



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course certification effective date: _____

Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
Use this Certification Code in ***all*** public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If ***any*** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

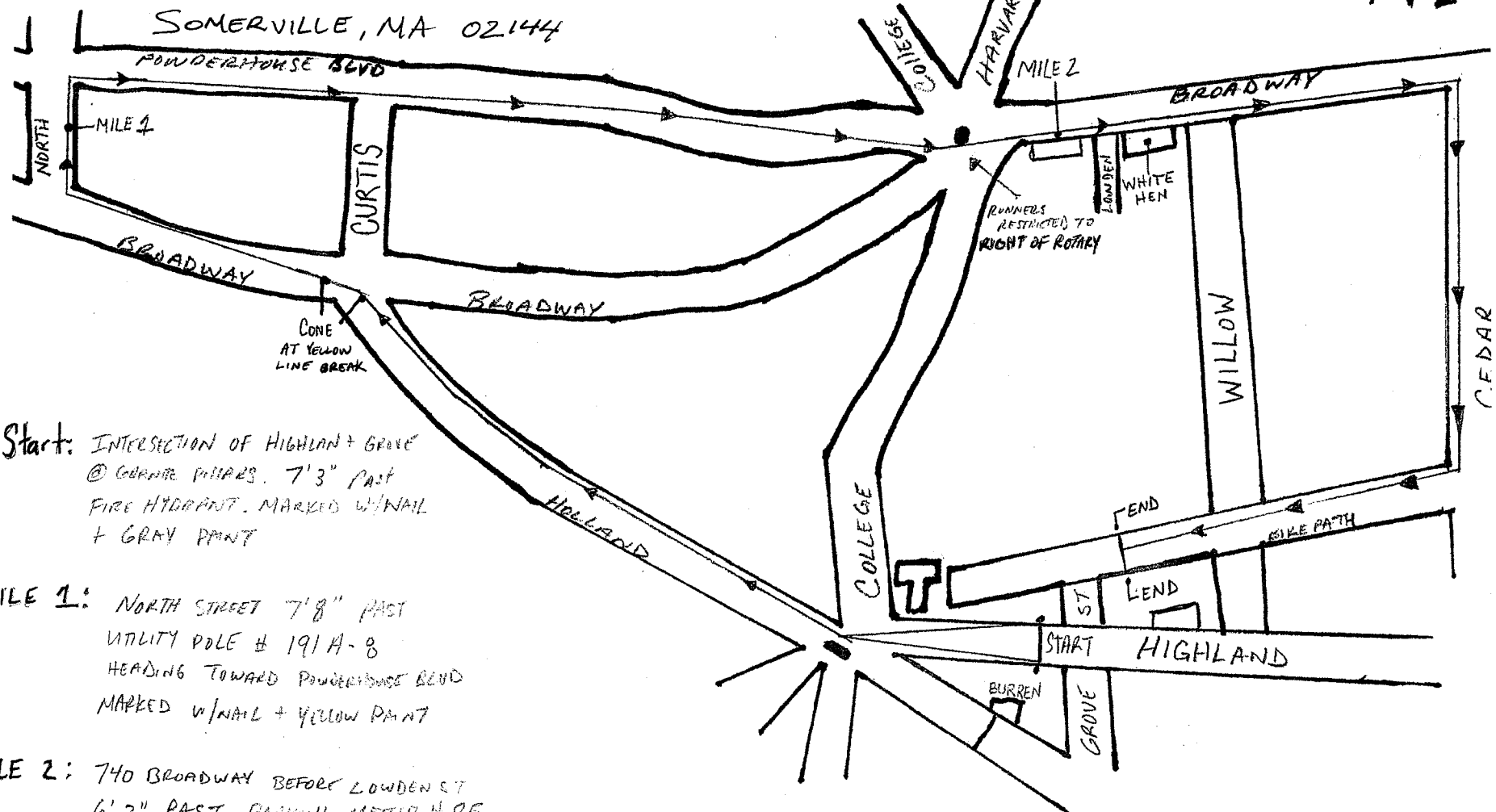
This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

Date: _____

Rás na hÉireann U.S.A 5Km

12 MARCH 09 N1



Start: INTERSECTION OF HIGHLAND + GROVE
@ CURB PILLARS. 7'3" PAST
FIRE HYDRANT. MARKED W/ NAIL
+ GRAY PAINT

MILE 1: NORTH STREET 7'8" PAST
UTILITY POLE # 191A-8
HEADING TOWARD POWDERHOUSE BLVD
MARKED W/ NAIL + YELLOW PAINT

MILE 2: 740 BROADWAY BEFORE LOWDEN ST
6'2" PAST PARKING METER # 35
MARKED W/ NAIL + YELLOW PAINT

MILE 3: BIKE PATH AFTER WILLOW ST.
HEADING TOWARD FINISH 36'6"
PAST POLE # 32 AND 30'3"
BEFORE POLE # 31 MARKED W/
NAIL + YELLOW PAINT IN MIDDLE OF PATH

END: BIKE PATH 36' PAST GATE IN LINE
WITH BLACK LIGHT POLES



USATF Certification #MA09005JK
Effective 3/14/2009 - 12/31/2019
Drop 0.3 m/Km, Separation 2.3%

Craig Manning 2009