

USATF - NEW ENGLAND OUTDOOR TRACK & FIELD CHAMPIONSHIPS

SUNDAY, June 19, 2005

Massachusetts Institute of Technology, Cambridge, MA

Hosted and organized by USA Track & Field - New England



Location:

M.I.T. Steinbrenner Track, Vassar Street, Cambridge

Directions: From I-93, take exit 26, and follow the signs to Back Bay along Storrow Drive West, approx. 1.5 miles, to the exit for Rte. 2A. The exit will be on the left, just before the Mass. Ave. Bridge. Follow the bridge; Vassar Street is the second street on the left after you cross Memorial Drive.

From I-90 east (Mass. Pike), take Cambridge/Brighton exit (exit 18). Following signs to Cambridge, cross River Street Bridge, turn right onto Memorial Drive. Turn left at the Hyatt Hotel, then bear right.

Date and Time

Sunday June 19, 2005

Registration: 10:00 AM

Entry Fee

Until June 17: \$15 for first event, \$5 for each additional event

Day of Event: \$25 for first event, \$10 for each additional event

Day of event entry taken until 12 noon ONLY

Relays: One free M/W relay for each NE club, additional relays \$10.

HAMMER: A hammer competition will take place at a separate location. See www.usatfne.org/track for date and location.

USATF Membership

All non-collegians **must** have a 2005 USATF membership (available at the meet for \$20). Collegians do not need membership if entered by their school.

Awards

Individual: Medals to top three in each event

Relays: Top one relay team

Teams: Plaques to NE Champions, men and women

Team Scoring

USATF-New England member clubs only: 5-3-2-1

Women followed by Men	
Sections run fast to slow	
11:30	5000 meters - combined M/W 21 minute limit
11:55	400 meter hurdles (must pre-entry)
12:05 pm	4x100 meter relays
12:15 pm	3000 meter racewalk (M & W together, 20 min. limit)
12:35 pm	100/110 meter hurdles
12:50p.m.	100 meters - finals on time
1:10 p.m.	400 meters
1:25 p.m.	800 meters
1:45 p.m.	200 meters
2:05 p.m.	3000m steeplechase, women then men
2:35 p.m.	1500 meters
To follow	4x400 meter relays
To follow	3000 meters
FIELD EVENTS - top 6 to finals	
Women followed by Men, unless noted	
11:30	Javelin - <u>Men</u> then Women
12:00	Pole Vault – M/W together W – 7'6 M – 12'
12:00p.m.	Shot put
12:00p.m.	Long Jump
To follow	Triple Jump
2:00 p.m.	High Jump - W open 4'8" M open 5'8"
2:00 p.m.	Discus
NOTE	NO HAMMER DUE TO FACILITY RESTRICTION. See usatfne.org for hammer championship location.

2005 USATF-New England Track & Field Championship - ENTRY FORM

A maximum of three (3) events per athlete is allowed.

First Name: _____ Male/Female: _____

Last Name: _____ Age (as of 6/19/05): _____

Address: _____ Date of Birth: _____

City: _____ Club: _____

State/ZIP: _____ 2005 USATF #: _____

Email: _____

EVENT

1. _____

2. _____

3. _____

Best Performance in 2004/2005

Make checks payable to:
USATF-NE

Mail completed entry form with entry fee:
USATF - New England
P.O. Box 1905
Brookline, MA 02446

Note: faxed entries will be charged the late entry fee!
Extra \$10 for first event.
Extra \$5 for additional events.

Assumption of Risk: I recognize that participating in track & field is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, Massachusetts Institute of Technology and it's Athletic Department, and any and all sponsors and individuals involved with the presentation and conduct of this meet. I hereby attest that I have full knowledge of the risk involved in competing in this event, and am physically fit and sufficiently trained to participate in this event.

Signature (parent or guardian if under 18): _____ Date: _____