

Frank Kelly Memorial Youth Track & Field Meet

Archbishop Williams Catholic HS Track Complex
14 Storr's Ave., Braintree MA

Boys & girls ages 4-under to 13-14, age on day-of-meet

Friday evening, July 29, 2011

Registration: 5:30pm Events: 6:00pm

PLEASE ENTER DAY OF EVENT ONLY!

\$5.00 entry fee

Ribbons to all finishers

**Directed by the Quincy Track Club
Sanctioned by USATrack & Field-New England**

SCHEDULE

*Girls Running and Boys Field Events first - then switch
Events run longest distance to shortest, oldest ages to youngest*

- 800m 13-14, 11-12, 9-10
 - 400m 13-14, 11-12, 9-10, 7-8
 - 200m 13-14, 11-12, 9-10, 7-8, 5-6
 - 100m 13-14, 11-12, 9-10, 7-8, 5-6
 - 50m hurdles 13-14, 11-12, 9-10, 7-8
 - 50 dash 4 & under
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- Standing Long jump 5-6, 7-8
 - Running Long jump 9-10, 11-12, 13-14
 - Shot-put (6lb or 4k) 9-10, 11-12, 13-14
 - High jump (3'6" opening) 11-12, 13-14
 - Softball throw 5-6, 7-8
 - Turbo javelin (500gm) 9-10, 11-12, 13-14

For more information contact Meet Director Geoff Hennessy
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