



**USA**  
TRACK & FIELD  
SANCTIONED EVENT

## CHAMPIONSHIP BID APPLICATION 2010 USATF-NEW ENGLAND GRAND PRIX

Please complete form and mail to: USATF-NE, P.O. Box 1905, Brookline, MA 02446  
All Applications must be received by October 26, 2009  
Contact the USATF-NE office with any questions - [office@usatfne.org](mailto:office@usatfne.org) / 617-566-7600

Presentation meeting to be held November 2, 2009 at 7:00pm at  
Brandeis University, Gosman Sports Center, Napoli Room, Waltham MA  
Three proposed sites will be offered for on-line voting November 10-16, with results  
announced on Tuesday, November 17

We are bidding for the following championship (check one):

5 km     8 km/5 Mi     10 km     marathon    ←    4 Required Races  
 12 km     15 km     10 mile     half marathon     30 km    Other    ← Pick 3

Event Name: 4th Annual Lone Gull 10K  
 Race Organization: Lone Gull Charitable Trust  
 Race Contact Person: Wesley Lassen  
 Race Address: c/o New England Running Company  
 Race Telephone: 617-852-0433    Race e-mail: WesLassen@yahoo.com  
 Event Director (if different): \_\_\_\_\_  
 Director Address (if different): \_\_\_\_\_  
 Director Telephone: 617-852-0433    Fax: 978-922-8871    E-Mail: WesLassen@yahoo.com

### EVENT DETAILS

Please complete the following questions as well as the attached questionnaire.

- USATF-NE will receive a rights fee of \$600 (minimum fee is \$500).  
Please note: the sanction fee is additional and is also based on the number of entrants.
- Prize funds On a separate sheet, please give a breakdown of:
  - a. Individual men's and women's prize funds for open, masters, seniors, and veterans  
Will prize funds be limited to USATF- New England athletes only?  yes     some amount     no  
If money is not limited, please explain race policy on individual money  
Explain policies on double-clipping (e.g., runner placing in both open/masters)
  - b. Men's and Women's Team prize funds for open, masters and veterans  
Team prize money must be limited to USATF-New England member club teams only.
  - c. Other awards / divisions: 19 and under
- Types of media have been used to advertise or promote the event:  
Newspaper  (Running) Magazine  Web  Television \_\_\_\_\_ Radio \_\_\_\_\_ Mailings \_\_\_\_\_ Other: Down Races  
Event media contact (name/telephone): Wes Lassen 617-852-0433
- Additional comments regarding your race: 2009 Grand Prix 10K Championship. Raised over \$6K for charity. Beautiful course.
- Please attach the following:
  - a sketch showing: course lay-out; elevation; start, finish, intermediate points; water stations; parking; dressing and bathroom facilities; etc. Use course certification map if available.
  - a copy of 2009 race application and link to race results summary.
  - a copy of some newspaper, or website coverage from previous years.
- Representative of the race organization to be present at the November 10, 2008 bid meeting.

Name:

Title:

USATF-New England Championship to bid - 2/3

PLEASE PRINT OR TYPE. Use additional pages as necessary.

Race Name: 10K Loop Gull Neck Distance: 10K

Race Organization: Loe Gull Neck Trust

Are you conducting any other events in connection with this event? yes  no

If so, please describe: \_\_\_\_\_

Wheelchair division: yes  no

Event site (location, city, state): Good Harbor Beach, Gloucester MA

Event site (course name, city, state): Good Harbor Beach, MA \* MAGAZINE 2007

Course must be USATF certified to bid

Has this course been used by USATF-NE in the past? yes  no

If USATF sanction is required for Championship status, if no, why not

Race Date and day: 9/19/10 Alternate date: \_\_\_\_\_

Start time: 9 AM Are you flexible: no date no time \_\_\_\_\_ Neither

Normal weather conditions for this time of year:

Temperature: 55-60° F Humidity: low Wind: Moderate

2010 Race Entry Fee (pre/early): \$20 Day of Event Entry Fee \$26 Last Year's Entry Fees same

All races must offer a \$2 discount for teams submitting 5 or more entries together by the pre-entry deadline.

Other special discounts / benefits for USATF-NE team entries? \_\_\_\_\_

Will you waive entry fees for 2009 team champions at this distance? Yes  (which age groups?) No \_\_\_\_\_

Will you waive entry fees for 2009 individual age division champions at this distance (5 men, 4 women)? Yes  No \_\_\_\_\_

NOTE: The individual overall male and female NE Champions from 2009 must be offered waived entry.

