USATF New England MINI MEETS AT M.I.T. WEDNESDAY EVENINGS

May 20, May 27, June 3 2009 6:30 p.m.

AT: Steinbrenner Track, M.I.T., Cambridge, MA

FOR: All ages and abilities. Age limitations in events as follows

Youth - Bantam are limited to races 800 meters & shorter; midget/youth to mile and under

SPONSORED BY: USATF - New England

WEEKLY SCHEDULE:

Running order is Adult then Youth, Women then Men

6:00 pm Registration

6:30 pm 100/110 Hurdles, 400 hurdles (adult only; you put 'em out)

1 Mile

100 Open/youth Long Jump (3 attempts youth, 4 adult) - must help rake

400 Open/youth Shot Put if club supplies officials

800 Youth/open 200 Youth/open 4 x 100 relay

Mile/800m Racewalk and 2 Mile Run together (adult only)

ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A coach or parent must sign for all youth.

\$1.00 for youth - born 1995 and later (bantam/midget/youth)

\$3.00 for all others with current USATF

\$5.00 for all others - non-members

Notes:

Meets are USATF sanctioned and open to all runners.

Races may combine Men & Women All runners will be timed and recorded.

Youth divisions are 2 year age groups by year of birth (bantam 1999+, midget 1997-98, youth 1995-96)

Relays are for all ages, any combination of ages, boys/girls, men/women

Please get your athletes to the starting lines on time!

Thanks to M.I.T. Athletics and the Track Teams for their support of this series.

DIRECTIONS TO M.I.T. Track:

The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave.

T: Red Line to Central Square. Walk south on Mass. Ave to Vassar Street, under 1/2 mile

Parking: Parking is LIMITED. Available across the street. The garage will <u>not</u> be open.

RESULTS: www.usatfne.org/track

The meets are a service of your New England USA Track & Field office