

RACE SUMMARY AND APPLICATION FOR RECOGNITION OF PERFORMANCES IN TIME-DEFINED LONG DISTANCE RUNNING EVENTS (1 HOUR-144 HOURS)

PART I: GENERAL INFORMATION

RACE: Name _____ Distance _____meters/km/miles

Type (check one)1 Hr2Hr12Hr24Hr48Hr144Hr Date// Race date next yr/_/ USATF sanctionyesno Location City St	The information supplied on this form and the accompanying results will be used by USATF and Mountain/Ultra/Trail Council (MUTC) to document the sport of running and identify the best runners of all ages in
PERSONNEL: Director's Name Tel	each state. If any items of information are unknown, leave them blank and fill in
Your name Tel	what you can. This data is important to the growth of
Address	our sport so we thank you in advance
City St Zip	for your cooperation.
PARTICIPANTS: Number of entrants	
Number of male finishers Number of female finishers	Specific Instructions for Different Event Types
TRENDS: Was the number of participants up or down from last year?	Low key, small event, USATF
Possible reasons for decrease, increase, or no change	certified course or standard track but We'll never have a record"
RACE DAY CONDITIONS: Describe environmental factors (humidity, wind, rain, temperature, manmade obstructions, etc.) which might have affected performances:	Actually, very few events have no noteworthy performances. We are also looking for nationally ranked times for each year and state records or rankings.
PART II: THE COURSE (Check one) Entirely on a curbed track of meters/yards	2. Uncertified road course or track with no curb: Complete page 1 only, as this information enables USATF to update statistics. Records are not possible on these courses.
Entirely on an uncurbed track of meters/yards	
Entirely or partially on a road course, distance meters/yards/km/meters	rs
If road or track with no curb (USATF Rule 263): I, the undersigned, hereby attest that the event identified in Part I above was conducted on inspector, if required, as described on the attached USATF/RRTC Course Measurement Co	
In the event that a record is to be validated, the following evidence is available:	
photo of finish photo of turnaround (if applicable) photos of cones on turns	
videotape of	
other	
Signed Race	Director

About This Form

PART III: TIMING AND SCORING

Describe the indicator of the state of the s	Landadamain editer e	4:	h	ad the menth of the first	
Describe the judging system used of partial laps at the end of the ev		distances covered	by each participant ar	nd the method used to	measure the distance
2. WINNING PERFORMAND Distance completed by men's wir		ard behind rear edg	ge of athlete's last foo	otprint)	
Distance completed by women's					
The distances reported above are	accurate and the timing	and measurement	was in accordance w	ith USATF Rules 243	3–245.
Signed			Cl	nief Judge/Timer	
3. OTHER PERFORMANC If other performances (including lap sheets are included to verify the state of the sta	en-route distances, e.g.		ance in a 24-hour race	e) are submitted for re	ecord recognition and
Name of Athlete	(Age)	Date of Birth	Time	Distance	
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If en-route performances at standarecorded for such performances, p					
Name of Athlete	(Age)	Date of Birth	Stopped Time #1	Stopped Time #2	Distance
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4. LAP SHEETS Copies of lap sheets for all part	ormonoos submitted fo	n noonds noogni	ition are included wi	ith this application o	s now attached somn
Copies of lap sheets for all perform. Do NOT send original lap		or records recogni	mon are included Wi	un uns application a	s per attached samp
Signed			Cl	hief Scorer	

PART IV: BONA FIDE COMPETITION

I the undersigned, being the duly appointed referee for the above described race hereby attest that I am conversant with the rules, standards and requirements of USATF with respect to the conduct of a road race, if applicable. I am satisfied that:

- 1. The start was "fair" and in accordance with USATF Rule 242.
- The course was monitored to prevent course cutting and to the best of my knowledge all official finishers ran the course as certified (or as defined by the inside lane boundary of a track) and in accordance with USATF Rules 243 and 244.
- 3. The standards of bona fide competition were in effect and that all the award winners competed fairly and within the intent of USATF Rule 144.

USATF Rule 144.6—"...a competitor who shall receive any assistance whatsoever from any person may be disqualified by the Referee. 'Assistance' includes giving help or conveying help, to an athlete by any means....it also includes pacing in running or walking events by persons not participating in the event....Men and women shall not be considered to be in the same event..."

