



2008 USA MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS

Reggie Lewis Track and Athletic Center
Boston, Massachusetts
March 28 – 30, 2008

Presented by USA Track & Field – New England

ELIGIBILITY

- All eligible members of USATF and eligible members of other IAAF member federations may compete. However, only U.S. citizens will officially score in the championships.
- All US citizens must be 2008 members of USATF. USATF memberships may be purchased online, through your local Association, or by contacting USATF at 317-713-4665.
- Athletes must be 30 years or older on March 28, 2008. Proof of date of birth will be required from all competitors in advance.
- Individual competition will be conducted in 5-year age divisions, and relay competition in 10-year age divisions.
- Clubs must be USATF member organizations in 2008 to score team points and have athletes represent the club.

ENTRY FEES & DEADLINES

On-time entry deadline is **Monday, March 17, 2008**. Entry fee is \$35 for the first event, \$18 for the second and \$15 for each additional event. Entry fee for the Pentathlon is \$65 (the pentathlon does count as a first event).

Late entries, additions and/or changes must be received by Friday, March 21, 2008. A late fee of \$10 per event will be charged during the late entry period.

Relay registration will take place on-site only at \$20 per team. Admission to the facility is free. Final instructions will be posted on www.usatfne.org/masters on March 1st.

RESULTS

FinishLynx Automatic Timing. Results will be posted on a stadium scoreboard. Hard copies will be posted in the gymnasium, and electronic results will be available at www.usatf.org following the conclusion of the meet.

AWARDS

USATF Championship medals will be awarded to the top three places in each age group of each event final. Foreign athletes will receive a duplicate award. Championship patches will be presented to winners of individual events.

DECLARATIONS

All track athletes, after picking up their number, must check in at the clerks' table prior to their event. Declarations must be completed no less than one hour before the listed event starting time. Final seeding and sections will then be drawn.

Field event competitors must check in with the officials at their field event area. Any athlete who has not checked in prior to the first attempt will not be allowed to enter the competition.

HEADQUARTERS HOTEL

DoubleTree Guest Suites – Boston, 400 Soldiers Field Rd, Boston. \$154 single/double occupancy, 1-617-783-0090.

The special rates are on a space available basis for reservations made by March 6, 2008; mention the *National Masters Championships* when making reservations.

TRANSPORTATION

The DoubleTree Guest Suites Boston at 400 Soldiers Field Rd is not directly accessible by public transit. It is about a mile from the MBTA ("T") Red line at Central Square and at Harvard Square.

Complimentary shuttle transportation to the Reggie Lewis facility will be provided beginning on Friday at 1:00 p.m.

THURSDAY NIGHT SOCIAL/DINNER

There will be an informal get-together on Thursday night at the "Sports Depot", about a mile from the hotel. Meals / refreshments are pay-as-you-go at the restaurant – no advance payment. Details will be published on usatfne.org after March 1.

FRIENDS OF THE NATIONAL MASTERS CHAMPIONSHIPS

Help ensure the high quality of the Championships and future meets with a donation. All contributors will be listed in the official meet program and on the USATF-NE web site. Please consider one of the following:

Platinum - \$250

Platinum level contributors will receive an event bag, polo shirt, t-shirt and pin.

Gold - \$100

Gold level contributors will receive an event polo shirt and pin.

Silver - \$50

Silver level contributors will receive a meet T-shirt and pin.

Bronze - \$25

Bronze level contributors will receive a pin.

MAIL ENTRIES TO:

USA Masters Indoor Championships
USATF-NE, P.O. Box 1905, Brookline, MA 02446

Shipping Address (for UPS, FedEx, DHL, etc.):
2001 Beacon Street, Suite 207, Brighton, MA 02135

MEET INFORMATION AND UPDATES

available at

www.usatf.org

Entry lists available at www.usatf.org
Final instructions posted March 1st

ONLINE REGISTRATION: www.usatf.org

USATF-New England - (617) 566-7600
office@usatfne.org

SCHEDULE OF EVENTS

As of JANUARY 15, 2008 – minor adjustments may be made depending on entries – check www.usatf.org for changes

