



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course paperwork submission date: _____

Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

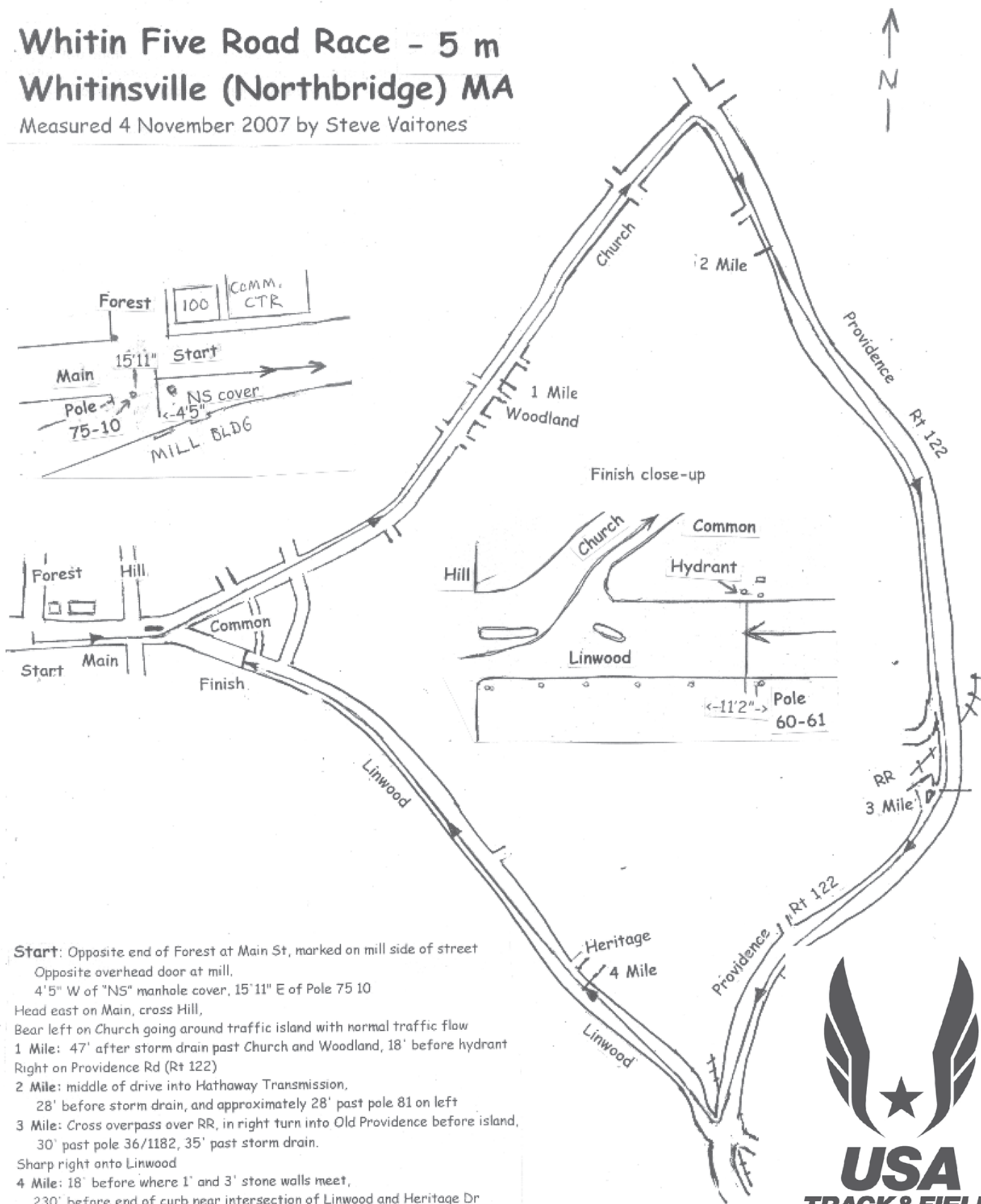
AS NATIONALLY CERTIFIED BY:

Date: _____

Whitin Five Road Race - 5 m

Whitinsville (Northbridge) MA

Measured 4 November 2007 by Steve Vaitones



Start: Opposite end of Forest at Main St, marked on mill side of street
Opposite overhead door at mill.

4'5" W of "NS" manhole cover, 15'11" E of Pole 75 10

Head east on Main, cross Hill,

Bear left on Church going around traffic island with normal traffic flow

1 Mile: 47' after storm drain past Church and Woodland, 18' before hydrant
Right on Providence Rd (Rt 122)

2 Mile: middle of drive into Hathaway Transmission,

28' before storm drain, and approximately 28' past pole 81 on left

3 Mile: Cross overpass over RR, in right turn into Old Providence before island,
30' past pole 36/1182, 35' past storm drain.

Sharp right onto Linwood

4 Mile: 18' before where 1' and 3' stone walls meet,

230' before end of curb near intersection of Linwood and Heritage Dr

Finish: Linwood Ave at Common.

East edge of Fire Hydrant after pole #60S on N / Common side of street
and 11'2" W of pole 60-61 on S side of street