



USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS
Saturday June 22, 2013
Fitchburg State University Track Complex
Coolidge Park, John Fitch Highway, Fitchburg MA 01420

AGE DIVISIONS – DIVISIONS ARE NOW NAMED BY THE AGE GROUP (age as of Dec 31)

Divisions - Age on 12/31	Year of Birth	
7-8	2005/2006	<i>EVENTS ARE LIMITED 100/200/400/800/1500/relays/LJ/SP/MiniJav</i>
9-10	2003/2004	
11-12	2001/2002	
13-14	1999/2000	
15-16	1997/1998	
17-18**	1995/1996	** also 1994 if born after 7/28/1994

ELIGIBILITY: Participation is limited to US citizens, resident aliens, and foreign exchange students.

ENTRY LIMITS

Athletes must compete in their own age group – not older or younger groups.

Sub-Bantam / Bantams / Midgets may enter 3 events INCLUDING RELAYS

Youth, Intermediate, Young Men/Women may enter 4 events INCLUDING RELAYS

EACH RELAY COUNTS AS AN EVENT!! Events not held at Fitchburg but waived to Region I (steeplechase, 4x800) count as events

Multi-events (waivers) do NOT count as individual events entered

ENTRY PROCESS - ONLINE ENTRY ONLY – ENTRY CLOSES WEDNESDAY, June 19, at 11:59 pm

USATF MEMBERSHIP – To ENTER the meet, athletes need a 2013 USATF Membership AND the date of birth must be verified prior to entry.

Online entry only at www.CoachO.Com – Find the New England meet on June 22. **ALL ENTRY CLOSES 6/19 at 11:59 pm**

Payment at time of entry preferred. Clubs may arrange for full payment may be made on meet day.

All entries must pay the fee; it is an entry fee, not a participation fee

**** ALL ENTRANTS MUST SUBMIT A SIGNED PAPER WAIVER FORM AT THE NEW ENGLAND MEET – this is beyond the online entry**

There is NO day of event entry. Please understand the meet management issues which late entries create

ENTRY FEES

ENTRY CLOSING ON Wednesday, June 19 at 11:59 pm.

\$6.00 for each event entered

There is no fee for Relays at the New England meet

RELAYS

Only USATF member clubs as of June 19 may enter relays. All team members must be in the same age division

Any name on a club roster on June 19 is eligible to run at any level. No additions after 6/20

**** All relay team runners MUST wear the same color tops and bottoms ****

FIELD EVENTS

Field event competitors who are also in running events may be moved in flights, or excused for a reasonable time to run

They must check out and check in with the field event official

Missed trials may only be taken if the competitor returns before the final round or before the competition ends

In the pole vault and high jump, the bar is not lowered after the competition begins

Attempts in the throws and the long /triple jump

7-8, 9-10, 11-12, 13-14 – 4 attempts

15-16, 17-18 – 3 attempts, and top 6 get 3 additional final attempts.

REGION I JO CHAMPIONSHIPS July 5, 6, 7 2013 New York

The **top 8 finishers** in each event on June 22 qualify for Region I meet.

Region I information is found at www.usatfne.org/track

Region I registration is ENTIRELY ONLINE from June 26-July 1 at CoachO.com No mail-in entry

WAIVERS INTO REGION I MEET

With prior approval of the NE Office, athletes missing the New England meet due to certain circumstances may be allowed (not a guarantee) to advance to the Region I meet **if this does not displace** a top 8 finisher from Fitchburg. **Requests must be requested by June 19**

THERE IS NO 4x800, Steeplechase, or Multi-events at the New England meet. Individuals interested in those events must request a

waiver for those events no later than June 19 to be considered for the Region I meet, AND submit entry / pay fee for the NE meet.

Each of those events count as one event entered at the New England meet.

USATF NATIONAL JO CHAMPIONSHIPS, Greensboro NC July 22-28, 2013

www.usatf.org/events/2013/USAJuniorOlympicTFChampionships

The **top 5 finishers** in each event at the Region I meet (except multi-events) qualify for the National Championships.