USATF Rule 144.8—"No attendant or competitor who is not actually taking part in the race shall accompany any competitor on the mark or in the competition, nor shall any competitor be allowed, without the permission of the Referee or Judges, to receive assistance or refreshment from anyone during the progress of the race, except as provided by Rule 144.9 (medical exams), and Rules 144.10, 144.11, or 241 (refreshments and sponging areas of road running and race walking events)."

Signed _	
	Referee or Race Director

Rule 125 of the Competition Rules of USATF establishes the role of the Referee as follows:

- 1. The Referee shall enforce all the rules and decisions of USA Track & Field and shall decide al questions relating to the actual conduct of the meet, the final settlement for which is not otherwise assigned by said rules (Rule 125.2)
- 2. The decision of the Referee is all matters shall be final and without appeal except for those meets or events for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals then shall have the final authority. (Rule 125.4) In long distance running events, a Jury of Appeals shall be appointed. (Rule 119)

The responsibilities of the Referee and the Games Committee are to confirm that the start and finish were in the correct locations, to be able to attest to the actual course followed by the runners and to be stationed with the timing and lap counting crews to ascertain that the timing devices were properly started and stopped and that all times and laps were properly recorded.

SUMMARY OF INFORMATION NEEDED

The recognition of road race performances is based on the following guiding principles:

- 1. The duration of the event must be not longer than the stated duration.
- 2. The actual distance covered must be at least as long as the distance claimed.
- 3. The performance was achieved in bona fide competition.
- 4. All applicable rules of USATF were followed.

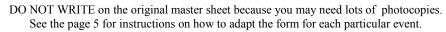
For performances to be eligible for annual rankings the following must be submitted:

1 01	performances to be engine for annual rankings the following must be submitted.
	A) COMPLETE SET OF RACE RESULTS (including the specific age, birth date, and home town of each finisher).
	B) ALL PARTS OF THIS DOCUMENT PROPERLY COMPLETED.
	C) COPY OF CURRENT USATF/RRTC COURSE MEASUREMENT CERTIFICATE WITH MAP, IF APPLICABLE.
	D) CODIES OF LAD SHEETS FOR ANY POTENTIAL RECORD HOLDERS

INFORMATION CONTACT

Andy Carr Atlanta Track Club 3097 E Shadowlawn Ave NE Atlanta, GA 30305 office@atlantatrackclub.org www.USATF.org

USATF LAP SHEET FOR LDR TRACK AND MULTIPLE-LOOP ROAD COURSES



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TRACK	A FIELD

Name of Event							TRACK& FIELD"		
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22	:41:22	JP		46	1:32:14	SB			
21	: 39:26	DB	6.	45	1:30:03	SB		IIM	
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Lap Sheet Instructions

Lap #: These should be written or typed onto a master set of lap sheets for each specific event in advance of the event. Enter lap numbers from the bottom up, left column first. The total number of laps should be sufficient to cover all possible performances in the event. For example, the world's best for 24 hours is 178.00 miles, or 712 laps of a 1/4-mile track. Therefore each runner's lap sheets for a 24-hour run on a 1/4-mile track should allow for approximately 720 laps. Since each lap sheet records 48 laps, there would be 15 lap sheets for each runner. Spare pages with no lap numbers should be on hand for emergency use.

Time: Times are recorded from the bottom up, left column first. This makes it easier for the race director and USATF lap sheet reviewer to compute individual lap times. Note that the bad lap (lap #30) is readily identifiable in this format.

Comments: Note anything that will influence the runner's pace, such as walk, rest, eat, bathroom break, massage break, medical check, etc.

Distance: Enter the total distance covered so far. No need to fill this in for each lap. These can be filled in advance on the event's master sheet set, or simply during the event by the lap counter or race director.

Init.: Every single lap time must be initialed by the person who recorded it. All recorders for each page must be listed, with contact address, at the bottom of the page.

The basic lap sheet is generic for all multi-lap events, whether held on road or track. The "lap number" is the only constant. All other columns are variable, depending on the certified length of a single lap of the course or track.