

2006 USATF Region I Junior Olympic Track & Field Championships

Dietz Stadium Kingston High School, Kingston, New York (between Albany and NY City)

July 7 – 8 – 9, 2006

Multi-events on July 7, Bantam/Midget/Youth on 8th, Intermediate/Young on 9th

Entries: Athletes must submit their entry forms to their Association Coordinator **AT THEIR ASSOCIATION MEET!** Proof of birth or age certification stamp is **REQUIRED** with each entry. Entries will only be accepted from the Association Coordinator. Associations should send results by Hy-Tek back-up file and an advancer file to the host Association. **Postmarked** by July 1st 2006

Meet Directors: Dorothy Clinton and Adam Sanford

Entry Fees: \$7 per individual event, \$28 per relay, \$15 for Triathlon or Pentathlon (Bantam, Midget, Youth) \$15 for Heptathlon or Decathlon (Intermediate, Young Men/Young Women)

Rules: 2006 USATF Rules shall be in effect.

Games Committee: One Representative from each association.

Protest: Written protests must be submitted to the Meet Referee within 30 minutes of the events' closing. Should the matter be pursued further to the Jury of Appeals, a \$25 appeal fee should accompany the appeal. The fee shall be returned if the decision is reversed. The protest, if appealed, will go to a Jury of Appeals consisting of Representatives from each association.

Weigh In: Athletes are responsible for bringing their own implements. Implements must be weighed in one hour before the first scheduled field event each day of competition.

Facility: Dietz Stadium is an 8 lane all weather track. There are 4 jump pits, 2 high jump pits, pole vault pit, shot and discus areas.

Medical: A Medical Trainer will be available.

Check-In and Packet Pick-up:

Combined Events - Friday morning after 10:00 a.m. at the track.

Check the schedule for the specific time of each combined event.

Track & Field Events - Friday after 1:00 p.m. at the track.

Saturday & Sunday - 7:00 a.m. to the end of meet at the track.

Awards: Medals to top 3 finishers in each division. Participation ribbons to all other finishers.

NATIONAL QUALIFICATION: Top 3 individuals and relay teams in each event. Combined events advance top 2 plus a third if qualifying from the current year's standard.

NOTE: You must register for the National Junior Olympic Championship at the regional meet. You may not send your national entry in on your own!

Directions to Kingston High School

For exact directions from your address to Kingston High School, located at 403 Broadway, Kingston, New York 12401, go to www.mapquest.com.

Housing Options

<u>Hotel</u>	<u>Group Rate</u>	<u>From Track</u>
Holiday Inn Washington Ave Kingston, NY 12401 Contact: Debbie Harris 845-338-0400	\$150	2 Minutes
Quality Inn Rte 28, Kingston, NY 12401 Contact: Cecelia Madden 845-339-3900 Ext 101	\$99	3 Minutes
Superlodge Rte 28, Kingston, NY 12401 Contact: Cecelia Madden 845-339-3900 Ext 101	\$70	3 Minutes
Super Eight Motel 487 Washington Ave Kingston, NY 12401 Contact: Liz 845-898-3078	\$80	2 Minutes
Marriot Courtyard 500 Ulster Avenue Kingston, New York 12401 845-382-2300	\$139	10 Minutes
Skytop Motel Onteora Trail Kingston, NY 12401 845-331-2900	\$74 Thursday \$89 2 nights \$99 1 night	5 Minutes
Hampton Inn Rte 300 Newburgh, NY 845-567-9100	\$154	30 Minutes
Broadway Inn 666 Route 299 New Paltz, NY 845-883-7373	\$169 (Suite)	20 Minutes
Econo Lodge 530 Main Street New Paltz, NY 845-255-6200	\$145 \$79 Friday	20 Minutes
Super Eight Motel Rte 9W Kingston, NY 12401 845-691-6888	\$85 Friday \$110	18 Miles

REGION I JUNIOR OLYMPIC CHAMPIONSHIP - SCHEDULE and Order of Events

Times listed for events will be the earliest an event will begin.

Friday, July 7, 2006: Combined Events

1:00 PM - Triathlon: BB/BG SP, HJ, 400m (B), 200m(G)

1:00 PM - Decathlon: IB/YM 100m, LJ, SP, HJ, 400m

1:30 PM - Heptathlon: IG/YW 100H, HJ, SP, 200m

1:30 PM - Pentathlon: MG, MG 80H, SP, HJ, LJ, 1500m (B), 800m (G)

1:30 PM - Pentathlon: YG/YB 100H, SP, HJ, LJ, 1500m (B), 800m (G)

Saturday, July 8, 2006: Combined Events

8:00 AM - Decathlon: IB/YM 110H, Discus, PV, Javelin, 1500m

8:00 AM - Heptathlon: IG/YM LJ, JT, 800m

SATURDAY JULY 8, 2006: TRACK EVENTS

9:15 AM

80mHH/100m HH YB/YG/MG/MB

3000m MG/MB/YG/YB

10:30 AM

400m BG/BB/MG/MB/YG/YB

11:15 AM

100m BG/BB/MG/MB/YG/YB

12:00 PM

3000m RW (YG/YB) together

4x800m Relay MG/MB/YG/YB

1:00 PM

4x100m Relay BG/BB/MG/MB/YG/YB

1500m RW (BB/BG/MG/MB) together

200m H YG/YB

2:00 PM

1500m BG/BB/MG/MB/YG/YB

100m BG/BB/MG/MB/YG/YB

800m BG/BB/MG/MB/YG/YB

80mHH/100mHH MG/MB/YG/YB

200m BG/BB/MG/MB/YG/YB

4x400m Relay BG/BB/MG/MB/YG/YB

SATURDAY JULY 8, 2006: FIELD EVENTS

9:00 AM

SP - BG/BB/YG/YB/MG/MB

HJ -MG/MB/BG/BB/YG/YB

TJ -YG/YB

10:00 AM

Discus- YG/YB/MG/MB

11:00 AM

PV - YG/YB

12:00 PM

Javelin- YG/YB

12:00 PM

LJ - MG/MB/BG/BB/YG/YB

1:00 PM

Turbo Javelin - BG/BB/MG/MB

SUNDAY JULY 9, 2006: TRACK EVENTS

8:30 AM

5000m YM

9:00 AM

5000m RW IG/YW/IB/YM together

9:45 AM

400mH IG/YW/IB/YM

10:00 AM

4x100m Relay IG/YW/IB/YM

10:15 AM

3000m IG/YW/IB

100m IG/YW/IB/YM (Top 8 Times)

11:00 AM

4x800m Relay IG/YW/IB/YM

100mHH/110mHH IG/YW/IB/YM (Semi)

1500m IG/YW/IB/YM

400m IG/YW/IB/YM

100m IG/YW/IB/YM (Finals)

2000m Steeplechase (IB/YM)/(IG/YW) (may be combined)

100mHH/110HH IG/YW/IB/YM (Final)

800m IG/YW/IB/YM

200m IG/YW/IB/YM

4x400m Relay IG/YW/IB/YM

SUNDAY JULY 9, 2006: FIELD EVENTS

9:00 AM

SP - YW/YM/IB/IG

HJ - IB/IG/YW/YM

TJ - YW/YM/IG/IB

10:00 AM

PV - (IG/YW), followed by (IB/YM)

11:00 AM

Discus - YW/YM/IG/IB

11:30 AM

LJ - YW/YM/IG/IB (follows TJ)

Javelin - IG/YM/YW/IB)

Hammer-IB/YM/IG/YW

(Hammer does not advance to National JO)