The George & Whitey King 4 x 1600 Relay

Thursday eve, August 6, 2009 - 7:30 p.m. Moakley Park Track, South Boston



The George and Whitey King 4 x 1600 lets runners of all abilities team up for a competition at the South Boston track and run a fast mile. The event recognizes a pair of long time local officials who were also top milers in their day; George, in fact, was on a USA record setting 4 x 1500 relay.

Men's, Women's, Co-Ed teams - Open, Juniors, and Masters welcome. (Minimum age 14).

- USATF Sanctioned, hosted by HFC Striders, South Boston AC, and USATF-NE
- Club teams must be composed of bona fide members of that club. Pick up teams are any combo of runners
- Prizes for winning teams: Open M &W, Masters M & W, Junior (14-19), Co-ed (2m/2w) team of any age combo

ENTRY FEE: \$12 per USATF club team \$20 pick-up/all-star teams

Discount \$1 per runner who has current USATF membership
Day of event entry accepted, pre-entry is requested. Team runners and order can be changed

SOUTH BOSTON AC DEVELOPMENT MEET - SEPARATE FEE TO RUN INDIVIDUAL EVENTS

6:00: Youth (14 & under): 100, 400, 800, Long Jump, TurboJav 7:00: Adult Events: 100, 400, Mile, LJ, TJ, SP, TurboJav RELAY FOLLOWS INDIVIDUAL EVENTS

BRING THE BOTTOM PORTION TO THE MEET

More info: Contact USATF New England (617)566-7600 / office@usatfne.org

OR RETURN BY MAIL to: Relay, USATF-NE, PO Box 1905, Brookline MA 02446

George & Whitey King	g 4 x 1600 Relay Race, Th	nursday, August	6, 2009	
TEAM / CLUB NAME:			Male / Female / Co-ed	
Team contact			_	
Email		Phone		_
Waiver and Assumption of Risk: I	understand running can be a potential e City of Boston, South Boston AC, HFC	y dangerous sport. In cor	nsideration of acceptan	ice of this entry, I hold
Runner (print name - all must also sign the waiver):				USATF#
1	Age	Śignature		/
2	Age	Signature		/
3	Age	Signature		/
4	Age	Signature		/