

**Holy Cross/Worcester State New Year's Field Day – Jan 5, 2010**

**Sponsored by Holy Cross / Worcester State Track & Field Programs**

**Date: Tuesday, January 5, 2010**

**Site:** Holy Cross College Fieldhouse

Holy Cross College

College St

Worcester, MA

**Event Fees:** \$10.00: 1 event

\$15.00: 2 or more events

(cash only please- registration the day of competition)

**Registration:** begins at 3PM

Make event payment at the registration table then proceed to your event area for final check in when called

USATF membership applications will be available for those athletes who need current USATF membership status. Collegiate athletes do not need current USATF membership to compete but are encouraged to have a membership for the year. Contact the USATFNE office for details on membership

**Competition Open to:** male and female collegiate, open and masters athletes

(Masters athletes may need to provide their own implements if different from the collegiate /open categories)

**Event Schedule:**

4PM: Women's Weight Throw / followed by Men's Weight Throw

To be followed by Women's Shot Put, then Men's Shot Put

4PM: Men's Long Jump followed by Women's Long Jump

Men's Triple jump/ women's Triple Jump to follow Long Jump

4PM: Women's Pole Vault followed by Men's Pole Vault

**Parking:** All vehicles must be parked in the Hogan Center Parking Lot (just up the hill from the fieldhouse) and **not** next to the Fieldhouse.

**For more information or if you have questions contact:**

• Jim Kavanagh at 508-793-2317 [jkavanag@holycross.edu](mailto:jkavanag@holycross.edu) or

Al Halper at 508-929-8581(off)/ 508-873-5827 (cell after 2PM) [ahalper@worcester.edu](mailto:ahalper@worcester.edu)