

## Abbey D'Agostino Named USATF – New England's Athlete of the Month for November 2013



*Photo: Mike Scott*

BOSTON – Dartmouth College senior **Abbey D'Agostino**, from Topsfield MA, is the USA Track & Field - New England Athlete of the Month for November 2013. On November 23 at the NCAA Division I Cross Country National Championship in Terre Haute IN, Abbey became the first Ivy League runner, male or female, to win a national cross country title. In cold, windy, and muddy conditions, D'Agostino took control of the race over the last two kilometers and won by three seconds. She also won the East Region qualifying race on November 15. USA Track & Field named her Athlete of the Week on November 25, and the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) named her Women's National Athlete of the Year.

Abbey added more titles and honors during the 2014 indoor and outdoor track seasons, and finished her career at Dartmouth as a 7-time NCAA national champion and 13-time All-American. She is the most decorated track & field athlete in Dartmouth College and Ivy League history. Her personal bests include 1500m. in 4:09.77, mile in 4:28.31, 3000m in 8:51.91 and

5000m in 15:11.35.

On June 18, Abbey signed a professional contract with New Balance to join their new elite racing team based in Boston. Mark Coogan, Abbey's coach at Dartmouth College, joined New Balance's Running Sports Marketing Team earlier this year, and will continue to coach her. In an interview with Runner's World, Coogan, a 1996 U.S. Olympian in the marathon, said, "Abbey is someone we believe can be one of the best runners ever from the U.S." D'Agostino's current contract will support her through the U.S. Olympic Team Trials in June 2016.

Abbey was also USATF-NE athlete of the month in June 2012.