

Erin Dromgoole Named USATF – New England Athlete of the Month for November



BOSTON – Erin Dromgoole, age 26 of Millbury, MA has been named USA Track & Field’s Athlete of the Month for November 2005. On November 6, Dromgoole, a 2002 Dartmouth College graduate who runs for Reebok Boston, won the New England title in the women’s 6K championship at the USATF – New England Cross Country Championships held at Franklin Park in Boston. Dromgoole, who finished in 21:12 was third female overall, behind two foreign athletes. On November 19 at the USA Fall National Cross Country Championships held in Rochester, NY, Dromgoole ran an outstanding race, finishing 4th in 20:37, just seven seconds behind the winner. She capped off her month of peak performances on November 24, with a win at the Thanksgiving Day SRR GobbleGobbleGobble 4 mile road race.

Asked about her improvement this year and her stellar races in November, Dromgoole said that since earning her M.A. in history at Tufts this spring, she’s been able to focus better on her training, running consistently high mileage and staying free of injury. She

spoke of the importance of having a lot of fun with the sport and enjoying her teammates as a means of renewing and refreshing her motivation. Her training is now focused on the USA Cross Country Trials to be held in Clermont, Florida in March. She will run in the women’s 8K race, with a chance to qualify for the U.S. team that will compete at the IAAF World Championships in France later that month.

At the USATF Annual Meeting in Jacksonville, FL at the end of November, **Barbara Jordan** of South Burlington, VT was announced as one of six new inductees in the Masters Track & Field Hall of Fame. Also at the Annual Meeting, USATF president, Bill Roe, awarded a President’s Award to the **Reggie Lewis Track & Athletic Center**. The Reggie Lewis track, under the direction of Roxbury Community College Athletic Director, **John Thomas**, a two time Olympic medallist in the high jump, and Center Director **Keith McDermott**, in recent years has been the site of many of the nation’s most important indoor track meets. This coming indoor season, the freshly resurfaced track will host the USA Indoor Track & Field Championships for the fourth consecutive year in February. In March it will host both the USA Masters Indoor Track & Field Championships and the NCAA Division II Indoor Championships.

Athlete of the Month
 is a new program for
 USATF- New England
 and is designed to
 recognize outstanding
 performers at all levels of
 the sport. USATF-NE will
 name a new honoree each
 month and feature the
 athlete on the USATF-NE
 website.

USATF – New England’s mission is to continue its leadership role as one of the outstanding associations of the national governing body in Athletics.
 USATF – New England provides opportunities for athletes of all ages to pursue excellence in long distance running, race walking, and track and field, from grassroots to the elite level.