

## USATF-NEW ENGLAND GRAND PRIX SELECTION WORKSHEET

2016

This worksheet is intended to help guide voters in their selection of the events in the 2016 USATF-NE Grand Prix Series. Three (3) "Event Proximity Rules" apply to eliminate voting for events that are in date conflict with one another under the following conditions:

1. No event of 15k or over can be selected if within 15 days prior to a marathon; no event can be selected within 15 days after a marathon.
2. No event can be selected if within 13 days prior to or following an event 12k-30k.
3. No event can be selected if within 7 days prior to or following any event 10k or shorter.

Mark  
with  
X

Miles	Category	Race Name	State	Date	Conflicts <i>If Selected Listed event cannot also be selected</i>	Conflicts <i>If Selected Listed event cannot also be selected</i>	Conflicts <i>If Selected Listed event cannot also be selected</i>	Conflicts <i>If Selected Listed event cannot also be selected</i>
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### Select 1 Event from the Marathons

	26.2	Marathon	Vermont City Marathon	VT	Sunday, May 29, 2016	Hollis 5k	Newton 10k		
	26.2	Marathon	Manchester City Marathon	NH	Sunday, November 6, 2016				

### Select 1 Event from the 10k's

	6.2	10k	Newton 10k	MA	Sunday, June 5, 2016	Hollis 5k	Vermont City		
	6.2	10k	Lone Gull 10k	MA	Sunday, September 25, 2016	Canton 10k	Canton 5k		
	6.2	10k	Canton 10k	MA	Sunday, October 2, 2016	Canton 5k	Lone Gull 10k		

### Select 1 Event from the 5 Milers

	5.0	5 miler	RibFest 5 Miler	NH	Sunday, June 19, 2016				
	5.0	5 miler	Bobby Doyle 5 Miler	RI	Sunday, August 14, 2016				
	5.0	5 miler	End of Summer Classic	MA	Friday, August 26, 2016	NH 10 Miler			

### Select 1 Event from the 5k's

	3.1	5k	An Ras Mor 5k	MA	Sunday, March 6, 2016	Five College 10 Miler			
	3.1	5k	Bedford Rotary 5k	NH	Saturday, May 21, 2016	Bedford Rotary 12k			
	3.1	5k	Hollis 5k	NH	Thursday, June 9, 2016	Newton 10k	Vermont City		
	3.1	5k	Canton 5k	MA	Sunday, October 2, 2016	Canton 10k	Lone Gull 10k		

### Select 3 Events of Different Distances from 12k-30k

	7.6	12k	Bedford Rotary 12k	NH	Saturday, May 21, 2016	Bedford Rotary 5k			
	10.0	10 miler	Five College Realtors 10 Mile	MA	Sunday, February 28, 2016	An Ras Mor			
	10.0	10 miler	NH 10 Miler	NH	Sunday, August 28, 2016	End of Summer Classic			
	12.4	20k	Seasons 20k	MA	Sunday, September 11, 2016				
	13.1	Half Marathon	New Bedford Half	MA	Sunday, March 20, 2016				
	13.1	Half Marathon	Middlebury Half	VT	Sunday, May 1, 2016				
	13.1	Half Marathon	New England Half	NH	Sunday, October 23, 2016	Manchester Marathon			

### Other Important Dates

		NE Track and Field Championships	MA	Sunday, February 21, 2016
USATF-NE Trail Champs		Merrimack River Trail Race	MA	Saturday, April 9, 2016
		Boston Marathon	MA	Monday, April 18, 2016
National Masters 10k		James Joyce Ramble	MA	Sunday, April 24, 2016
Mountain Series		Sleepy Hollow Mountain Race 10k	VT	Sunday, May 15, 2016
Mountain Series		Wachusett Mountain 10k	MA	Saturday, May 28, 2016
Mountain Series		Pack Monadnock 10 Miler	NH	Sunday, June 5, 2016
Mountain Series		Ascutney Mountain Run 3.7 M	VT	Sunday, June 12, 2016
Mountain Series		Mount Washington	NH	Saturday, June 18, 2016
USATF-NE Mountain Champs		Loon Mountain Race	NH	Sunday, July 3, 2016
Mountain Series		Cranmore Hill Climb	NH	Sunday, July 10, 2016
Mountain Series		Mount Greylock Road Race 8M	MA	Sunday, September 4, 2016
National 20k		New Haven 20k	CT	Sunday, September 5, 2016
National 5k		CVS Downtown 5k	RI	Sunday, September 18, 2016
National Masters 5k		Syracuse Festival of Races	NY	Sunday, October 2, 2016
Mountain Series		Bretton Woods Fell Race	NH	Sunday, October 2, 2016
		BAA Half	MA	Sunday, October 9, 2016
		USATF-NE One Hour Race Walk	MA	Sunday, October 9, 2016
National 10k (w)		Tufts 10k for Women	MA	Monday, October 10, 2016
Cross Country		Mayor's Cup	MA	Sunday, October 23, 2016
Cross Country		NE Cross Country Championships	MA	Sunday, November 13, 2016