



USA Track & Field Coaching Education Level 1 School



Presented by Gill Athletics

July 24-26, 2009

Governors' Academy, Byfield (Newbury) MA

Presented by USATF New England. – www.usatsfne.org, (617) 566-7600 coachingschool@usatsfne.org

For more information log on to: www.usatf.org/groups/Coaches/education/

Schedule:

The school includes 21 hours over three days.

First session begins on Friday, July 24 at 3:00 pm, and final session ends on Sunday, July 26 at 2:00 p.m

Registration:

Register Online at www.usatf.org/groups/Coaches/education/schools/ by clicking the “school details” link.

Pre-registration fee is \$125 if received by **July 10** (14 days prior to beginning of the School);

Late & on-site registration (space is limited) is **\$150**. Fee includes Level 1 Curriculum and notebook.

You must be a member of USATF to register – for more information, see www.usatf.org/membership/

Refund policy: 1/2 of the registration fee (\$62.50) will be refunded after the registration deadline and no refund will be given after the start date.

If you have any difficulties with the online registration process, please contact the School Director.

Lodging:

Economical lodging is available on the Governors Academy campus, and will include meals.

Contact facility director Tim Weir, tweir@govsacademy.org

Directions /Location:

Governors Academy is located on US Rt 1 in Newbury MA, and just off Interstate 95

Instructors:

Amy Dawson, Oneonta State, throws

Troy Engle, US Military Academy. IAAF Instructor and former USATF Coaching Education Chairman

David Kerin, Middlebury College, jumps coach, USATF HJ Development Chair, Level II Certificate

Ryan Wagner, U.Maine Farmington, sprints/hurdles

Level 1 Information:

USATF Coaching Education Level 1 program is a starting point for all track and field coaches. One of the objectives is to put all coaches on common platform (i.e., speaking the same language). The Level 1 program covers all events in a foundational manner by emphasizing fundamentals, rules, safety/risk management, and instruction techniques. Level 1 prepares individuals to coach junior high school, high school, club, and age group athletes.

- Level 1 Schools are two-and-a-half-day courses (21-24 hours), including both classroom instruction and hands-on training. Attendance at all sessions is required.
- After the school, participants must complete an online exam that covers event-related and sport science subjects.
- Upon attending the School and passing the exam, participants will be issued a Level 1 Certificate of Completion.

Benefits

- Recognition as a USATF Level 1 Coach
- Curriculum book covering sport science and individual events
- Skills and knowledge to coach athletes at the junior age division level
- Access to exclusive “Level 1” merchandise
- Eligibility to attend a Level 2 School

Requirements

- Be at least 18 years of age
- Attend a Level 1 coaching education school
- Pass an online exam