

**2009 USATF –
NEW ENGLAND**



**INDOOR TRACK & FIELD
CHAMPIONSHIPS**

Sunday, February 22, 2009
Gordon Track Facility
Harvard University
 North Harvard Street, Allston
 Registration: 10:00 a.m. Events: 10:30 a.m.
NOTE: Harvard may charge a parking fee – so carpool!

ENTRY FEES
Received through February 18: (Please enter by 2/18)
 \$12 for first event, \$5 for each additional event up to 3 total
On event day:
 \$20 for first event, \$10 for each additional event.
Registration closes at 12:00 pm for all day-of entry
 Team fees for large teams.

Clubs/schools receive one men's and women's relay entries if at least two relay team members are entered in individual events. \$10 / relay otherwise.
 All entry fees are non-refundable.

USATF MEMBERSHIP
 Open athletes must have 2009 USATF membership.
 Exception: College/prep schools entered by their school.
 Please take care of membership prior to meet day.
 USATF membership will be available at the meet: \$30 per person, \$20 for youth 18-and-under.

Make checks payable to: USATF-NE
 Mail with application to
 USATF-New England
 P.O. Box 1905, Brookline, MA 02446

Pre-meet entry deadline is Wed. February 18, at 5:00 p.m.

TRACK EVENTS *Women followed by men unless noted.*
Masters(co-ed) Follow Men. Fast sections first
EVENTS MAY RUN 10 min AHEAD OF SCHEDULE

11:00 am **5000 meter**, Women, 20 min limit
 11:20 am **5000 meter**, Men, 17 min limit
 11:40 am **3000 meter racewalk**
 men and women combined, 20 min limit
 12 Noon **60m Hurdles** (timed finals W / Scholastic/ Men)
 12:15 pm **Open Mile** (W/M)
 12:45 pm **Seeded Mile** (W/M)
 1:00 pm **60 meters** (times finals W/M/Masters)
 1:30 pm **400 meters** (blocks for heats 1-2 only)
 2:00 pm **800 meters** (W / M / Masters)
 2:25 pm **200 meters** (blocks for heats 1-2 only)
 3:00 pm **3000 meters**
 (Women, Seeded Men, Open Men)
 To follow **4x400 meters**
 To follow **Distance Medley Relay** (1 race)

FIELD EVENTS
 10:30 am **Scholastic Boys& Masters Men Weight**
 11:00 am **Pole Vault.** (Women followed by Men)
 Group A – opening height 8' followed by
 Group B – opening height 11'0
 (no men may open below 12')
 12 noon **Long Jump** (Women/Men) (Min. 15 ft measure)
 To follow **Triple Jump** (Women/Men)
 12 noon **Weight Throw** (Women, then Men)
 Minimum measurement 35' after 1st throw
 To follow **Shot Put** (Women/Men) (min 27'/33')
 12:15 pm **High Jump** **Men first**, 5''10"; Women 4'10"

Masters Only Events: Co-Ed
 Masters should note above where they will compete in relation to the open events
 Long jump – Masters 4 jumps, in 1st flight of Men's LJ !!

USA TRACK & FIELD - NEW ENGLAND INDOOR CHAMPIONSHIPS **Sunday, February 22, 2009**
ENTRY FORM (Team Entry Form available upon request – w/ team fee – 617-566-7600)

Last Name _____ First Name _____
 Address _____
 City _____ State _____ Zip _____
 Club/Affiliation _____ Male/Female _____ Age (as of 2/22/09) _____
 2009 USATF Number (required) _____ e-mail address _____
 (all except collegians / prep school entered by their school)

Event	Best Recent Performance/Date
1. _____	\$12 _____
2. _____	+ \$5 _____
3. _____	+ \$5 _____

All fees must be paid prior to the meet.

WAIVER AND RELEASE: In consideration of your accepting this entry into the USATF-New England Indoor Track & Field Championships, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, Harvard University and its Athletic Department, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition. I agree not to cover or alter my competitor number in any way, and I acknowledge that my entry fee is non-refundable, including if the event is canceled.

SIGNATURE: _____ Date: _____ Version 1/15/09

