



**USATF NEW ENGLAND ASSOCIATION
MASTERS TRACK AND FIELD CHAMPIONSHIPS**
Conley Stadium, Mount Pleasant HS, PROVIDENCE RI
Saturday, July 21, 2012

FACILITY - Conley Stadium, 434 Mount Pleasant Ave, Providence, RI 02908

DIRECTIONS - SEE REVERSE OF THIS PAGE

ELIGIBILITY - Open to all men and women 30 years of age and older.

Individuals compete in five-year age groups, relays in 10-year age groups. Several events are open to all ages, not just masters (see schedule). Meet will run in accordance with USATF Competition Rules / Regulations. 2012 USATF membership is required for all US residents. Membership may be obtained through local Associations or on-line for \$30. USATF membership is based on calendar year.

ENTRY - MAILED-IN ENTRY MUST BE RECEIVED BY THE END OF THE DAY, WEDNESDAY, JULY 18

The entry fee is \$15 for the first event and \$5 for each additional event, for entries received by July 18. After July 18 and on meet day, a late fee of \$10 per person will be charged. There is no entry fee for relays. Day of event entry for all events closes at 12:00 noon
ON-LINE ENTRY LINK IS AVAILABLE AT www.usatfne.org/track.

AWARDS

Medals will be presented to the top three places in each age group of each event final.

COMPETITION ORDER - TRACK EVENTS

Women followed by men, oldest to youngest. Age groups may be combined to fill sections. Track events take precedence over field events. Please plan and enter events accordingly. (See schedule on reverse of this page). No 27" hurdles available. No steeplechase

Field Events - Throws and horizontal jumps - Three trials attempts with six advancing to finals. Several open events

Field event athletes must compete with their age groups. POLE VAULT ABSOLUTELY REQUIRES PRE-ENTRY

RESULTS: FinishLynx Automatic Timing

MORE INFORMATION: Updated Information and results will be available on-line at <http://www.usatfne.org/track>.

MEET INFORMATION

USA Track & Field - New England 617-566-7600 office@usatfne.org

Entries must be accompanied by entry fees. Checks payable to USATF-NE

MAIL TO: New England Masters Championships, USATF-New England, P.O. Box 1905, Brookline, MA 02446

2012 USATF NEW ENGLAND MASTERS TRACK & FIELD CHAMPIONSHIPS ----- ENTRY FORM

First Name _____ Last Name _____ Male/Female ____
Address _____ City/State _____ ZIP _____
Telephone _____ E-mail _____ Club/Affiliation _____
Age on 7/21/12 _____ 2012 USATF number _____

Event	Best Recent Performance	Fee - \$15 first event, \$5 each additional
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____

Additional Fee for late registration (received after July 18 and on day of meet: \$10 per entrant _____

Total Entry Fees: \$ _____

All fees must be paid prior to the meet. Faxed entries will be charged late fee. USA checks / funds only

ASSUMPTION OF RISK / WAIVER AND RELEASE: I understand that competing in Track and Field is a potentially dangerous event and may result in injuries or even death. In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, City of Providence, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well-being. I agree not to cover or alter my competitor number in any way on pain of disqualification, and I acknowledge that my entry fee is non-refundable.

SIGNATURE: _____ DATE: _____

USATF NEW ENGLAND MASTERS TRACK & FIELD CHAMPIONSHIPS

<p>SATURDAY, JULY 21, 2012</p> <p>TRACK SCHEDULE 10:30 3000 meter (M & W) 11:10 3000 meter race walk 12:00 80/100/110 meter hurdles ** 12:30 1500 meters 1:00 100 meters (finals on time) 1:30 400 meters 2:00 400m / 300m hurdles 2:20 800 meters 2:45 200 meters 3:10 4 x 800 meter relay to follow 4 x 100 meter relay to follow 4 x 400 meter relay</p> <p>Hurdles – ** No 27” hurdles will be available Steeplechase – will not be held</p> <p>OPEN EVENTS Other events may be added</p> <p>Race Walk – Open to all age 14 and up</p> <p>Javelin and Shot Put - open to all age 18 and up - Throw with 30-49 division</p> <p>Women’s Discus (not men’s) - open to all women 18 and up - (throw with women’s flight)</p>	<p style="text-align: center;">JUMPS SCHEDULE</p> <p>Long Jump 10:30 am All jumpers all ages report. Flights will be set up based on numbers May combine men and women</p> <p>Triple Jump 12:00 pm Men and Women combined, all ages</p> <p>High Jump - Opening Ht – approx 3ft 1:00 pm Men and Women combined, all ages</p> <p>Pole Vault – Opening Ht – approx 6’ combined, all ages. MUST pre-enter</p> <p>Note: Throws and Horizontal Jumps - 3 trials / 3 finals for top 6</p> <p>The Pole Vault absolutely requires pre-entry by July 18</p> <p style="text-align: center;">THIS MEET SCHEDULE IS CURRENT AS OF May 2, 2012 AND MAY BE UPDATED VERIFY CHANGES AT www.usatfne.org/track</p>	<p style="text-align: center;">THROWS SCHEDULE</p> <p>Discus 10:30 Men 60-69 11:45 Men 50-59 1:00 Men 70+ 2:00 Men 30-49 To follow All Women</p> <p>Hammer 10:30 Men 30-49 11:45 Men 60-69 1:00 All Women 2:00 Men 50-59 To follow Men 70+</p> <p>Javelin 10:30 Men 18-49 (out field) 11:30 All Women 12:30 Men 50-59 2:00 Men 70+ Follows Men 60-69</p> <p>Shot Put 10:30 All Women 2 circles 11:30 Men 70+ 12:00 Men 18-49 1:30 Men 60-69 2:45 Men 50-59</p> <p>Times may be adjusted for events after 2 p.m. Javelin is on field adjacent to stadium this year</p>
<p><u>Directions to Mt Pleasant High School</u></p> <p>Take Exit 21 off I95 to Atwells Ave. Head West on Atwells, i.e., take a Left if coming from the South, a Right if coming from the North. Follow Atwells 1.5mi to Mt Pleasant Ave and turn right at the traffic light. Continue 1 mile to Mt Pleasant HS.</p> <p>Alternate directions: Travel Smith St. (44 West) from Providence for a few miles, passing several red lights. You will come to a red light where Academy Ave. intersects with Smith St.. Continue straight on Smith St.. You will pass LaSalle Academy on the left. At the second light, take a sharp left. This is Mt. Pleasant Ave. St. Augustine’s Church will be on your left. Continue straight to the red light. Rhode Island College will be on your right. Continue straight and the high school will appear on your right.</p> <p>For additional information on Providence, RI and its surroundings check. http://cityof.providenceri.com/</p>		