximum of 7 runners to line - 5 needed to score)
 - 8 - Boys Team Championship (Maximum of 7 runners to line - 5 needed to score)

If additional races are needed, they will be by school size, inserted at the grade listed.

INDIVIDUAL AND TEAM ELIGIBILITY:

**Each and every runner will need a signed waiver, submitted by the team at packet pickup
Individuals / non-school team runners should submit the waiver prior to race day.**

All teams will be listed representing the specific Massachusetts middle school they attend.

The school does not need to have a formal cross country program or team

All Massachusetts public, parochial, charter, and private middle schools are eligible.

No combined schools, No town "all-star teams". Runners must be students of that middle school.

Home school students may run grade races only

Regarding Grades 5 through 8. – Fifth/sixth graders must attend that specific middle school.

Middle schools that start earlier than 5th grade may only run grade 5-8 students

Students in a grade 7-12 school may participate in grade or team races, grade 7-8 runners only

NO ELEMENTARY SCHOOL STUDENTS!! NO NINTH GRADERS!!

There is no need to declare which race a runner plans to compete in prior to the race.

GRADE RACES:

Schools running the team races which have more than seven runners may enter an unlimited number of additional runners in the various grade races. Incomplete teams (fewer than five runners) must compete in the grade races.

TEAM CHAMPIONSHIP RACE:

Eligibility for this race requires a team to start five, six or seven runners; no individuals
Unlimited additional runners beyond the team top 7 may run in the grade races
Schools with 5 or more runners may elect to participate in only the grade races if they wish

PARTICIPATION SOUVENIR

Courtesy of the Boston Athletic Association, each finisher will receive a souvenir medallion and lanyard as they leave the finish area.

AWARDS: **INDIVIDUAL** - The first 15 finishers in grade races
The first 25 finishers in the Team Championship
TEAM - The top 3 teams in the Championship Races will receive trophies
TIME - The individuals with the top 3 times OVERALL will receive trophies

ACCOMMODATIONS:

TOILETS on site; do not "use" the woods. No dressing area / lockers - come ready to run.

FULL FOOD CONCESSION run by Tewksbury XC Boosters

DOGS ARE ABSOLUTELY NOT ALLOWED AT THE RACE SITE.

Pass this regulation along athletes' family members and spectators

SOUVENIR T-SHIRT

T-shirts with a race design and listing all participating schools will be available on site
Pre-ordering will be available at a discount; see website after October 1.

DIRECTIONS

I-93 - Dascomb Road Exit toward Tewksbury, after 2 miles turn left on Livingston
GPS address is 286 Livingston St, Tewksbury MA 01876 Also access from Rt. 38 (Main St)
Most parking is within ½ mile from the course.

WEATHER ISSUES: There is no plan to postpone the meet to another date. Conditions (lightning, torrential rains) may cause a delay to schedule. Check usatfne.org relative to conditions.

ENTRY: The entry fee is \$3.00 per runner entered
No refunds – this is an entry fee, not a participation fee.

This year, fees are due prior to race day unless previous arrangements are made.

Individuals should submit their signed waiver along with their entry fee prior to meet day.

Full teams may submit waivers on race day prior to picking up packets

Entries are due by Monday, October 22, 2012

There may be set up or schedule modifications as race day approaches. Check the website for updates
Please help us make this meet a success by following the instructions and working with us.

If you would like information on becoming a USA Track & Field member club, please contact office@usatfne.org