



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course paperwork submission date: _____

Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
 Use this Certification Code in *all* public
 announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

Date: _____

Big Dog Esplanade 5K

Boston MA

Measured 8/16/08

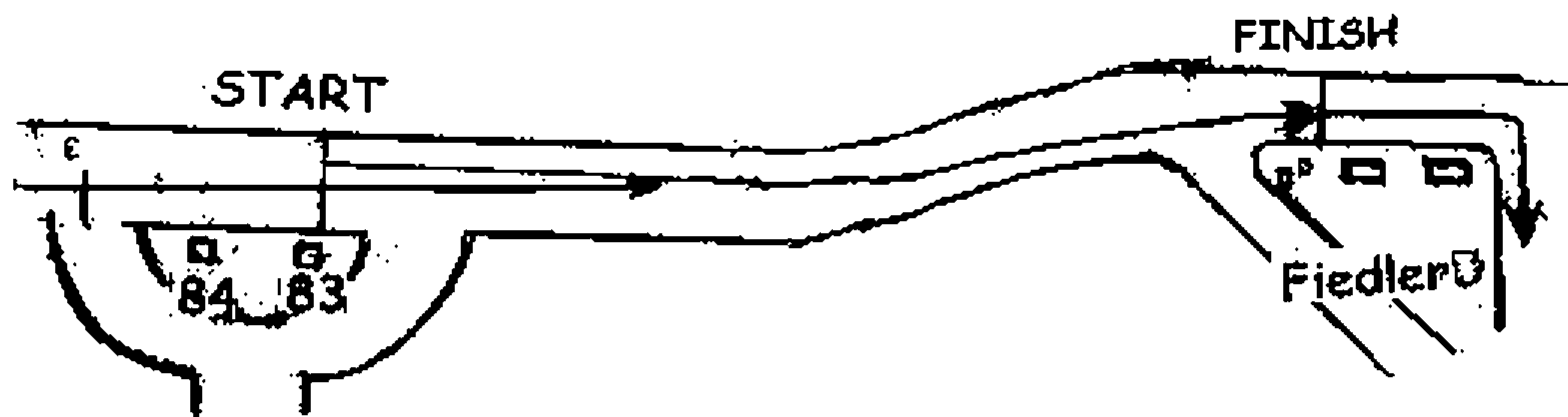
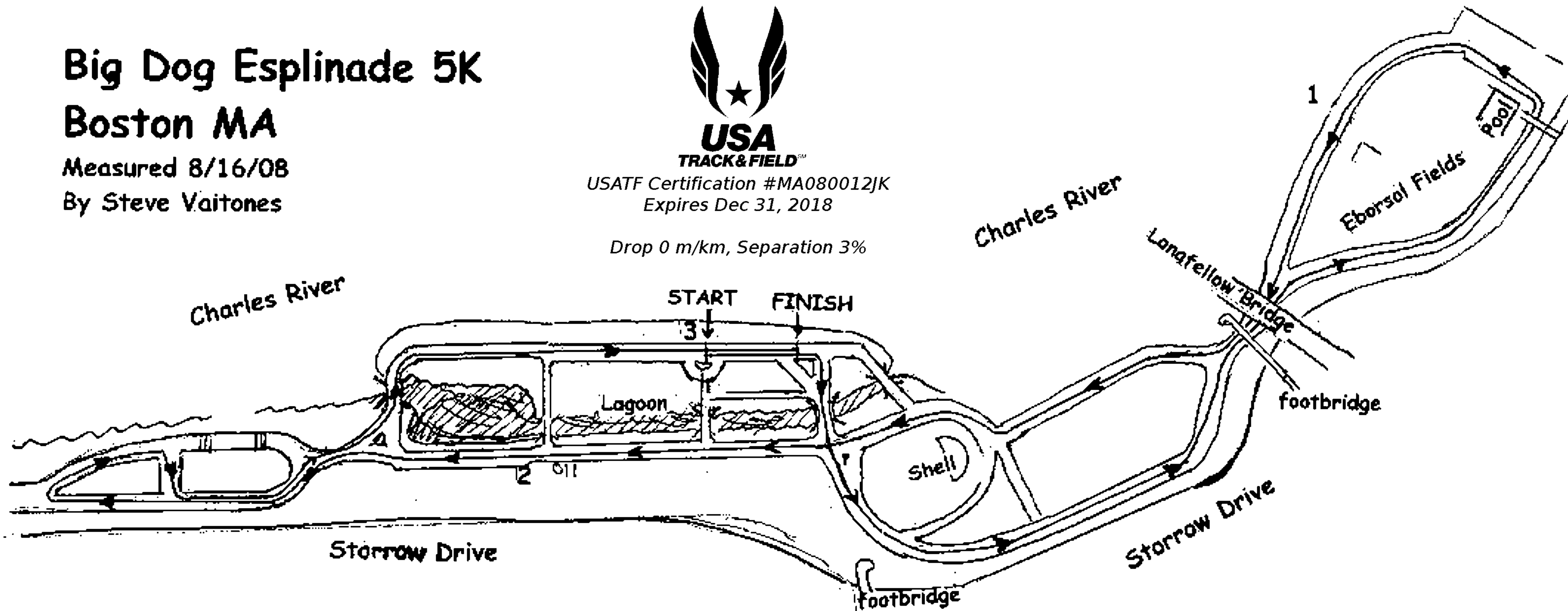
By Steve Vaitones



USA
TRACK & FIELD™

USATF Certification #MA080012JK
Expires Dec 31, 2018

Drop 0 m/km, Separation 3%



On lagoon island, path closest to water opposite 3rd bridge - E edge of base of pole 84
Head East on bikepath, R on path in front of Fiedler Statue, cross 2nd bridge
Cross bike path and follow path that goes along Storrow Drive
Follow to Langfellow Bridge, bear right around Eborsol Fields, Left after pool onto bikepath west

1 Mile - 50' past pole 161 on right, At bench "The Burnes Family" inside field
Continue west, bear right on path along river after Langfellow
Bear right around shell, continue on westbound path, becomes path between Storrow and Lagoon

2 Mile - After 4th bridge - 19' before pole 1482 (2nd pole after bridge)
Continue to merger of paths prior to Mass Ave bridge - make 180 degree turn, east along river,
Right on path before stairs, L on main path, L over 5th bridge, follow island path along river

3 Mile - Opposite 3rd bridge, 19' before base of pole 83, 62'4" before starting line
continue through starting line, approach turn to 2nd bridge

Finish: 6'7" west of west concrete bench base on triangular grass area with Fiedler statue