Sponsor(s) committed for 2010 race: New England Running Company, Loe Gull Neck Office, Nike

Please indicate whether sponsor is new, or the number of years they have supported your race.

Race history. First organized in (year): 2007 number of years run: 3

Number of entrants in 2009: 920 in 2008: 700

Course record men: name Joseph Koehn time 30:20 year 2009

Course record women: name Bea Elly time 35:29 year 2009

Other notable aspects of race: \_\_\_\_\_

Course Details: loop (same start/finish) / loop (different start/finish) / point to point. Elevation: flat \_\_\_\_\_ rolling  hilly

Width of start: 100 feet Does course narrow within a quarter-mile of start? Yes  No \_\_\_\_\_ By how much? 75%

Will there be separate Men's / Women's start times? no

Is the course used in the past the same as the course that will run in 2009? if not, why not? yes

Is the course closed to traffic? Briefly describe traffic monitoring and other safety details, using a separate sheet if needed: No. There are police cruisers along course as well as course marshalls.

Medical services provided: Trained ERIT's on site.

Finish line and results

Name of timing service: Bay State Race Services Will Chip timing be used? yes

Race officials will be supplied by: USATF NE

Will you have a certified official to act as head referee? yes

Describe facilities available to athletes

Dressing and bathroom facilities: Plenty of restrooms available on site

Parking facilities - including if there will be a fee: Room for 1,500+ cars, no fee

Distance from registration area and parking to starting line: 1/4 mile

**The Fourth Annual Lone Gull 10K**  
**Lone Gull Charitable Trust**  
**Proudly Presented by**  
**The Lone Gull Coffee House & New England Running Company**

**Award Breakdown**

**Men's & Women's Divisions are the same**

**USATF New England Individual Divisions**

**Open           \$300, \$200, \$100**

**Masters       \$200, \$125, \$75**

**Seniors       \$200, \$125, \$75**

**Veterans      \$200, \$125, \$75**

**No double dipping**

**USATF New England Team Divisions**

**Open           \$400, \$300, \$200**

**Masters       \$300, \$200, \$100**

**Veterans      \$300, \$200, \$100**

**CASH AWARDS AVAILABLE TO USATF-NE RUNNERS & TEAMS ONLY!!!**  
**NO DOUBLE DIPPING!!!**

**The Fourth Annual Lone Gull 10K**  
**Lone Gull Charitable Trust**  
**Proudly Presented by**  
**The Lone Gull Coffee House & New England Running Company**

**Fourth Annual Lone Gull 10K**  
**Sunday, September 19, 2010**  
**9 AM**  
**Good Harbor Beach**  
**Gloucester, MA**

Ken  
AEO

**Major Sponsors Secured for 2010**

**Nike**  
**Lone Gull Coffeehouse**  
**New England Running Company**

**Course Description**

**Keyhole type course**  
**Fast & scenic route along the Atlantic Ocean that consists of rolling hills and**  
**plenty of fast, flat straight-aways**

**Starting line is approximately 60' wide**

**Course Records**

<b>Male</b>	<b>Joseph Koech</b>	<b>30:20</b>	<b>2009</b>
<b>Female</b>	<b>Brett Ely</b>	<b>35:29</b>	<b>2009</b>

**3 water stops**  
**Mile markers at every split**  
**Clock at 5K mark**  
**Open to traffic**

**Key Features**

**777 finishers in 2009, 487 finishers in 2008, 301 finishers in 2007**  
**500 Nike Drifit shirts to first 500 entrants**  
**Pre-race packet pickup for local runners**  
**Parking for over 1, 200 cars at Good Harbor Beach**  
**Bathroom facilities (no showers, just jump in the ocean)**  
**Individual purse of \$3,600**  
**Team purse of \$4,200**  
**Breakfast buffet after race**

**Charitable Contribution**

**"The Lone Gull Charitable Trust was created and shall be operated to raise funds to donate to 501(c)(3) organizations which are dedicated to: research of causes, treatment and cures of cancer; administering to the needs of cancer victims; or the needs of the families of cancer victims."**

**Camp Sunshine was the organization we chose as 2009's recipient**

9/19/2010 -

9 am start

3 yrs

1st year GP in 2009

4th year in 2010 -

800 runners  
in  
2009

Registration was bottlenecked

Working on issues: parking  
bathrooms

offer \$200 bonus for course record

3600 individual / 4200 for teams

\$20 pre  
26 post

\$2 discount for USATE

A tag for 2010

Q ~~Do you~~ weather?

tents for some coverage

Q parking - will do better