

## Christin Doneski Named USATF – New England’s Athlete of the Month for July 2013



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BOSTON – **Christin Doneski**, age 42 of Hopkinton, NH, who competes for the Whirlaway Racing Team, has been named USA Track & Field - New England's Athlete of the Month for July 2013. During the month, Christin secured wins in both the masters (age 40+) and overall divisions of the USATF-NE Mountain Running Circuit with locally top finishes in the final two circuit races.

At the Loon Mountain race in Lincoln, NH on July 7, Doneski was both the overall and masters women's winner in a record time for the 40+ division. Two weeks later at the Cranmore Hill Run in North Conway, NH on July 21, which served as both the U.S. Mountain Running Championships and the NACAC (North American, Central American and Caribbean) Championships, she had another strong outing.

Against a national field, she was the first New England finisher, second in the 40+ division, and 12th overall in the women's race.

In addition to her dominance in the mountain races, Christin has also had much success in the road racing circuit, making a mark at three consecutive USATF-NE Road Racing Grand Prix events in June, July and September. First, she led the Whirlaway Racing Team to the masters team title at the Hollis Fast 5K, completing the race in a speedy 17:27. Then at the Carver Cranberry 5 Mile, she was the first master and 7th overall woman, leading her team to the 40+ win. In the Lone Gull 10K in Gloucester on September 15, Christin was once again the first women's masters finisher, racing to a time of 37:05, and leading her team to the masters team title and second place in the open team race.