

USA Masters Outdoor Track & Field Championships  
 August 2-5, 2007 Orono, Maine

*10-kilometer Race Walk on a 2-kilometer Loop (5 Laps, exactly)*

		2 Km	4 Km	6 Km	8 km	10 km
<b>LAPS TO GO:</b>		4	3	2	1	0
<b>ATHLETE</b>	<b>LAPS DONE:</b>	1	2	3	4	5

RACE DATE \_\_\_\_\_ MEET \_\_\_\_\_

EVENT \_\_\_\_\_ LAP COUNTER \_\_\_\_\_