

USATF New England THROW DOWN
Hammer and Javelin
At Harvard University Track, Allston(Boston) MA
Tuesdays May 26, June 2, June 9,
And Wednesday June 17, 2009
6:30 p.m.

AT: Infield of McCurdy Track, Harvard University

FOR: 14 years and older. Masters are welcome

SPONSORED BY: USATF - New England, with the support of Harvard Track & Field

WEEKLY SCHEDULE:

Running order is Adult then Youth, Women then Men

6:30 pm Hammer - all divisions

Followed by

Javelin

ENTRY PROCEDURES AND FEES:

All participants must be USATF members or currently competing collegians

Enter day of event only at the hammer circle - all competitors must sign the waiver;

A coach or parent must sign for all youth.

\$5.00 for all

Notes:

Meets are USATF sanctioned and run with certified officials

Implements will be weighed in.

Men & Women may be combined; all should be ready to throw at 6:30 p.m.

Everyone - athletes and spectators - are subject to helping with pulling tapes and retrieving implements

No unsupervised warm-ups. Javelin **MUST** wait until hammer is complete to use runway or throw real javs

DIRECTIONS TO Track:

The track is North Harvard Street on the Boston side of the Charles River

Located behind the stadium, a block from Storrow and Memorial Drives

T: Red Line to Harvard Square.

Parking: Available on-street.

RESULTS: www.usatfne.org/track

The meets are a service of your New England USA Track & Field office