

2013 SONS OF ITALY TRACK & FIELD THROWING CHAMPIONSHIPS
CONLEY STADIUM
434 MT. PLEASANT AVE, PROVIDENCE, RI 02908

HIGH SCHOOL/COLLEGE/DEVELOPMENT HAMMER THROW

SATURDAY AUGUST 10, 2013

Schedule

Male 5k high school hammer throw – 10:00 am

Male high school 12# hammer throw

Male high school 6k hammer throw

Male high school/college 16# open hammer throw

Development Division – various weights (four throws)

Female high school 3k hammer throw

Female high school/college 4k hammer throw

High school boys and girls may enter up to two (2) hammer throw events

For a boy to enter the 5k and a girl to enter the 3k they may be no older than 17 on December 31, 2013.

Entry due by Wednesday, August 7, 2013.

Mail completed registration form and entry fee to Robert J. Palazzo 166 Enfield Ave., Providence, RI 02908

Please Print: Name _____ Phone# _____

Address _____ City _____ State ____ Zip Code _____

Age (as of August 10, 2013) _____ DOB _____ Male _____ Female _____

E-mail _____ Club _____

Event 1. _____ 2. _____ (For boys' 5k and girls'3k athlete must be
no older than 17 on December 31, 2013.)

Best Best Mark 1. _____ 2. _____

Entry Fee: \$10.00 for one event, \$15.00 for athletes throwing in two events.
Development Division – no fee.

Waiver and Release: In consideration of accepting this entry, I hereby, my heirs, executors and administrators waive and release and all rights and claims for damages I may have against the Order of the Sons Of Italy in America, its state and local lodges, Robert J. Palazzo, USA Track & Field, The Providence School Department, and their employees, agents, officers, the sponsors, the volunteers and their representatives, other competitors and spectators, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and sufficiently trained for the competition.

Participants's Signature: _____ Date: _____

If minor (under 18 years of age), Participant's parent and/or guardian's signature