



**USATF NEW ENGLAND ASSOCIATION
MASTERS TRACK AND FIELD CHAMPIONSHIPS**
Conley Stadium, Mount Pleasant HS, Providence, RI
Saturday, August 6, 2011

FACILITY - Conley Stadium, 434 Mount Pleasant Ave, Providence, RI 02908

DIRECTIONS - SEE REVERSE OF THIS PAGE

ELIGIBILITY

Open to all men and women 30 years of age and older. Individuals will compete in five-year age groups, relays in 10-year age groups. Several events are open to all ages, not just masters (see schedule). Meet will be run in accordance with USATF Competition Rules and Regulations. A 2011 USATF membership is required for all US residents. Membership may be obtained through local Associations or on-site at the meet for \$30. USATF membership is based on calendar year.

ENTRY - MAILED-IN ENTRY MUST BE RECEIVED BY THE END OF THE DAY, WEDNESDAY, AUGUST 3

The entry fee is \$15 for the first event and \$7 for each additional event, for entries received by August 3. On meet day, a late fee of \$10 per person will be charged. There is no entry fee for relays. Day of event entry closes at 12:00 noon..

AWARDS

Medals will be presented to the top three places in each age group of each event final.

COMPETITION ORDER - TRACK EVENTS

Women followed by men, oldest to youngest. Age groups may be combined to fill sections. Track events take precedence. Please plan and enter events accordingly. (See schedule on reverse of this page).

Field Events - Throws and horizontal jumps - Three trials attempts, with six advancing to finals. Field event athletes must compete with their age groups. No pole vault.

RESULTS: FinishLynx Automatic Timing

MORE INFORMATION: Updated Information and results will be available on-line at <http://www.usatfne.org/track>.

MEET INFORMATION

USA Track & Field - New England 617-566-7600 office@usatfne.org

Entries must be accompanied by entry fees. Checks payable to USATF-NE

MAIL TO: New England Masters Championships, USATF-New England, P.O. Box 1905, Brookline, MA 02446

2011 USATF NEW ENGLAND MASTERS TRACK & FIELD CHAMPIONSHIPS ----- ENTRY FORM

First Name _____ Last Name _____ Male/Female ____
 Address _____ City/State _____ ZIP _____
 Telephone _____ E-mail _____ Club/Affiliation _____
 Age on 8/06/11 _____ 2011 USATF number _____

Event	Best Recent Performance	Fee - \$15 first event, \$7 each additional
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____

Additional Fee for late registration (received after Aug 3 and on day of): \$10 per entrant _____

Total Entry Fees: \$ _____

All fees must be paid prior to the meet. Faxed entries will be charged late fee. USA checks / funds only

WAIVER AND RELEASE: I understand that competing in Track and Field is a potentially dangerous event and may result in injuries. In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, City of Providence, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well-being. I agree not to cover or alter my competitor number in any way on pain of disqualification, and I acknowledge that my entry fee is non-refundable.

SIGNATURE: _____ DATE: _____

USATF NEW ENGLAND MASTERS TRACK & FIELD CHAMPIONSHIPS

<p>SATURDAY, AUG 6, 2011</p> <p>TRACK SCHEDULE 10:30 3000 meter (M & W) 11:10 3000 meter race walk 12:00 80/100/110 meter hurdles 12:30 1500 meters 1:00 400 meters 1:30 100 meters (finals on time) 2:00 300m hurdles 2:20 800 meters 2:45 200 meters 3:10 4 x 800 meter relay to follow 4 x 100 meter relay to follow 4 x 400 meter relay</p> <p>Hurdles – No 27” hurdles will be available</p> <p>OPEN EVENTS -</p> <p>Race Walk – Open to all age 14 and up</p> <p>Javelin – open to all age 18 and up</p> <p>Women’s Shot and Discus – all women 18+</p> <p> </p> <p>Schedule: As of 7/06/11 May be changed – verify at www.usatfne.org/track</p>	<p style="text-align: center;">JUMPS SCHEDULE</p> <p>Long Jump 10:30 am All jumpers to report. Flights will be set up based on numbers</p> <p>Triple Jump 12:00 pm Men and Women combined, all ages</p> <p>High Jump - Opening Ht – approx 3ft 1:00 pm Men and Women combined, all ages</p> <p> </p> <p>Note: Throws and Horizontal Jumps - 3 trials / 3 finals for top 6</p> <p>The Pole Vault will not be contested</p>	<p style="text-align: center;">THROWS SCHEDULE</p> <p>Discus 10:30 Men 60-69 11:45 Men 50-59 1:00 Men 70+ 2:00 Men 30-49 3:00 All Women</p> <p>Hammer 10:30 Men 30-49 11:45 Men 60-69 1:00 All Women 2:00 Men 50-59 To follow Men 70+</p> <p>Javelin 10:30 Men 19-49 (infield) 11:30 All Women 12:30 Men 50-59 2:00 Men 70+ Follows Men 60-69</p> <p>Shot Put 10:30 All Women 2 circles 11:30 Men 70+ 12:00 Men 30-49 1:30 Men 60-69 2:45 Men 50-59</p> <p style="text-align: right; font-size: small;">Times may be adjusted for events after 2 p.m.</p>
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Directions to Mt Pleasant High School

Take Exit 21 off I95 to Atwells Ave. Head West on Atwells, i.e., take a Left if coming from the South, a Right if coming from the North. Follow Atwells 1.5mi to Mt Pleasant Ave and turn right at the traffic light. Continue 1 mile to Mt Pleasant HS.

Alternative directions: Travel Smith St. (44 West) from Providence for a few miles, passing several red lights. You will come to a red light where Academy Ave. intersects with Smith St.. Continue straight on Smith St.. You will pass LaSalle Academy on the left. At the second light, take a sharp left. This is Mt. Pleasant Ave. St. Augustine's Church will be on your left. Continue straight to the red light. Rhode College will be on your right. Continue straight and the high school will appear on your right.

For additional information on Providence, RI and its surroundings check. <http://cityof.providenceri.com/>