

**USA TRACK & FIELD - NEW ENGLAND
OUTDOOR TRACK & FIELD CHAMPIONSHIPS
SUNDAY, JUNE 12, 2011
REGIS COLLEGE, WESTON MA**



Sunday June 12, 2011 Registration opens at 10:30 a.m.
Regis College, 235 Wellesley St, Weston MA
 Regis is .5 mile from Rt.30 at Wellesley St, see regiscollege.
 Directions - www.regiscollege.edu

Entry Specifics

Minimum age is 14

Received by June 9: \$15 for first event, \$5/ additional event

Day of Event: \$25 first event, \$10 / additional event

Day of event entry taken until 11:30 am ONLY

Hurdles, steeplechase, pole vault, and hammer are pre-entry only – no day of event entry in those events

Relays: USATF member clubs only. No entry fee for relays

USATF Membership

Post-collegians **must** have a 2011 USATF membership (available at the meet for \$30 adult, \$20 youth).

Membership is waived for current college students on teams.

5000 meters—The 5000 at the New Balance Twilight meet on Saturday, June 11, at Bentley U. will serve as the USATF-NE championship race. Placings will count in team scoring. Entry through www.nbbtwilight.com

Online entry: None at this time. Check usatfne.org

Masters Only Events

Masters sections in the 100, 200, 800, Shot Put, Discus (4 attempts in discus) following open event

Awards- top finishers in each event

Prize Money Bonus – Details at www.usatfne.org/track

800, Steeplechase, Javelin, Hammer.

Special bonus \$ event –the **400 meter “125 year challenge”**

Team Scoring USATF-New England clubs only: 5-3-2-1

POST EVENT SOCIAL FOLLOWS AT 3:30

Women followed by Men, Fast sections first	
The track opens for warm-ups at 10:45 am	
11:00 am	10000 meters - combined M/W - 35:45 men/39:00 women limit
11:45 am	400 meter hurdles (must pre-enter)
11:55 am	4x100 meter relay
12:00 am	3000 meter race walk (M & W together, 20 min. limit)
12:25 pm	100/110 meter hurdles (must pre-enter)
12:40 pm	100 meters – timed finals (inc. masters)
1:00 pm	400 meters
1:15 pm	800 meters (inc. masters races)
1:40 pm	200 meters (inc. masters races)
2:00 pm	1500m women’s developmental Steeple, 3000m Steeplechase, women then men (Must pre-enter) 3000 follows 1500
2:30 pm	1500 meters
To follow	4x400 meter relay
To follow	3000 meters

FIELD EVENTS - top 6 to finals Women followed by Men unless noted	
11:30 am	Pole Vault – (Must pre-enter) W open at 8’6 M open 12’6
11:45 am	Hammer Throw - Men first
To follow	Discus (W / M / Masters get 4 attempts)
12:00 pm	Shot Put – W / M / Masters (Masters throw masters weights)
Follow SP	Javelin W / M
12:00 pm	Long Jump W / M
To follow	Triple Jump W / M
1:00 pm	High Jump - W open 4’8” M open 5’8”

2011 USATF-New England Track & Field Championship - ENTRY FORM

A maximum of three (3) individual events per athlete allowed.

First Name: _____ Male / Female
 Last Name: _____ Age on 6/12/11: _____
 Address: _____ Date of Birth: _____
 City/State/Zip: _____
 Club: _____ 2011 USATF#: _____
 Email: _____

EVENT	Best Recent Performance
1. _____	_____
2. _____	_____
3. _____	_____

Make checks payable to:
USATF-NE

Mail completed entry form with entry fee:
**USATF - New England
 P.O. Box 1905
 Brookline, MA 02446**

No faxed entries.

PRE ENTRY by 6/9: \$15 1st event, \$5 each additional event
On Meet Day: \$25 for first event, \$10 each additional event

Assumption of Risk: I recognize that participating in track & field is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, Regis College and it's Athletic Department, and any and all sponsors and individuals involved with the presentation and conduct of this meet. I hereby attest that I have full knowledge of the risk involved in competing in this event, and am physically fit and sufficiently trained to participate in this event.

Signature (parent or guardian if under 18): _____ Date: _____