



**USATF National Officials Committee**  
**Association Level Rules Review**  
**Race Walk Judges and Race Walking Officials**  
**2009-2012 Olympiad Edition**

**I**nstructions: Fill in the missing word(s) from the following rule statements taken from the *USA Track & Field 2008 Competition Rules*. Although some statements provide a contact reference (e.g., “[ ]”) or do not complete the entire sentence (as indicated by “...”), the statements are quotes drawn from the *USA Track & Field 2008 Competition Rules* but not in a sequential order. Please **PRINT** your answers on the **ANSWER SHEET** provided and return it to your Association Certification Chair for his/her review.

**Purpose:** This is not an exam. Rather, our goal is that every certified Race Walk Judge and Race Walk Official be familiar with and understand the current content and location of the rules applied to USATF Race Walk competitions. This review, a part of the Committee’s three-step training program (clinic, formal rules review and supervised practice), emphasizes those rules, which are basic to USA Track & Field Race Walk competitions. Effective Race Walk Judges and Race Walk Officials do not rely on memory alone in making decisions—when in doubt they look it up. Note this review is intended for Race Walk Judges and Race Walk Officials certification only. This is a supplemental review and you need to also complete the general Association T&F review to be certified.

**Note:** *This is a 2009-2012 Olympiad Rules Review and requires the USA Track & Field 2008 Competition Rules Book to complete. The rulebook can also be found on line under USATF.org under Officials or usatfofficials.com under Rules.*

1. (Athletic Attire) The competitors must not wear clothing that could (1)\_\_\_\_\_ the view of the judges.
2. (Judges of Race Walking) The Judges of Race Walking shall have the sole (2)\_\_\_\_\_ to determine the fairness or unfairness of walking...
3. (Judges of Race Walking) When in the opinion of a Judge, a competitor fails to comply with Rule 232.2, the Judge should issue a red card. A red card is that Judge’s proposal for (3)\_\_\_\_\_ of a competitor.
4. (General Rules) ...for all events 10 km or longer....In addition to refreshments provided by the Organizing Committee, athletes shall be permitted to provide their (4)\_\_\_\_\_ refreshments at refreshment stations.
5. (Rules Applicable to Race Walking Events) For records.... At least half of these judges shall have (5)\_\_\_\_\_ or higher certification, and at least one of these judges must have Master or IAAF certification.
6. (Masters Race Walking Championships) Masters race walking Championships may be held at any distance 1500 m or longer and may be (6)\_\_\_\_\_ with the Open Championships.
7. (Courses and Conditions for Walking Events) In Championships.... The circuit for events of less than 10 kilometers shall be a (7)\_\_\_\_\_ of 1250m.
8. (Judges of Race Walking) The failure to give prompt notification shall not result in the (8)\_\_\_\_\_ of a disqualified competitor.
9. (Judges of Race Walking) ....the completed Judges’ Summary Sheet shall be (9)\_\_\_\_\_ as soon after the event as possible.
10. (Race Walking Championships) Team members must be (10)\_\_\_\_\_ prior to the competition.
11. (Lap Scorers) No Lap Scorer shall be responsible for more than four competitors (11)\_\_\_\_\_ in the case of walking events.....).

12. (Timers) For races partially or entirely off the track, split times should be given to the competitors (12)\_\_\_\_\_ by use of a visible time clock, orally, or both at appropriate locations on the course.
13. (The Competition) In any track event of 20,000 meters or more or in any road race, a competitor may leave the road or track with the permission and under the control of a judge or other authorized official, provided that by going off or returning to the course the athlete does not (13)\_\_\_\_\_ the distance to be covered.
14. (Judges of Race Walking) A Judge shall record all proposals for disqualification on the Judge's (14)\_\_\_\_\_.
15. (Judges of Race Walking) The Judges will serve as (15)\_\_\_\_\_ if none are assigned.
16. (Race Walking Officials) Race Walking Officials may be appointed to assist in the (16)\_\_\_\_\_ of the race walking events(s).
17. (General Rules) In track races a competitor who is disqualified shall immediately (17)\_\_\_\_\_ the track.
18. (General Rules) In Championships, the circuit for events 10 kilometers and longer shall be a (18)\_\_\_\_\_ of 2500m.
19. (Rules Applicable to Race Walking Events) Race Walking performances may be accepted as records only if made in competitions (19)\_\_\_\_\_ to race walkers.
20. (Association) An athlete who has competed in the Championship of one Association shall not be (20)\_\_\_\_\_ to compete in the same Championship of any other Association.
21. (Numbers) The number bibs are to be worn as (21)\_\_\_\_\_ (cutting or folding numbers is not permitted).
22. (Assistance to Athletes) "Assistance" ...includes pacing in...walking events by persons not participating in the event, by competitors (22)\_\_\_\_\_ or about to be lapped, or by any kind of technical device.
23. (Timing) The times for races partly or entirely outside the stadium shall be converted and recorded to the next longer (23)\_\_\_\_\_ second.
24. (Judges of Race Walking) Judging decisions are made as seen by the (24)\_\_\_\_\_.
25. (Judges of Race Walking) In road races, depending on the size and layout of the course there should be a minimum of (25)\_\_\_\_\_...Judges, including the Chief Judge.
26. (Judges of Race Walking) When red cards from three different judges have been sent to the Recorder of Chief Judge on the same competitor, that competitor (26)\_\_\_\_\_ disqualified and shall be notified...by the Chief Judge.
27. (Definition) Race Walking is a progression of steps so taken that the walker makes contact with the ground so that no (27)\_\_\_\_\_ loss...of contact occurs.
28. (General Rules) Athletes shall not use ...CD or CD ROM players, radio transmitters or receivers, mobile phones, computers, or any similar devices during the (28)\_\_\_\_\_.
29. (Definition) The advancing leg must be (29)\_\_\_\_\_ from the moment of first contact with the ground until the leg is in the vertical upright position.
30. (Scoring) The team Championships in...Race Walking.... Shall be scored by (30)\_\_\_\_\_.
31. (Judges of Race Walking) Competitors must be (31)\_\_\_\_\_ by any judge when, by their mode of progression, they are in danger of ceasing to comply with the definition of race walking.
32. (Umpires) In walking events, the assigned Umpires shall perform their duties as in any other events, but shall not be responsible for (32)\_\_\_\_\_ rules, which are the responsibility of the Judges of Race Walking.
33. (Judges of Race Walking) All judges shall act in an (33)\_\_\_\_\_ capacity.

