



USATF New England MINI MEETS AT M.I.T. SANCTIONED EVENT
TUESDAY EVENINGS
MAY 17, 24, 31, 2005

AT: Steinbrenner Track, M.I.T., Cambridge, MA

FOR: All ages and abilities.

Youth born 1995 & later are limited to races 800 meters & shorter; 1991-1994 to mile & shorter

SPONSORED BY: USATF - New England

WEEKLY SCHEDULE:

Running order is Youth then Adult, Women then Men

6:00 pm Registration

6:30 pm 1 Mile

100/110 Hurdles (adult only; you set 'em up in outside lanes)

100 Open/Youth Long Jump (3 attempts)

400 Open/youth Turbo-Jav (3 attempts)

800

4 x 100 relay

Racewalk (Adult mile/youth 800m) and 2 Mile, run together

ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A coach or parent must sign for all youth.

\$1.00 for youth - age 14 & under

\$3.00 for adults with current USATF membership

\$5.00 for all others age 15+

Notes:

Please stay off the track til M.I.T. Teams have finished their practice!

Meets are USATF sanctioned and open to all runners.

Races may combine Men & Women. All runners will be timed and recorded.

Youth divisions are 2 year age groups by year of birth (1995+, 1993-94, etc)

Relays are for all ages, any combination of ages, boys/girls, men/women - no awards

YOUTH CLUBS who participate are expected to provide at least one volunteer helper each week

Thanks to M.I.T. Athletics and the Track Teams for their support of this series.

DIRECTIONS TO M.I.T. Track:

The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave.

T: Red Line to Central Square. Walk south on Mass. Ave to Vassar Street, under 1/2 mile.

Parking: Available across the street. The garage will not be open.

The meets are a service of your New England USA Track & Field office.