

**2013 USATF –
NEW ENGLAND**



**INDOOR TRACK & FIELD
CHAMPIONSHIPS**

Sunday, February 17, 2013
Gordon Track Facility
Harvard University
 North Harvard Street, Allston (Boston) MA
 Registration: 9:00 a.m. Events: 10:30 a.m.
NOTE: Harvard charges a parking fee – so carpool!

ENTRY PROCEDURE / FEES
 \$13 for first event, \$5 for each additional event up to 3 total
 Entry fees are non-refundable.
Mail in: Received through February 14
On-line: Entry site link is at www.usatfne.org/track
Registration closes at 6:00 pm on Thursday February 14
 Team fees for large teams - request team form
NO MEET DAY ENTRY IN ANY EVENT

RELAYS: Clubs/schools may enter relays at no charge if 2+ athletes are in individual event. \$10/relay otherwise.

AWARDS: See website for USATF-NE Individual and Team awards, and special High Performance Awards

USATF MEMBERSHIP
 Open athletes must have 2013 USATF membership to enter
 College/prep school athletes entered by the school do not need membership.
 Membership form online at www.usatfne.org

Checks payable to: USATF-NE
Mail in: USATF-New England
P.O. Box 1905, Brookline MA 02446
Pre-entry deadline- Thursday February 14, 6:00 pm

More info: www.usatfne.org/track
office@usatfne.org

SCHEDULE / ORDER OF EVENTS
TRACK *Women – Men – Masters - Fast sections first*
SCHEDULE TO BE FINALIZED AFTER ENTRIES CLOSE

10:30 am **5000 meter** Women, 19:00 time limit
 10:50 am **5000 meter** Men, 15:45 limit
 11:15 am **3000 meter race walk**
 men / women combined, 20:00 limit
 11:30 am **60m Hurdles** (timed final- W /ScholasticB / Men)
 12:00 pm **Mile** (W / M) (6:00 / 5:00 limits)
 12:45 pm **60 meters** (timed final- W / M / Masters)
 1:25 pm **400 meters** (blocks - heat 1 only)
 2:00 pm **800 meters** (W / M / Masters Men)
 2:30 pm **200 meters** (blocks-heats 1-2 only) W / M / Mast
 3:10 pm **3000 meters (W / M) time limits 11:50/10:30**
4x440 Yards Relay
Distance Medley Relay (may be co-ed)

JUMPS – Women then Men except HJ - 6 to final
Note Minimum LJ/TJ distance after 1st attempt
 11:00 am **Pole Vault** First raised by 30cm, then by 15cm
 Women – open 8'10 Men – open 12'
 11:15 am **Long Jump** (Women/Men) Min. measure 15'
 Follows **Triple Jump** (W / M) boards @ 30',34',41' ONLY
 12:15 pm **High Jump** **Men first** open 5'10"; W open 4'10"

THROWS –Men then Women - 6 to final
 9:30 am **Masters M Weight (30'min), Scholastic Boys**
 11:00 am **Weight Throw - MEN THEN WOMEN**
 35' minimum measurement
 To Follow **Shot Put (M THEN W)** (Min.measure 30'/35')
 *** M shot while W weight is being contested

Masters Only Events: Co-Ed: 60, 200, WT, Mens 800, LJ
 Masters follow open running events
 Masters Long Jump - 4 jumps in 1st flight of Men's LJ

USA TRACK & FIELD - NEW ENGLAND INDOOR CHAMPIONSHIPS **Sunday, February 17, 2013**
ENTRY FORM (Team Entry Form available upon request – team fee – request from office@usatfne.org)

Last Name _____ First Name _____
 Address _____
 City _____ State ____ Zip _____
 Club/Affiliation _____ Male/Female _____ Age (as of 2/17/13) _____
 2013 USATF Number (required) _____ e-mail _____
 (all except collegians / prep schoolers entered by the school)

Event	Best Recent Performance/Date	(May not enter both 3000 and 5000)
1. _____	\$13 _____	_____
2. _____	+ \$5 _____	_____
3. _____	+ \$5 _____	_____

All fees must be paid prior to the meet. Team entry form available

ASSUMPTION OF RISK AND WAIVER: I understand that competing in track and field is a potentially dangerous event. In consideration of accepting this entry into the USATF-New England Indoor Track & Field Championships, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, the Fellows of Harvard College, Harvard University and its Athletic Department, sponsors, volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition. I acknowledge that my entry fee is non-refundable, including if the event is canceled.

SIGNATURE: _____ Date: _____ Version 12/15/12