34. (Judges of Race Walking) The (34)\_\_\_\_\_, and when applicable, the Chief Judge's Assistant, shall use a red paddle for signaling disqualification.
35. (Jury of Appeal) A Jury of Appeals composed of three or (35)\_\_\_\_\_ persons, preferably certified officials, may be established by the Games Committee...
36. (General Rules) In walks where multiple distances are contested simultaneously, each contestant must declare on the entry form which distance is being entered. Times for other distances.... are valid only if the competitor finishes the distance (36)\_\_\_\_\_.
37. (Qualifying Race Walks) All walking events that qualify or advance a competitor to subsequent events must be competitive, race walk (37)\_\_\_\_\_, events that comply fully with race walk Competition Rules.
38. (Judges of Race Walking) Each Judge shall use a (38)\_\_\_\_\_ paddle for signaling cautions.
39. (Meet Personnel-Road Events) It is recommended that there be 6 to 9 Race Walking Judges, plus a sufficient number of Race Walking (39)\_\_\_\_\_.
40. (Non-Championships) So far as possible, the rules for the conduct of championships shall apply to all other competitions conducted or sanctioned by USA Track & Field or any of its (40)\_\_\_\_\_.
41. (Referee) A Referee shall have the authority to warn any competitor for acting in an unsporting or (41)\_\_\_\_\_ manner.
42. (Assistance to Athletes) ...Nor shall any competitor be allowed, without the permission of the Referee or Judges, to receive assistance or (42)\_\_\_\_\_ from anyone during the progress of the competition, except as provided by Rules 144.9, 144.10, 144.11, 232 or 241.
43. (Judges of Race Walking) The Judges.... rulings thereon shall be final and without (43)\_\_\_\_\_.
44. (Numbers) When two number bibs are provided they shall be worn on the (44)\_\_\_\_\_, front and back.
45. (Finish Line Recording and Timing) False starts in road races should not be (45)\_\_\_\_\_.
46. (General Rules) In all National, Regional and Association Masters Championships, there must be a full complement of individual events, by (46)\_\_\_\_\_-year age divisions, for both men and women.
47. (Course Certification) The course used for a competition must be certified (47)\_\_\_\_\_to the running of the event in accordance with USATF Operating Regulation 6...
48. (Assistance to Athletes) Medical personnel authorized by the Games committee or Referee to do so may (48)\_\_\_\_\_any athlete who appears in distress.
49. (Meet Personnel) Officials necessary at athletic events: There should be as many (49)\_\_\_\_\_ at a meet as are necessary for its orderly and efficient operation, and compliance with these rules.
50. (Race Walking Championships) A maximum of five and a minimum of (50)\_\_\_\_\_ athletes form a team for National Championships.



**USATF National Officials Committee**  
**Association Level Answer Sheet**  
**Race Walk Judges and Race Walking Officials**  
**2009-2012 Olympiad Edition**

\_\_\_\_\_ # Correct

\_\_\_\_\_ # Correct

**Name**

**Home Phone** ☎

*Please Print*

*Please be neat!*

**E-mail address**

<i>Street</i>	<i>City</i>	<i>State</i>	<i>Zip</i>

Instructions: Fill out complete form. From the attached Rules Review, indicate the appropriate answer. Year of Rulebook Used: **2008**

#	Rule	Page	Answer
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			
25.			

#	Rule	Page	Answer
26.			
27.			
28.			
29.			
30.			
31.			
32.			
33.			
34.			
35.			
36.			
37.			
38.			
39.			
40.			
41.			
42.			
43.			
44.			
45.			
46.			
47.			
48.			
49.			
50.			

Note: Passing Association 85%