FRIDAY MARCH 28

8:00 AM Pentathlon – Registration

Pentathlon

Order of Events

Women	Men
60 M Hurdles	60 M Hurdles
High Jump	Long Jump
Shot Put	Shot Put
Long Jump	High Jump
800 Meters	1000 Meters

9:00 AM	M60+
9:15 AM	All Women
10:15 AM	M50-59
11:00 AM	M40-49
12:30 PM	M30-39

2:00 PM General Registration

Track Events

4:00 PM	3000 Meters	All Women
4:45 PM	3000 Meters	M70+
5:10 PM	3000 Meters	All remaining men

Throws

3:00 PM	Weight	Women 50-59
	Weight	Women 70+ and 60-69
4:00 PM	Weight	Women 30-49
4:45 PM	Weight	Men 80+
5:00 PM	Weight	Men 70-79
6:00 PM	Weight	Men 60-69

Jumps

3:30 PM	Pole Vault	All Women
---------	------------	-----------

SATURDAY MARCH 29

7:30 AM Registration

Track Events Schedule

9:00 AM	60 Meters	Preliminaries and Trials, All
10:00 AM	60 Meters	Finals, All
11:45 AM	Mile	All Women
12:15 PM	Mile	All Men
2:00 PM	400 Meters	Timed Finals, All
4:30 PM	4 x 800m Relay	All
5:00 PM	60 M Hurdles	Trials and Finals, All

FACILITY/IMPLEMENTS

Six lane, lightly banked 200 meter Mondo Track, nine lane straightaway. Use of starting blocks is restricted to those provided by the facility. All shoes will be checked, with only 1/4" pyramid spikes or flats permitted, no hexagonal elements. Acceptable spikes will be available at the meet. There will be one weight and two shot circles, throwing onto a synthetic surface. Only certified indoor shot puts and weight implements are allowed for the indoor competitions.

Superweight (men 30-69) may be contested outdoors.

Starting heights will be determined by facility equipment limitations and by the Games Committee. Minimum High Jump height will be 2 feet 8 inches; minimum Pole Vault height will be approx. 4 feet. Pole vaulters must bring their own poles.

Field events - starting times may be adjusted slightly due to the number of entrants. Check the website for any updates

Throws

9:00 AM	Shot Put	Women 70+
	Shot Put	Men 50-59
10:00 AM	Shot Put	Women 60-69
11:15 AM	Shot Put	Men 40-49
11:15 AM	Shot Put	Women 50-59
12:30 PM	Shot Put	Women 30-49
1:15 PM	Shot Put	Men 30-39
2:15 PM	Shot Put	Men 60-64
2:15 PM	Shot Put	Men 80+
3:15 PM	Shot Put	Men 70-79
3:45 PM	Weight	Men 50-59
4:30 PM	Shot Put	Men 65-69
6:00 PM	Weight	Men 30-49

Jumps

9:30 AM	Long Jump	Men 30-39
9:30 AM	Pole Vault	Men 50-59
10:30 AM	Long Jump	Men 40-49
12 noon	High Jump	Men 60-69
	Long Jump	Men 50-59
1:00 PM	Pole Vault	Men 30-49
1:30 PM	Long Jump	Men 70+
1:30 PM	High Jump	Men 50-59
3:00 PM	High Jump	Men 30-49
3:00 PM	Long Jump	Men 60-69
3:30 PM	Pole Vault	Men 60+
4:30 PM	Long Jump	Women, All

SUNDAY MARCH 30

8:00 AM Registration

Track Events

9:30 AM	200 Meters	Trials, All
10:30 AM	800 Meters	Timed Finals - All Women
10:45 AM	800 Meters	Timed Finals - All Men
12:00 PM	200 Meters	Finals, All
1:00 PM	3000m Racewalk	Women
1:30 PM	3000m Racewalk	Men
follows	4 x 400m Relay	All

Throws

10:00 AM	Superweight	Women 60+
to follow	Superweight	Women 30-59
to follow	Superweight	Men 80+
to follow	Superweight	Men 70-79
11:00 AM	Superweight	Men 60-69
to follow	Superweight	Men 50-59
to follow	Superweight	Men 30-49

Jumps

10:00 AM	High Jump	Women, All
10:00 AM	Triple Jump	Men 30-39 AND M60+
11:30 AM	Triple Jump	Men 40-49
12:00 PM	High Jump	Men 70+
12:30 PM	Triple Jump	Men 50-59 AND All Women

COMPETITION ORDER

Track events - Women followed by men, oldest to youngest. Age groups may be combined to fill sections (rule 332-1-b).

