

The George & Whitey King 4 x 1600 Relay



Thursday eve, August 10, 2006 - 7:00 p.m.
Moakley Park Track, South Boston

The George and Whitey King 4 x 1600 lets runners of all abilities team up for a competition at the South Boston track and run a fast mile. The event recognizes a pair of long time local officials who were also top milers in their day; George, in fact, was on a USA record setting 4 x 1500 relay.

Men's, Women's, Co-Ed teams - Open, Juniors, and Masters welcome. (Minimum age 14).

- USATF Sanctioned, hosted by HFC Striders, South Boston AC, and USATF-NE
- Club teams must be composed of bona fide members of that club. Pick up teams are any combo of runners
- Prizes for winning teams: Open M & W, Masters M & W, Junior (14-19), Co-ed (2m/2w) team
- 2006 Winners: Open: Quin-tree 19:11.5; Masters: HFC 20:55.2; Women: Franklin Alum 23:07.9

ENTRY FEE: \$15 per USATF club \$20 pick-up/all-star teams
Clubs get \$1 discount for each runner who is a current USATF member

Day of event entry accepted, pre-entry is requested. Team runners and order can be changed

SOUTH BOSTON AC DEVELOPMENT MEET - SEPARATE FEE TO RUN INDIVIDUAL EVENTS

6:00: Youth (14 & under): 100, 400, 800, Long Jump, TurboJav

7:00: Adult Events: 100, 400, Mile, LJ, TJ

RELAY FOLLOWS INDIVIDUAL EVENTS - 2 sections may be run if numbers warrant. Women then men.

More info: Contact USATF New England (617)566-7600 / office@usatfne.org

BRING THE BOTTOM PORTION TO THE MEET

OR RETURN BY MAIL to: Relay, USATF-NE, PO Box 1905, Brookline MA 02446

George & Whitey King 4 x 1600 Relay Race, Thursday, August 10, 2006

TEAM / CLUB NAME: _____ Male / Female / Co-ed

Team contact _____

Email _____ Phone _____

Waiver and Assumption of Risk: I understand running can be a potentially dangerous sport. In consideration of acceptance of this entry, I hold harmless USATF New England, the City of Boston, South Boston Neighborhood House, and all sponsors for any and all injuries suffered by me at this event. I have sufficiently trained for this event.

Runner (print name - all must also sign the waiver):

USATF#

1. _____ Age _____ Signature _____ / _____
2. _____ Age _____ Signature _____ / _____
3. _____ Age _____ Signature _____ / _____
4. _____ Age _____ Signature _____ / _____