

# USATF New England MINI MEETS AT M.I.T. SANCTIONED EVENT WEDNESDAY EVENINGS MAY 17, 24, 31, 2006

AT: Steinbrenner Track, M.I.T., Cambridge, MA

FOR: All ages and abilities.

Youth born 1996 & later are limited to races 800 meters & shorter; 1992-1995 to mile & shorter

SPONSORED BY: USATF - New England

## WEEKLY SCHEDULE:

Running order is Youth then Adult, Women then Men

6:00 pm Registration

6:25 pm 100/110 Hurdles (adult only; you set 'em up in outside lanes)

**6:30 pm** 1 Mile

100 Open/Youth Long Jump (4 attempts - you help rake)

400 Open/youth Turbo-Jav (4 attempts)

800

 $4 \times 100$  relay

Racewalk (Adult mile/youth 800m) and 2 Mile, run together

### ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A coach or parent must sign for all youth.

\$1.00 for youth - age 14 & under

\$3.00 for adults with current USATF membership, and age 15-18

\$5.00 for all others

# Notes:

Please stay off the track til M.I.T. Teams have finished their practice!

Meets are USATF sanctioned and open to all runners.

Races may combine Men & Women. All runners will be timed and recorded.

Youth divisions are 2 year age groups by year of birth (1996+, 1994-95, etc)

Relays are for all ages, any combination of ages, boys/girls, men/women - no awards

YOUTH CLUBS who participate are expected to provide at least one volunteer helper each week

Thanks to M.I.T. Athletics for their support of this series.

### DIRECTIONS TO M.I.T. Track:

The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave.

T: Red Line to Central Square. Walk south on Mass. Ave to Vassar Street, about 1/2 mile.

Parking: Available across the street. The garage will not be open.