If the number of entrants in an age group does not exceed the number of available lanes, preliminary rounds of the 60 meters, 60 meter hurdles, and 200 meters will be eliminated; finals will be run as scheduled.

Hurdles: Order of running differs from the above; they are based on settings. The order will be posted at check-in

Check-in with clerk 1 HOUR before running events

USA Masters Indoor T&F Championships

USATF – New England

P.O. Box 1905

Brookline, MA 02446

M-F Athletic Company

Prior to sealing the envelope and sending in your application, please make sure that you have:

- Completed all information
- Signed the application
- Enclosed your check for the total entry fee (\$35 for the first event, \$18 for the second and \$15 for each additional event, \$65 for the pentathlon) and Masters Committee Surcharge of \$10.
- Received between March 17 and March 21, a late fee of \$10 per event must be added. There will be no refunds of entry fees for any reason.
- No entries, additions or changes will be accepted after March 21!
- Made your check payable to USATF-New England, US funds only and drawn on a US bank. No foreign checks or money orders.

Mail application with entry fee to:
USA Masters Indoor Championships
USATF-NE, P.O. Box 1905
Brookline, MA 02446.

Shipping address:
(for UPS, FedEx, DHL):
2001 Beacon Street, Suite 207
Brighton, MA 02135



2008 USA MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS - ENTRY FORM

(On-Time Entries due March 17; no entries accepted after March 21)

Last Name _____ Male/Female _____
 First Name _____ Date of Birth _____
 Address _____ Age (as of 3/28/08) _____
 City _____ Club/Affiliation _____
 State _____ Zip _____ Citizenship (if not USA) _____
 Country (if not USA) _____ 2008 USATF or Federation Number _____
USATF number or home federation # is required
 E-mail address _____
 Telephone _____

Event	Best '07/'08 Performance	Fee
Pentathlon (counts as first event) _____	_____	(\$65) _____
1. _____	_____	(\$35) _____
2. _____	_____	(\$18) _____
3. _____	_____	(\$15) _____
4. _____	_____	(\$15) _____
5. _____	_____	(\$15) _____
6. _____	_____	(\$15) _____

Late Fee (received between 3/18 and 3/21) x number of events _____ @ \$10 each: _____

Total Entry Fees: _____

Masters Committee Surcharge (see note below)* \$ **10.00

T-shirt Order (pre-event only) Total number of T-shirts _____ @ \$13 each: _____
 _____ S _____ M _____ L _____ XL _____ XXL

Friend of the National Masters Championships Contribution (\$250 / \$100 / \$50 / \$25 /other): _____

TOTAL AMOUNT ENCLOSED: \$ _____

*The National Masters Track & Field Committee requires the Committee Surcharge. All such funds are forwarded to the Committee and will be used for Games Committee representatives to attend and assist at Championship meets.

All fees must be paid prior to the meet. Faxed entries will not be accepted.

[] I have a disability for which I am requesting an accommodation. (*Documentation must be submitted by Feb. 20, 2008*)

ASSUMPTION OF RISK, WAIVER AND RELEASE: I understand participating in track and field is a potentially hazardous event. In consideration of your accepting this entry into the National Masters Indoor Track & Field Championships, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, the Reggie Lewis Track and Athletic Center, Roxbury Community College, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well being. As a condition of my participation in the Event, I hereby grant USA Track & Field, Inc. a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting Event or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent. I agree not to cover or alter my competitor number in any way. I acknowledge that my entry fee is non-refundable.

SIGNATURE: _____ DATE: _____

Mail To: USA Masters Indoor Championships, USATF-NE, P.O. Box 1905, Brookline, MA 02446

Ship To: (UPS, FedEX, DHL): 2001 Beacon Street, Suite 207, Brighton, MA 02135