

Grand Prix Competition Guidelines

The USATF NE Grand Prix consists of seven road races of various distances where participants accrue individual and team points. Prize money is awarded in the team competition. For participating road race requirements, team eligibility and other information, please view the General Rules page.

1. Team Competition

- a. Competition is held in the following categories:

Open division - men and women

Age 40-and-over division - men and women

Age 50-and-over division - men and women

Age 60-and-over division - men and women

Age 70-and-over division – men and women

- b. Points are awarded to all scoring teams in all divisions, men and women. The first place team in each division will receive points equal to the number of scoring teams in that division, with a minimum of five points. The following team will receive one point less, and so on down to one point.
- c. Team scoring is by total time of the required number of runners in a division, low total time wins. Runners may score in any age division for which they are eligible. Older runners may score in any younger division as well as their own age division. Thus, open teams may include runners in their 40's, 50's, 60's and older; A 40+ team may include any runner over age 40, a 50+ team may include any runner over age 50.
- d. Only current USATF-NE member clubs are eligible to score for a team in Grand Prix competition. Only one team per division per member club will be scored (no a, b, c teams).
- e. All scorers for a club team must have current individual USATF membership
- f. The number of runners required to score for a team at various distances are as follows

MEN - Age Division	10 km and shorter	over 10 km through 25 km	16 miles and longer
Open	5	5	3
Masters 40+	5	5	3
50+	5	5	3
60+	3	3	3
70+	3	3	3

WOMEN - Age Division	10 km and shorter	over 10 km through 25 km	16 miles and longer
Open	5	3	3
Masters 40+	3	3	3
50+	3	3	3
60+	3	3	3
70+	3	3	3

- g. At the end of the series, prize money will be awarded to those clubs with the highest number of accumulated points. The total amount will be determined annually by the USATF-NE Board of Governors. Men's and women's teams will receive equal amounts for the same places in each division and the total amount for each division will be determined by the LDR Committee.

Open	top 8 teams
Masters 40-and-over	top 6 teams
50-and-over	top 4 teams
60-and-over	Top 2 teams
70 and over	Top 2 teams

2. Individual Competition

Individual competition will be scored for both men and women in the 39-and-under, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over.

- Points are awarded to the top ten USATF-NE finishers in each division. The winner will receive ten points, and the next finishers are awarded nine, eight, seven, six, etc., points, respectively, down to one point.
- Only current USATF-NE members are eligible for Grand Prix individual scoring. Membership should be secured by the start of the race. At the end of the series, awards will be presented to those athletes with the highest point total in each division.
- Runners score in the individual age groups based on age on race day. As of 2014, runners aging into another division during the year will accrue points in the age category in which they began the Grand Prix. They will also begin accruing points in their new age category.

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