

Eric Ashe Named USATF – New England’s Athlete of the Month for October 2012



Photo: Steve Vaitones

BOSTON – **Eric Ashe** of Brighton, MA, who competes for the Boston Athletic Association (B.A.A.), has been selected as USA Track & Field - New England’s Athlete of the Month for October 2012. On October 28, Eric ran his debut marathon at the Cape Cod Marathon in Falmouth, MA. The race served as the USATF-New England Marathon Championship. At the half-marathon mark, Ashe was one of three leaders, but soon after that, broke open the race by running strongly on a series of short hills. He eventually opened up a three minute margin, and despite what he described as “brutal headwinds” in the closing miles, was

able to maintain well and win the race with a time of 2:26:12.

Earlier in the month, on October 7, Eric had prepared for his first marathon by running the 12th Annual B.A.A. Half Marathon. Ashe won the race decisively in 1:07:29, well over a minute ahead of the second finisher.

A former standout at Boston University, Eric joined the Boston University staff as an assistant cross country coach in 2011 and is now entering his third season on the staff. While at B.U., Eric helped lead the Terriers to their first America East cross country championship in 2010 with a second place finish. He was also a team captain and team MVP.

Still an active member of the B.A.A., Eric had been planning to race the Hartford Marathon in October 2013, but decided against it after calf and heel injuries, limited his training this past summer. Though his training is ramping up again, he has no immediate race plans, but may consider the USATF Cross Country Club Nationals in December if he remains healthy and is able to build sufficient mileage. He has also registered for the 118th Boston Marathon in April 2014 and is looking forward to the event, noting that it “should be a very memorable race for the community.”