



*Road Running Technical Council*  
*USA Track & Field*  
***Measurement Certificate***



Name of the course \_\_\_\_\_ Distance \_\_\_\_\_

Location (state) \_\_\_\_\_ (city) \_\_\_\_\_

Type of course: road race calibration track Configuration: \_\_\_\_\_

Type of surface: paved \_\_\_\_\_ % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %

Elevation above sea level) Start \_\_\_\_\_ Finish \_\_\_\_\_ Highest \_\_\_\_\_ Lowest \_\_\_\_\_

Straight line distance between start & finish \_\_\_\_\_ Drop \_\_\_\_\_ m/km Separation \_\_\_\_\_ %

Measured by (name, address, phone & e-mail) \_\_\_\_\_

Race contact (name, address & phone) \_\_\_\_\_

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: \_\_\_\_\_ Date(s) when course measured: \_\_\_\_\_

Race date: \_\_\_\_\_ Course paperwork submission date: \_\_\_\_\_

Replaces: \_\_\_\_\_ (if applicable) Certification code: \_\_\_\_\_

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

***AS NATIONALLY CERTIFIED BY:***

\_\_\_\_\_  
Date: \_\_\_\_\_

# Boloco Heartbreak Hill 5K

## Newton Center MA

Measured June 22, June 28  
by Steve Vaitones



USATF Certification #MA08006JK  
Expires Dec. 31, 2018

Start: Langley Rd  
In front of 32 Langley, 16'0" W of pole 224-5 on north side,  
and 16'0" W of last lamp pole before corner in south side  
Run east, immediately bear right onto Beacon St  
Right on Centre. Cross Commonwealth, Right on Ward  
1 Mile: before Eastbourne, 6' after driveway to 335 Ward  
R on Grant. L on Comm. Ave carriage road  
R on Hammond (Cross Commonwealth)  
2 Mile: 17' before pole 192-24 before BC x-walk (2nd pole before Beacon)  
R on Beacon into Newton Centre  
3 Mile: 6' before door to 739 Beacon  
Bear R into Langley Rd between islands (against traffic).  
Finish same location as start  
10K makes U turn and repeats course; splits are not same.

