



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course _____ Distance _____
Location (state) _____ (city) _____
Type of course: road race calibration track Configuration: _____
Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____
Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %
Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: _____ Date(s) when course measured: _____
Race date: _____ Course paperwork submission date: _____
Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

Date: _____

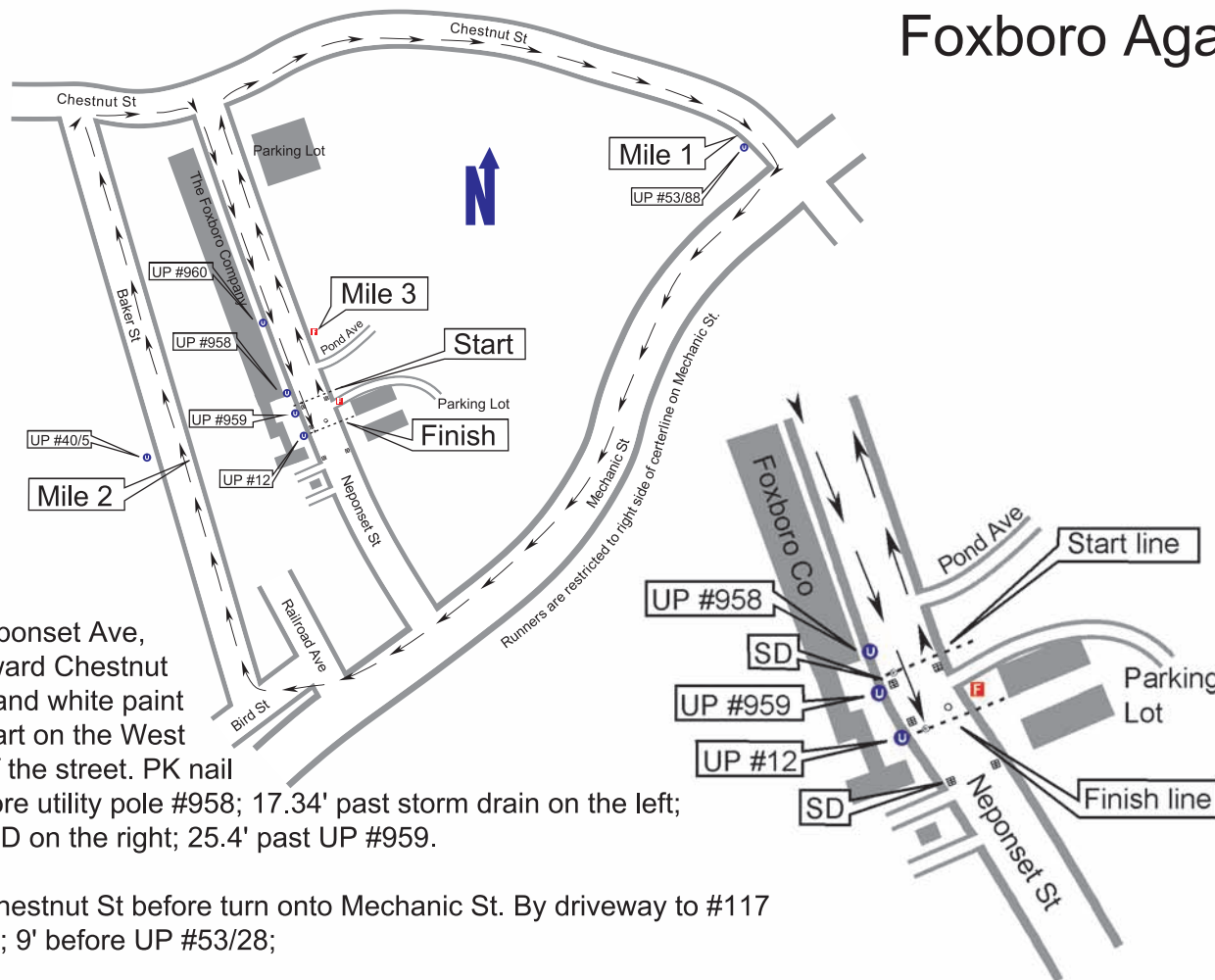
Foxboro Against Diabetes 5K

Foxboro MA

Measured 10 May 2007
by Justin Kuo
jkuo@usatfne.org



USATF Certification
MA07003JK
Expires 12/31/2017



MARKERS

Start on Neponset Ave, heading toward Chestnut St. PK nail and white paint mark the start on the West (left) side of the street. PK nail is 78.5' before utility pole #958; 17.34' past storm drain on the left; 35.4' past SD on the right; 25.4' past UP #959.

Mile 1 on Chestnut St before turn onto Mechanic St. By driveway to #117 Chestnut St; 9' before UP #53/28;

Mile 2 on Baker St on right, just past driveway for #13 Baker; approx. 33 feet before UP #40/5. Marked with white paint.

Mile 3 on Neponset Ave, just before Pond Ave and before the start and finish marks; opposite fire hydrant; 65.25' past UP # 956. Marked with white paint.

Finish on Neponset Ave. PK nail and white paint mark the finish on the West (right) side of the street. PK nail is directly below UP #12; 39.35' past a water cover in the street; 50.12' before SD on the right 54.58' past SD on the left.

RESTRICTIONS

Runner are restricted to the right side of the certerline on Mechanic St. They have have unrestricted access to all other roads.