

# The George & Whitey King 4 x 1600 Meter Relay

Thursday eve, August 4, 2011 - 7:15 p.m.  
Moakley Park Track, South Boston



The George and Whitey King 4 x 1600 Relay gives runners of all abilities a chance to team up for a competition at the South Boston track. The event recognizes a pair of long time local officials who were also top milers in their day; the late George King was on a USA record setting 4 x 1500 relay, and Whitey King was New England XC champ. USATF Sanctioned, hosted by South Boston AC and USATF-New England

**Divisions:** Men's, Women's, Co-Ed teams, club or "all-star"

Open, Juniors (not turning 20 this year), Masters. Minimum age is 12.

- Club teams must be composed of bona fide members of that club. Pick up teams are any combo of runners  
**Prizes for winning teams:** Open M & W, Masters M & W, Junior (12-18), Co-ed (2m/2w) team of any age combo

**ENTRY FEE:** \$15 per USATF club team \$20 pick-up/all-star teams

Club - all runners must be members of the club; no pick-up additions

**MEMBER DISCOUNT:** Teams receive \$1 off for each runner who has 2011 USATF member

Pre-entry is requested (Team runners and order can be changed) Day of event entry accepted.

**SOUTH BOSTON AC YOUTH DEVELOPMENT MEET - SEPARATE FEE TO RUN INDIVIDUAL EVENTS**

6:00: Youth (14 & under): 100, 400, 800, Long Jump, Turbojav

**More info:** Contact USATF New England (617)566-7600 / office@usatfne.org

**BRING ENTRY TO THE MEET OR RETURN BY MAIL to:**

King Relay, USATF-NE, PO Box 1905, Brookline MA 02446

**ALL RUNNERS MUST SIGN THE WAIVER;**

**UNDER AGE 18 MUST HAVE PARENTAL SIGNATURE, SO TAKE CARE OF THIS BEFORE RACE NIGHT!**

**\*\*\* NO ENTRIES ACCEPTED WITHOUT PROPER SIGNATURES.**

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**George & Whitey King 4 x 1600 Relay Race, Thursday, August 4, 2011, 7:15 p.m.**

**TEAM / CLUB NAME:** \_\_\_\_\_ Male / Female / Co-ed

**Team contact** \_\_\_\_\_ Open / Junior / Masters

**Email** \_\_\_\_\_ **Phone** \_\_\_\_\_

Assumption of Risk: I understand running can be a potentially dangerous activity. In consideration of acceptance of this entry, I hold harmless USATF New England, the City of Boston, South Boston AC, and all sponsors for any and all injuries suffered by me at this event. I have sufficiently trained for this event. If signing as a parent, I understand that this is a potentially dangerous activity for my child.

**Runner (print name - all must also sign the waiver; parents must sign for minors) USATF #**

1. \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ / \_\_\_\_\_

2. \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ / \_\_\_\_\_

3. \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ / \_\_\_\_\_

4. \_\_\_\_\_ Age \_\_\_\_\_ Signature \_\_\_\_\_ / \_\_\_\_\_