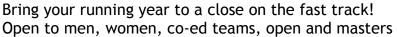
Lou's 4 x 1600 Relay

(Tenth Annual)

Sunday, December 26, 2010 - 1:30 p.m.** Boston University Track Center



*The relay follows the BU All-Comers meet's last event, but starts no earlier than 1:30 p.m. It may start later. Please check in at the timing booth by 12:00.

If necessary, multiple sections will be run (Faster, then less fast)

USATF-New England Managed and Sanctioned

Three national masters age group bests have been set in past relays:

Men 40+: Whirlaway 17:51.3 Women 50+: Liberty AC 28:02.4 Men 60+: Moose Milers 23:21.52

Entry Fees:

\$10 for USATF Clubs \$20 for collegiate or "all-star" teams (not all part of same club)
PLEASE PRE-ENTER IF POSSIBLE

Runners can be changed on race day with no penalty

→ THERE IS A SEPARATE FEE TO RUN INDIVIDUAL EVENTS IN THE BU DEVELOPMENT MEET ←

More:

- USATF Club teams must be four bona fide members of the club and all should have USATF membership.
- All teams are expected to provide a lap recorder/timer for their team
- BU development meet info and directions can be found at www.bu.edu/track
- Minimum age of any relay runner 16

Contact: USATF New England (617) 566-7600 / office@usatfne.org

More meets and the 2010-11 Indoor Season Schedule are at www.usatfne.org/track

SEND THE BOTTOM PORTION WITH ENTRY FEE, or email or fax (617-734-6322) info to: USATF-NE, PO Box 1905, Brookline MA 02446 office@usatfne.org

Form as of Nov 25, 2010