



*Road Running Technical Council  
USA Track & Field  
Measurement Certificate*



Name of the course \_\_\_\_\_ Distance \_\_\_\_\_

Location (state) \_\_\_\_\_ (city) \_\_\_\_\_

Type of course: road race      calibration      track      Configuration: \_\_\_\_\_

Type of surface: paved \_\_\_\_\_ %    dirt \_\_\_\_\_ %    gravel \_\_\_\_\_ %    grass \_\_\_\_\_ %    track \_\_\_\_\_ %

Elevation above sea level) Start \_\_\_\_\_ Finish \_\_\_\_\_ Highest \_\_\_\_\_ Lowest \_\_\_\_\_

Straight line distance between start & finish \_\_\_\_\_ Drop \_\_\_\_\_ m/km    Separation \_\_\_\_\_ %

Measured by (name, address, phone & e-mail) \_\_\_\_\_

Race contact (name, address & phone) \_\_\_\_\_

Measuring Methods: bicycle      steel tape      electronic distance meter

Number of measurements of entire course: \_\_\_\_\_ Date(s) when course measured: \_\_\_\_\_

Race date: \_\_\_\_\_ Course paperwork submission date: \_\_\_\_\_

Replaces: \_\_\_\_\_ (if applicable)      Certification code: \_\_\_\_\_

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

***AS NATIONALLY CERTIFIED BY:***

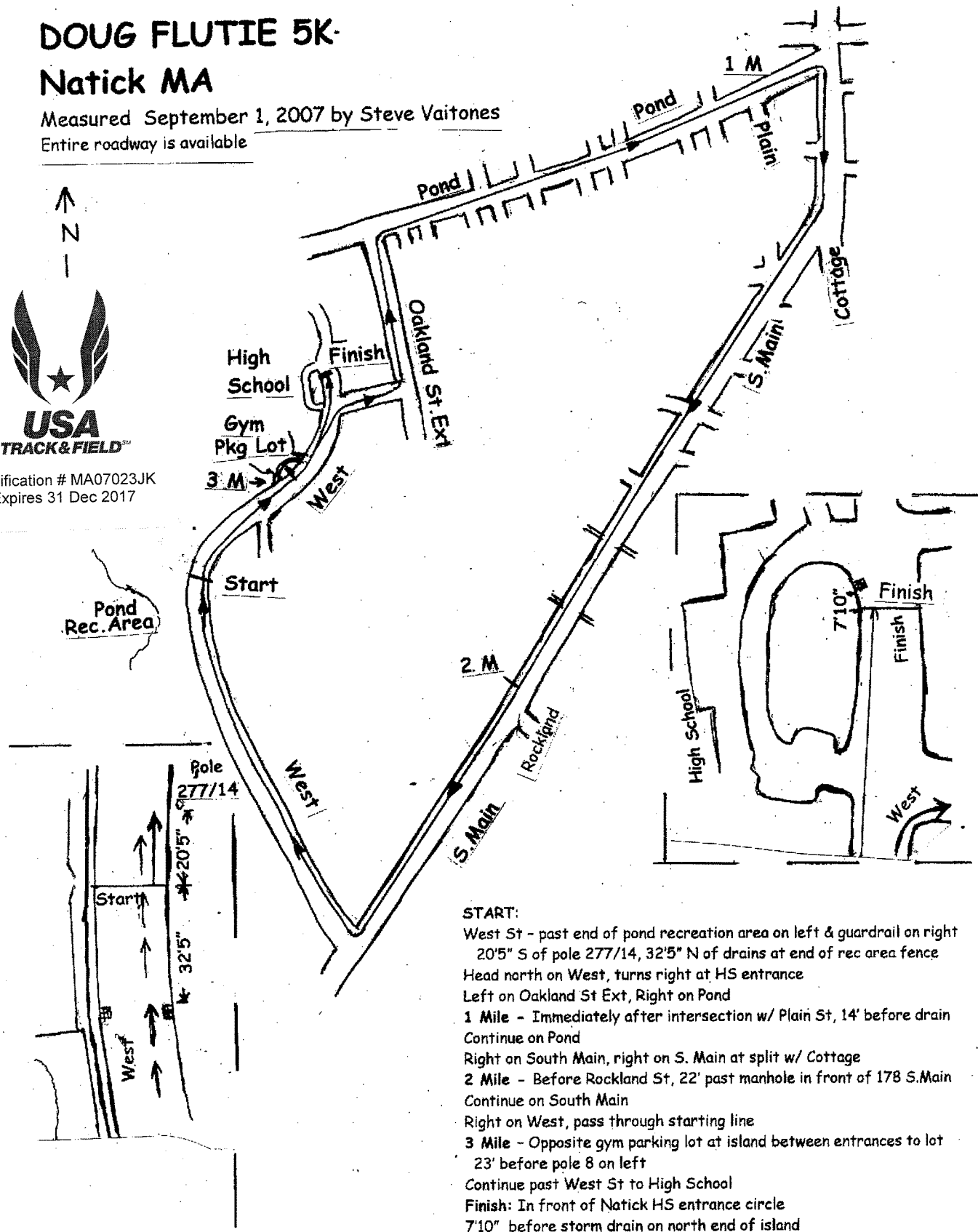
Date: \_\_\_\_\_

# DOUG FLUTIE 5K Natick MA

Measured September 1, 2007 by Steve Vaitones  
Entire roadway is available



Certification # MA07023JK  
Expires 31 Dec 2017



**START:**

West St - past end of pond recreation area on left & guardrail on right  
20'5" S of pole 277/14, 32'5" N of drains at end of rec area fence  
Head north on West, turns right at HS entrance  
Left on Oakland St Ext, Right on Pond  
**1 Mile** - Immediately after intersection w/ Plain St, 14' before drain  
Continue on Pond  
Right on South Main, right on S. Main at split w/ Cottage  
**2 Mile** - Before Rockland St, 22' past manhole in front of 178 S. Main  
Continue on South Main  
Right on West, pass through starting line  
**3 Mile** - Opposite gym parking lot at island between entrances to lot  
23' before pole 8 on left  
Continue past West St to High School  
**Finish:** In front of Natick HS entrance circle  
7'10" before storm drain on north end of island