USATF New England MINI MEETS AT M.I.T. WEDNESDAY EVENINGS

MAY 16, 23 and 30, 2007

6:30 p.m.

AT: Steinbrenner Track, M.I.T., Cambridge, MA

FOR: All ages and abilities.

Youth age 10 & under are limited to races 800 meters & shorter; 11-14 to mile and under

SPONSORED BY: USATF - New England

WEEKLY SCHEDULE: Begins at 6:30 - or after MIT Practice is completed

Running order is Adult then Youth, Women then Men

6:15 pm Registration

6:30 pm 100/110 Hurdles (adult only; you put 'em out)

1 Mile

100 Open/Youth Long Jump (3 attempts) - must help rake

400 Open/youth SP if club supplies officials

800

4 x 100 relay

Mile or 800m Racewalk and 2 Mile Run together (adult only)

ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A coach or parent must sign for all youth.

\$1.00 for youth - age 14 & under

\$3.00 for adults with current USATF

\$5.00 for all other adults

Notes:

Please stay off the track til M.I.T. Teams have finished their practice!

Meets are USATF sanctioned and open to all runners.

Races may combine Men & Women All runners will be timed and recorded.

Youth divisions are 2 year age groups by year of birth (1997+, 1995-96, 1993-94)

Relays are for all ages, any combination of ages, boys/girls, men/women

Please get your athletes to the starting lines on time!

ALL YOUTH CLUBS are expected to provide one volunteer each week to help, if needed

Thanks to M.I.T. Athletics and the Track Teams for their support of this series.

DIRECTIONS TO M.I.T. Track:

The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave. T: Red Line to Central Square. Walk south on Mass. Ave to Vassar Street, under 1/2 mile. Parking: Available across the street. The garage will not be open.

RESULTS: www.usatfne.org/track

The meets are a service of your New England USA Track & Field office