

HAMMERAMA 2009

SUNDAY JULY 19, 2009
CURTIS CORNER MIDDLE SCHOOL
301 CURTIS CORNER ROAD
WAKEFIELD, RI
SANCTIONED (# 09-02-268) BY
USA TRACK & FIELD
SPONSORED BY
M-F ATHLETIC COMPANY
PROVIDENCE COBRAS TRACK CLUB
ORDER OF EVENTS
HIGH SCHOOL BOYS' 12# - 10:00 A.M.
HIGH SCHOOL GIRLS' 4k
DEVELOPMENTAL (younger throwers, various implements)
OPEN MEN'S 16#
OPEN WOMEN'S 4k

High school boys may also compete in the open division providing the athlete has thrown at least 165 feet in a recognized meet with the 12# hammer.

High school girls may also compete in the open division providing the athlete has thrown at least 130 feet with the 4k hammer in a recognized meet.

This is a USATF sanctioned event. USATF rules will be followed.

Awards (medals) for first six places in each division.

PREREGISTRATION ONLY

Registration is \$6.00 per event. (Registration for high school athletes competing in both high school and open divisions is \$8.00.) Make check payable to Bob Gourley. Send completed application and entry fee to: Bob Gourley, 3 Greenville Dr., Barrington, RI 02806. For additional information call Bob Gourley (401) 246-0243, or e-mail: rmgourley@fctvplus.net. Entries must be received by Wednesday, July 15, 2009.

		Plan to enter:	Best 2009 Distance
Name: _____		HS girls' 4k []	_____
Address: _____		HS boys' 12# []	_____
City/Town: _____		Open 4k []	_____
State: _____	Zip Code: _____	Open 16# []	_____
Phone: (_____) _____	email: _____		

(Please print neatly.)

RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

In consideration of the acceptance of the application for entry into this event, I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me as a result of my participation in Hammerama 2009. This release is intended to discharge in advance the Town of South Kingstown, the Town Council, the South Kingstown Recreation Commission, its officers, agents and employees, USA Track & Field, USA Track & Field-New England, M-F Athletic Company, Providence Cobras Track Club, officials and staff and other participants or spectators from and against any and all liability arising out of or connected with my participation in Hammerama 2009.

I AM AWARE THAT THIS ACTIVITY SUBJECTS ME TO PHYSICAL RISKS AND DANGERS. NEVERTHELESS, I VOLUNTARILY AGREE TO ASSUME ANY AND ALL RISKS OR INJURY OR DEATH, AND TO RELEASE, DISCHARGE AND HOLD HARMLESS ALL OF THE ENTITIES OR PERSONS MENTIONED ABOVE. IT IS UNDERSTOOD AND AGREED THAT THIS WAIVER, RELEASE AND ASSUMPTION OF RISK IS TO BE BINDING ON BY HEIRS, PERSONAL REPRESENTATIVES, NEXT OF KIN, SPOUSE AND ASSIGNS.

Signature of Participant if 18 years old or older: _____
(Signature of Parent or Guardian if participant is under the age of 18.)

Date: _____