Entry is entirely online following the Region I meet at **CoachO.com**

FOR MORE INFORMATION – www.usatfne.org office@usatfne.org 617 566 7600 days during business hours

USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS

Saturday June 22, 2013 - SCHEDULE OF EVENTS – UPDATED May 15

Notes:

In the 100, if 8 or fewer competitors check in, the final will run at the time of trials

Age groups may be combined if numbers in an event are small. Age 7-8 BOYS & GIRLS may be combined

Times listed are earliest time that event will start

Divisions- Age on 12/31	Birth year
7-8	2005/2006
9-10	2003/2004
11-12	2001/2002
13-14	1999/2000
15-16	1997/1998
17-18	1995/1996 (and July 28 1994+)

TRACK EVENTS

9:45 am	1500m Race Walk	ALL AGES - ONE RACE (all will race a 1500m only)
10:00 am	400m hurdles 36"	B 15-16, 17-18
	400m hurdles 30"	G 15-16, 17-18
	200m Hurdles	All 13-14
10:15 am	Track for Age 15-16 and 17-18 divisions - Order of age groups will be Girls then Boys, 15-16 then 17-18	
	100 meters	15-18 Trials
	1500 meters	Boys 15-18 Finals on Time – May combined ages
	100 meters	15-18 Finals
	1500 meters	Girls 15-18 Finals on Time – May combined ages
	400 meters	15-18 Finals on Time
	4x100 Relay	15-18 Finals on Time
	800 meters	15-18 Finals on Time
	200 meters	15-18 Finals on Time
	** 4x400 Relay – at end of day this year	
12:15 pm	80m hurdles 30"	11-12 All are finals based on Time
	100m hurdles 30"	Girls 13-14
	100m hurdles 33"	Boys 13-14
	100m hurdles 33"	Girls 15-16, 17-18
	110m hurdles 39"	Boys 15-16, 17-18
1:00 pm	Order of age groups, unless combined, is 7-8, 9-10, 11-12, 13-14	
	100 meters	7-8, 9-10, 11-12, 13-14 Trials – top 8 times to final
	1500 meters	All Girls Finals on Time
	100 meters	7-8, 9-10, 11-12, 13-14 Finals
	1500 meters	All Boys Finals on Time
	400 meters	All Finals on Time
	4x100 Relay	All Finals on Time
	800 meters	All Finals on Time
	200 meters	All Finals on Time
	4x400 RELAY	ALL AGES, OLDEST (17-18) TO YOUNGEST (7-8)
4:00 pm	3000m 15+	Girls 15-16 and 17-18. then Boys 15-16 and 17-18 (some ages will be combined)
	3000m 11-14	Girls 11-12 and 13-14, then Boys 11-12 and 13-14 (some ages will be combined)

FIELD EVENTS

Long Jump	10:00 am	PIT 1 - Girls -- 13-14 then 15-16 / 17-18	PIT 2 – Boys – 13-14 then 15-16 then 17-18
	1:30 pm	BOYS PIT 1, GIRLS PIT 2 - Order: 11-12, 9-10, 7-8	
Triple Jump	11:30 am	PIT 1 only - Girls 13-18 Then Boys 13-18, young to old. Some ages combined	
High Jump	10:00 am	Boys 15-18 combined, then Girls 15-18 OPENING HEIGHTS: Boys 5'0 Girls 4'2"	
	12:30 pm	Then G 9-10 & 11-12 Opening at 3'0" then B 9-10 & 11-12 opening at 3'2"	
		Then B and G 13-14 together, girls open 3'10, boys open 4'4	
Pole Vault	10:30 am	All GIRLS together OPENING HEIGHTS 13-14 5'6" 15-16 6'6" 17-18 7'6"	
		followed by All BOYS together OPENING HEIGHTS 13-14 6'6" 15-16, 7'6" 17-18 9'0"	
Javelin	10:00 am	Boys 15-16, then B 17-18, then Girls 15-18, then B 13-14 then G 13-14	
	Synthetic Runway	Minimum measurements after first fair throw: Boys 13-14 18.00m 15-16, 25.00m 17-18 40.00m	
Mini-Javelin	1:30 pm	Girls 7-8, 9-10, 11-12 one flight, then Boys 7-8, 9-10, 11-12	
	Synthetic Runway		
Shot Put	10:30 am	Girls 15-16 17-18 together followed by Boys 15-16 / 17-18 together followed by B & G 13-14	
	1:00 pm	Boys 11-12, 9-10, 7-8 followed by 11-12, 9-10, 7-8	
Discus	10:30 am	Girls 11-12 combined 13-14 Then Boys 11-12 combined 13-14	
	Lower circle 1:00 pm	Girls 15-16 combined 17-18 Then Boys 15-16 combined 17-18	
Hammer	3:30 pm	15-18 Girls Then 15-18 Boys – Minimum Measure after first fair throw: 25.00 Meters	