



*Road Running Technical Council*  
*USA Track & Field*  
***Measurement Certificate***



Name of the course \_\_\_\_\_ Distance \_\_\_\_\_

Location (state) \_\_\_\_\_ (city) \_\_\_\_\_

Type of course: road race calibration track Configuration: \_\_\_\_\_

Type of surface: paved \_\_\_\_\_ % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %

Elevation above sea level) Start \_\_\_\_\_ Finish \_\_\_\_\_ Highest \_\_\_\_\_ Lowest \_\_\_\_\_

Straight line distance between start & finish \_\_\_\_\_ Drop \_\_\_\_\_ m/km Separation \_\_\_\_\_ %

Measured by (name, address, & phone) \_\_\_\_\_

Race contact (name, address, & phone) \_\_\_\_\_

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: \_\_\_\_\_ Date(s) when course measured: \_\_\_\_\_

Race date: \_\_\_\_\_ Course paperwork submission date: \_\_\_\_\_

Replaces: \_\_\_\_\_ (if applicable) Certification code: \_\_\_\_\_

Notice to Race Director  
Use this Certification Code in ***all*** public  
announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If ***any*** changes are made to the course, this certification becomes void, and the course must then be recertified.

***Validation of Course*** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

***AS NATIONALLY CERTIFIED BY:***

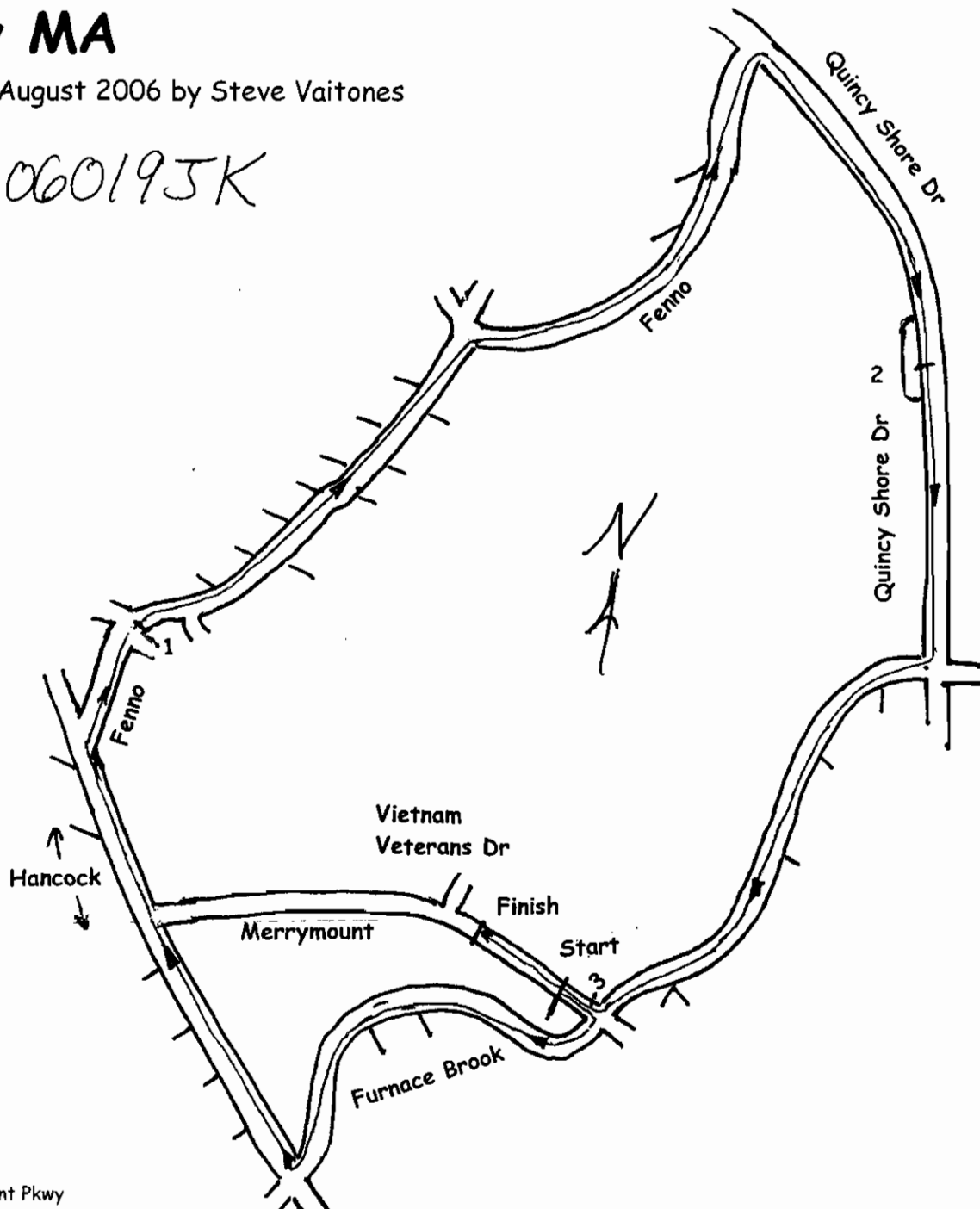
\_\_\_\_\_ Date: \_\_\_\_\_

# Marshall William Degan Memorial 5K

## Quincy MA

Measured 13 August 2006 by Steve Vaitones

MA060195K



### COURSE

Start: Merrymount Pkwy

88'10" East of storm drain between Furnace Brook and Vietnam Veterans Dr  
East on Merrymount, right on Furnace Brook, Right on Hancock  
Bear Right on Fenno

1 mile: Middle of Intersection of Fenno and Merrymount Ave  
4' past drive to park on right

Continue on Fenno, bear right on Fenno at school  
Right on Quincy Shore Dr

2 mile: In front unused parking area on right  
(exactly .1 mile beyond 5 mile mark for 10K)

Continue on Quincy Shore Dr

Right on Furnace Brook Pkwy

Right on Merrymount

3 mile: At turn at Merrymount, 6' past traffic light.

Continue on Merrymount, pass starting line

Finish: 13'1" past pole 14 on right

